



# UKUPHULUKISWA KWESIZWE

## IMIBHALO KUPHELA

Imibhalo ethathwe encwadini yemithandazo yokuphulukisa isizwe  
by Linda Gobodo

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## USUKU 1

### **THEMBA: UHoseya (Hosea) 2:15**

<sup>15</sup> Lapho ngiyakumnika izivini zakhe, nesigodi sase-Akori\* sibe ngumnyango wethemba; uyakuphendula lapho njengasezinsukwini zobusha bakhe Nasosukwini lokukhuphuka kwakhe ezweni laseGibithe

### **UKUPHILISA: UMalaki (Malachi) 4:2**

<sup>2</sup> “Kepha kinina enilesabayo igama lami kuyakuphuma ilanga lokulunga, linokuphilisa emaphikweni alo; niyakuphuma, nitshekule njengamathole esibaya.

### **UKUBUYISELWA: UHezekeli (Ezekiel) 36:25-28**

<sup>25</sup> “Ngiyakunifafaza ngamanzi ahlambulukileyo, nihlambuluke, nginihlambulule kukho konke ukungcola kwenu nakuzo zonke izithombe zenu. <sup>26</sup> Ngiyakuninika inhliziyo entsha, ngifake phakathi kwenu umoya omusha, ngikhiphe inhliziyo yetshe enyameni yenu, ngininike inhliziyo yenyama. <sup>27</sup> Ngiyakufaka umoya wami phakathi kwenu, ngenze ukuba nihambe ngezimiso zami; niyakugcina izahlulelo zami, nizenze. <sup>28</sup> Niyakuhlala ezweni engalinika oyihlo, nibe ngabantu bami, mina ngibe nguNkulunkulu wenu.

## USUKU 2

### **THEMBA: Amahubo (Psalm) 126:1-3**

1. Lapho uJehova abuyisa ukuthunjwa kweSiyoni, sasinjengabaphuphayo.
2. Umlomo wethu wawusugcwala ukuhleka nolimi lwethu ukhuba; bathi phakathi kwabezizwe: UJehova ubenzele izinto ezinkulu.
3. UJehova usenzele izinto ezinkulu, sajabul<sup>a</sup>!

### **UKUPHILISA: NgokukaLuka (Luke) 10:8-9**

<sup>8</sup> “Nakumuphi umuzi eningena kuwo, benamukele, yidlani okubekwa phambi kwenu, <sup>9</sup> niphulukise abagulayo abakuwo, nithi kubo: ‘Umbuso kaNkulunkulu usondele kini.’

### **UKUBUYISELWA: UJobe (Job) 22:27-30**

<sup>27</sup> Uyakukhuleka kuye, akuzwe, wena ugcwalise izithembiso zakho.<sup>28</sup> Uma unquma indaba, uyakuyenzelwa, ukukhanya kukhanye ezindleleni zakho.<sup>29</sup> Uma zehla, uyakuthi: ‘Phezulu!’ Abeseiphakanyiswa ozithobileyo.<sup>30</sup> Abantu abangemsulwa uyakubakhulula nabo, bakhululwe ngobumhlophe bezandla zakho.”

## USUKU 3

### **THEMBA: Isililo (Lamentations) 3:26**

<sup>26</sup> Kuhle ukumethemba nokulindela ngokuthula ukusindisa kukaJehova.

### **UKUPHILISA: UJeremiya (Jeremiah) 32:27**

<sup>27</sup>. “Bheka, nginguJehova uNkulunkulu wenyama yonke, kukhona okungahlulayo na?”

### **UKUBUYISELWA: URuthe (Ruth) 4:15**

<sup>15</sup> “Uyakuba ngumbuyisi wokuphila kuwe, nomondli ebudaleni bakho, ngokuba umalokazana wakho okuthanUSUKUo, omuhle kuwe kunamadodana ayisikhombisa umzele!”

## USUKU 4

### **THEMBA: Kwabaseroma (Romans) 12:12**

<sup>12</sup> Ethembeni nithokoze; osizini nibekezele; ekukhulekeni niqinisele njalo.

### **UKUPHILISA: UJeremiya (Jeremiah) 17:14**

<sup>14</sup>. Ngiphulukise, Jehova, ngiphuluke; ngisindise, ngisindiswe, ngokuba uludumo lwami!

### **UKUBUYISELWA: Ngokujohane (John) 14:13–14**

<sup>13</sup> Noma yini eniyakukucela egameni lami ngiyakukwenza ukuba uBaba akhazimuliswe eNdodaneni. <sup>14</sup>. Uma nicela utho kimi egameni lami, ngolwenza!

## USUKU 5

### **THEMBA: Kwabaseroma (Romans) 15:13**

<sup>13</sup> UNkulunkulu wethemba makanigcwalise ngenjabulo yonke nangokuthula konke ekukholweni, ukuze nivame ethembeni ngamandla kaMoya oNgcwele.

### **UKUPHILISA Ekajakobe (James) 5:16**

<sup>16</sup> Ngakho, vumani izono omunye komunye, nikhulekelane ukuba niphulukiswe. Umkhuleko oqinileyo wolungileyo unamandla kakhulu.

## UKUBUYISELWA UJeremiya (Jeremiah) 33:9

<sup>9</sup> Umuzi uyakuba yigama lokujabula kimi, nelodumo, nelendumiso ngaphambi kwezizwe zonke zomhlaba eziyakuzwa konke okuhle engibenzela khona, zesabe, zithuthumele ngakho konke okuhle nangakho konke ukuthula engiwenzela khona.’

## USUKU 6

### THEMBA: UJeremiya (Jeremiah) 29:11

<sup>11</sup> Ngokuba ngiyazi mina imicabango engiyicabanga ngani,” usho uJehova, “imicabango yokuthula kungengeyobubi ukuba ngininike isikhathi esizayo nethemba.”

### UKUPHILISA: 1 Kapetru (1 Peter) 2:24

<sup>24</sup> yena owathwala izono zethu emzimbeni wakhe emthini, ukuze kuthi sesifile ezonweni siphile ekulungeni, oyena imivimbo yakhe naphulukiswa ngayo;

### UKUBUYISELWA: U-Isaya (Isaiah) 41:10

<sup>10</sup> ungesabi, ngokuba mina nginawe; ungapheli amandla, ngokuba mina nginguNkulunkulu wakho; ngiyakuqinisa, futhi ngiyakusiza, yebo, ngiyakusekela ngesandla sokunene sokulunga kwami.

## USUKU 7

### THEMBA: 1 Kwabasesalonika (1 Thessalonians) 2:19

<sup>19</sup> Ngokuba liyini ithemba lethu, nokuthokoza, nomqhele wokuzibonga phambi kweNkosi yethu uJesu Kristu ekufikeni kwakhe, kungeyinina na?

### UKUPHILISA: U-Isaya (Isaiah) 53:5

<sup>5</sup> .Yebo, yalinyazwa ngenxa yeziphambeko zethu, yachotshozwa ngobubi bethu; isijeziyo sasiphezu kwayo ukuba sibe nokuthula, nangemivimbo yayo siphilisiwe thina.

### UKUBUYISELWA: UJeremiya (Jeremiah) 31:18-19

<sup>18</sup>. “Ngimzwile nokumuzwa u-Efrayimi ezidabukela, ethi: ‘Ungishayile, ngashaywa njengethole elingajwayele ijoka; ngibuyise ukuba ngibuye, ngokuba wena unguJehova uNkulunkulu wami. <sup>19</sup>. Impela lapho sengibuyisiwe, ngazisola, nalapho ngifundisiwe, ngashaya ithanga lami, ngaba namahloni, yebo, ngajabha, ngokuba ngathwala ihlazo lobusha bami.’

## USUKU 8

### **THEMBA: Uduteronomi (Deuteronomy) 31:6**

<sup>6</sup> Qinani, nime isibindi, ningesabi, ningashaywa luvalo ngabo, ngokuba uJehova uNkulunkulu wakho nguyena ohamba nawe; akayikukuyeka, akushiye.”

### **UKUPHILISA: Ngokukamathewu (Matthew) 8:1-4**

<sup>1</sup> Kwathi esehlile entabeni, zamlandela izixuku eziningi. <sup>2</sup>. Bheka, kwafika onochoko, wakhuleka kuye, wathi: “Nkosi, uma uthanda, ungangihlambulula.” <sup>3</sup>. Wayeselula isandla, wamphatha, wathi: “Ngiyathanda; hlambuluka.” Wayesehlambuluka masinyane ochokweni lwakhe. <sup>4</sup>. UJesu wayesethi kuye: “Bheka, ungatsheli muntu, kepha hamba uzibonakalise kumpristi, uyise umnikelo owayalelwa nguMose, kube ngubufakazi kubo.

### **UKUBUYISELWA: Uduteronomi (Deuteronomy) 30:3-5**

<sup>3</sup> Khona uJehova uNkulunkulu wakho uyakubuyisa ukuthunjwa kwakho, akuhawukele, abuye akubuthe ezizweni zonke, lapho uJehova uNkulunkulu wakho ekuhlakazele khona. <sup>4</sup>. Uma ekhona oxoshelwe nasekugcineni kwezulu, uJehova uNkulunkulu wakho uyakukubutha khona, akulande khona, <sup>5</sup>. UJehova uNkulunkulu wakho akungenise ezweni oyihlo abalidlayo, ulidle; uyakukwenzela okuhle, akwandise ngaphezu kwawoyihlo!

## USUKU 9

### **THEMBA: U-Isaya (Isaiah) 40:31**

<sup>31</sup> Kepha abamethembayo uJehova bayathola amandla amasha, bayakhuphuka ngamaphiko njengezinkozi, bagijime bengakhathali, bahambe bengapheli Amandla.

### **UKUPHILISA: Amahubo (Psalm) 103:2-4**

<sup>2</sup>. Mbonge uJehova, mphefumulo wami, ungakhohlwa imisebenzi yonke yakhe yomusa, <sup>3</sup> Yena othethelela zonke izono zakho, owelapha zonke izifo zakho; <sup>4</sup> Okhulula ukuphila kwakho ekubhujisweni, okuqhelisa ngomusa nangobubele;

### **UKUBUYISELWA: NgokukaJohane (John) 10:10**

<sup>10</sup>. Isela kalizi kungengokweba nokubulala nokubhubhisa; mina ngize ukuba babe nokuphila, babe nakho kuchichime.

## USUKU 10

### **THEMBA: 1 KwabaseKorinte (1 Corinthians) 13:6-7**

6. Aluthokozi ngokungalungile, kepha luthokozela iqiniso; 7. lubekezelela izinto zonke, lukholwa yizinto zonke, luthemba izinto zonke, lukhuthazelela izinto zonke. .

### **UKUPHILISA: EkaJakobe (James) 5:14**

14 Kukhona ogulayo phakathi kwenu na? Makabize amalunga ebandla, amkhulekele, amgcobe ngamafutha egameni leNkosi.

### **UKUBUYISELWA: UJeremiya (Jeremiah) 32:14-15**

14. ‘Usho kanje uJehova Sebawoti, uNkulunkulu ka-Israyeli, uthi: Thatha lezi zincwadi, le ncwadi yokuthenga enamathelisiweyo nale ncwadi evulekileyo, uzifake ezitsheni zebumba ukuba zihlale izinsuku eziningi. 15. Ngokuba usho kanje uJehova Sebawoti, uNkulunkulu ka-Israyeli, uthi: Kuyakubuye kuthengwe izindlu namasimu nezivini kuleli zwe.’

## USUKU 11

### **THEMBA: AmaHubo (Psalm) 39:7**

7. “Kalokhu-ke, Nkosi, ngilindele ntoni na? Ithemba lami likuwe.

### **UKUPHILISA: NgokukaMathewu (Matthew) 9:4-8**

4 UJesu ezazi izizindlo zabo wathi: “Nizindlelani okubi ezinhliziyweni zenu na? 5. Ngokuba yikuphi okulula ukuthi: ‘Uthethelelwe izono zakho,’ noma ukuthi: ‘Vuka uhambe,’ na? 6. Kepha ukuze nazi ukuthi iNdodana yomuntu inamandla emhlabeni okuthethelela izono –” khona wathi kofe uhlangothi: “Vuka, uthabathe uhllaka lwakho, uye endlini yakho.” 7. Wavuka, waya endlini yakhe. 8. Kepha izixuku zikubona zethuka, zamdumisa uNkulunkulu onikile abantu amandla anjalo.

### **UKUBUYISELWA: AmaHubo (Psalm) 71:20-21**

20. Wena owasizwisa izinhlupheko eziningi ezimbi, uyakubuye usiphilise, usikhuphule ezinzulwini zomhlaba.<sup>21</sup> Yandisa udumo lwami, ubuye ungiduduze.

## USUKU 12

### **THEMBA: NgokukaMarku (Mark) 9:22-24**

22 Uyiphonsile kaningi emlilweni nasemanzini ukuba ayibhubhise; kodwa uma unamandla okwenza utho, sihawukele, usisize.”<sup>23</sup> UJesu wayesethi kuye: “Uma unamandla! Konke kungenzeka kokholwayo.”<sup>24</sup> Uyise womntwana wayesememeza masinyane, wathi: “Ngiyakholwa, siza ukungakholwa kwami.”

## UKUPHILISA: 3 KaJohane (3 John) 1:2

<sup>2</sup> Sithandwa, kunakho konke ngikufisela ukuba ube nenhlanhla nokuphila, njengokuba umphefumulo wakho unenhlanhla.

## UKUBUYISELWA: UJeremiya (Jeremiah) 30:1-3

<sup>1</sup> Izwi elafika kUJeremiya livela kuJehova, lathi: <sup>2</sup> “Usho kanje uJehova uNkulunkulu ka-Israyeli, uthi: ‘Loba encwadini onke amazwi engiwakhulume kuwe. <sup>3</sup> Ngokuba bheka, izinsuku ziyeza,’ usho uJehova, ‘lapho ngiyakubuyisa ukuthunjwa kwabantu bami o-Israyeli noJuda,’ usho uJehova, ‘ngibabuyisele ezweni engalinika oyise ukuba balidle.’ ”

## USUKU 13

### THEMBA: Izaga (Proverbs) 10:24

<sup>24</sup> Akwesabayo omubi kuyamehlela, nabakufisayo abalungileyo bayakuphiwa.

### UKUPHILISA: AmaHubo (Psalm) 73:26

<sup>26</sup> Inyama yami nenhliziyo yami iyaphela; nokho uNkulunkulu uyidwala lenhliziyo yami nesabelo sami kuze kube phakade.

### UKUBUYISELWA: KwabaseFilipi (Philippians) 4:19

<sup>19</sup> UNkulunkulu wami uzakugcwalisa ukuswela konke kwenu njengokwengcebo yakhe ekukhazimuleni kuKristu Jesu.

## USUKU 14

### THEMBA: IzAga (Proverbs) 23:18

<sup>18</sup> Ngokuba impela umvuzo ukhona, nethemba lakho aliyikunqunywa

### UKUPHILISA: AmaHubo (Psalm) 147:3

<sup>3</sup> Uyaphilisa abenhliziyo echobozekileyo; izilonda zabo uyazibopha.

### UKUBUYISELWA: UJoweli (Joel) 2:25-26

<sup>25</sup> “Ngiyakubuyisela kini iminyaka eyadliwa yisikhonyane, nezinkumbi, nenkasa, nesibotho, impi yami enkulu engayithuma phakathi kwenu. <sup>26</sup> Niyakudla nokudla, nisuthe, nilidumise igama likaJehova uNkulunkulu wenu oniphathe ngokumangalisayo; abantu bami abayikujabha kuze kube phakade.

## USUKU 15

### **THEMBA: KwabaseRoma (Romans) 8:24-25**

<sup>24</sup> Ngokuba ethembeni sisindisiwe; kepha ithemba elibonwayo alisilo ithemba; ngokuba lokhu umuntu akubonayo usakwethembelani na? <sup>25</sup>. Kodwa uma sithemba lokho esingakuboniyo, siyakulindela ngokubekezela.

### **UKUPHILISA: NgokukaMathewu (Matthew) 10:1**

<sup>1</sup> Wayesebabiza abafundi bakhe abayishumi nambili, wabanika amandla phezu kwawomoya abangcolileyo ukuba babakhiphe, nawokuphulukisa izifo zonke nokugula konke.

### **UKUBUYISELWA: AmaHubo (Psalm) 51:12**

<sup>12</sup> Buyisela kimi ukuthokoza kwensindiso yakho, ungiphase ngomoya ovumayo

## USUKU 16

### **THEMBA: UJeremiya (Jeremiah) 17:7**

<sup>7</sup> “Ubusisiwe umuntu othemba kuJehova, nothemba lakhe linguJehova.

### **UKUPHILISA: Izaga (Proverbs) 17:22**

<sup>22</sup> Inhliziyo eyenamileyo iyikhambi elihle, kepha umoya owaphukileyo uyomisa amathambo.

### **UKUBUYISELWA: UZakariya (Zechariah) 1:17**

<sup>17</sup> “Phinda umemeze, uthi: Usho kanje uJehova Sebawoti, uthi: ‘Imizi yami isayakuchichima okuhle, uJehova abuye aliduduze iSiyoni, abuye alikhethe iJerusalema.’ ”

## USUKU 17

### **THEMBA: Izaga (Proverbs) 10:28**

<sup>28</sup> Ithemba labalungileyo liyakuba yintokozo, kepha abakwethembayo ababi kuyakubhubha.

### **UKUPHILISA: NgokukaMathewu (Matthew) 10:8**

<sup>8</sup>. Phulukisani abagulayo, nivuse abafuleyo, nihlambulule abanochoko, nikiphe amademoni.



## **UKUBUYISELWA: Izenzo (Acts) 3:19-21**

<sup>19</sup> Ngalokhu phendukani, niguquke ukuba kuhlangulwe izono zenu, <sup>20</sup> ukuze kufike izikhathi zokuhlunyelelwa ezivela ebusweni beNkosi nokuba ithume uKristu Jesu enimmiselweyo, <sup>21</sup> okumelwe ukuba izulu limamukele, kuze kube yizikhathi zokubuyiselwa kwakho konke uNkulunkulu akhuluma ngakho ngomlomo wabaprofethi bakhe abangcwele, kusukela kwaphakade.

## **USUKU 18**

### **THEMBA: AmaHubo (Psalm) 71:14**

<sup>14</sup> Mina kodwa ngiyakwethemba njalo, ngengeze ukudumisa ekudunyisweni kwakho.

### **UKUPHILISA: UDuteronomi (Deuteronomy) 7:15**

<sup>15</sup> UJehova uyakususa kuwe zonke izifo, angabeki kuwe izifo ezimbi zaseGibithe ozaziyo, kepha azifake phezu kwabo bonke abakuzonUSUKUo.

### **UKUBUYISELWA: UJobe (Job) 42:10**

<sup>10</sup> UJehova wambuyisa uJobe ekuhluphekeni, lapho ekhulekela abangane bakhe; wenezela kukho konke uJobe ayenakho ngokukuphinda kabili.

## **USUKU 19**

### **THEMBA: IzAga (Proverbs) 13:12**

<sup>12</sup> Ithemba elilitshazisiweyo ligulisa inhliziyo; isifiso esigcwalisiweyo singumuthi wokuphila.

### **UKUPHILISA: UJeremiya (Jeremiah) 30:17**

<sup>17</sup> Ngokuba ngiyakubuyisela ukuphila kuwe, ngelaphe izilonda zakho, ' usho uJehova, 'ngokuba bakubize ngokuthi Oxoshiweyo neSiyoni elingafunwa muntu.'

### **UKUBUYISELWA: 1 KaJohane (1 John) 5:4**

<sup>4</sup> Ngokuba konke okuzelwe nguNkulunkulu kuyalinqoba izwe; lokhu kuyinqobo enqobe izwe: ukukholwa kwethu

## **USUKU 20**

### **THEMBA: KumaHeberu (Hebrews) 11:1**

<sup>1</sup> Kepha ukukholwa kungukuqiniseka ngezinto ezithenjwayo, kuyiqiniso ngezinto ezingabonwayo.

## UKUPHILISA: IzEnzo (Acts) 4:30

<sup>30</sup> Ngokwelula isandla sakho UKUPHILISA, kwenziwe izibonakaliso nezimangaliso ngegama leNceku yakho engcwele uJesu.”

## UKUBUYISELWA: NgokukaMarku (Mark) 11:24

<sup>24</sup> Ngalokho ngithi kini: Konke enikukhulekelayo nenikucelayo, kholwani ukuthi nikwamukele, nizakuba nakho.

## USUKU 21

### THEMBA: 1 KaPetru (1 Peter) 3:15

<sup>15</sup> Kepha mngcweliseni uKristu abe yiNkosi ezinhliziyweni zenu, nihlale ningabalungele ukubaphendula bonke abanibuza isizathu sethemba elikini.

## UKUPHILISA: UJeremiya (Jeremiah) 33:6

<sup>6</sup> “Bheka, ngiyakuwulethela impilo nokuphulukiswa, ngibelaphe, ngibambulele ukuthula nokulondeka okuningi.

## UKUBUYISELWA: IsAmbulo (Revelations) 21:1-5

<sup>1</sup> Ngase ngibona izulu Elisha nomhlaba omusha; ngokuba izulu lokuqala nomhlaba wokuqala kudlulile, nolwandle alusekho. <sup>2</sup> Ngabona umuzi ongcwele, iJerusalema Elisha, wehla uvela ezulwini kuNkulunkulu, ulungisiwe njengomlobokazi ohlotshiselwe umyeni wakhe. <sup>3</sup> Ngase ngizwa izwi elikhulu livela esihlalweni sobukhosi, lithi: “Bheka, itabernakele\* likaNkulunkulu likubantu; uyakuhlala nabo, babe ngabantu bakhe, yena uNkulunkulu abe nabo, <sup>4</sup> azesule izinyembezi zonke emehlweni abo; ukufa akusayikuba khona; nokudabuka, nokukhala, nobuhlungu akusayikuba khona; ngokuba okokuqala kudlulile. <sup>5</sup> Wayesethi ohlezi esihlalweni sobukhosi: “Bheka, ngenza konke kube kusha.” Wathi: “Loba, ngokuba lawa mazwi athembekile, aqinisile.”

## USUKU 22

### THEMBA: KumaHeberu (Hebrews) 11:10-11

<sup>10</sup> ngokuba wayebheke umuzi onezisekelo, omakhi nomenzi wawo nguNkulunkulu. <sup>11</sup> Ngokukholwa naye uSara uqobo wathola amandla okukhulelwa esedlulelwe yisikhathi, ngokuba wathi ukholekile owethembisayo.

## UKUPHILISA: IzAga (Proverbs) 4:20-22

<sup>20</sup> Ndodana yami, lalela amazwi ami, ubeke indlebe yakho kukho ukukhuluma kwami. <sup>21</sup> Makungachezuki emehlweni akho, ukugcine phakathi kwenhliziyo yakho,

<sup>22</sup> ngokuba kungukuphila kwabakufumanayo nempilo yomzimba wonke wabo.

### **UKUBUYISELWA: KaPetru (1 Peter) 5:10**

<sup>10</sup> Kepha uNkulunkulu womusa wonke owanibizela enkazimulweni yakhe yaphakade ngoKristu, senihluphekile isikhashana, yena uqobo uyakuniphelelisa, aniqinise, aninike amandla, anisekele.

## **USUKU 23**

### **THEMBA: UJobe (Job) 14: 7-9**

<sup>7</sup> “Ngokuba kukhona ithemba emthini: uma unqunywa, ungabuye uhlume, nehлумela lawo aliyikuphela. <sup>8</sup> Noma impande yawo iguga emhlabathini, nesiphunzi sawo sifela othulini, <sup>9</sup> ngephunga lamanzi uyakuhluma, uveze izingatsha njengesithombo.

### **UKUPHILISA: KwabaseFilipi (Philippians) 4:6-7**

<sup>6</sup> Ningakhathazeki ngalutho, kepha kukho konke izicelo zenu mazaziwe nguNkulunkulu ngokukhuleka nokunxusa kanye nokubonga. <sup>7</sup> Ukuthula kukaNkulunkulu okudlula ukuqonda konke kuyakulondoloza izinhliziyi zenu nemicabango yenu kuKristu Jesu.

### **UKUBUYISELWA: UZakariya (Zechariah) 9:12**

<sup>12</sup> Buyelani enqabeni, ziboshwa esezinethemba, namuhla ngiyanitshela ukuthi ngiyakubuyisela kini okuphindwe kabili.

## **USUKU 24**

### **THEMBA: AmaHubo (Psalm) 71:5-6**

<sup>5</sup> Bachithekile abaqinile ngenhliziyo, balele ubuthongo babo; amaqhawe awafumanisanga izandla zawo. <sup>6</sup> Ngokusola kwakho, Nkulunkulu kaJakobe, kwehlelwa ngubuthongo inqola kanye nehhashi.

### **UKUPHILISA: U-Isaya (Isaiah) 58:8**

<sup>8</sup> Khona ukukhanya kwakho kuyakuqhamuka njengokusa, nokuphuluka kwakho kuyakuvela masinyane, ukulunga kwakho kuhambe phambi kwakho, inkazimulo kaJehova ibe semva kwakho.

## UKUBUYISELWA: U-Isaya (Isaiah) 42:1-4

<sup>1</sup>“Bheka inceku yami engiyisekelayo, okhethiweyo wami othokoza ngaye umphefumulo wami; nginikele umoya wami phezu kwakhe, uyakukhiphela izizwe ukwahlulela. <sup>2</sup> Akayikukhala, adazuluke, angezwakalisi izwi lakhe ezitaladini. <sup>3</sup> Umhlanga ofecekileyo akayikuwaphula, umongo othunqayo akayikuwucima; uyakukhipha ukwahlulela ngeqiniso.<sup>4</sup>Akayikudangala, aphele amandla, aze amise ukwahlulela emhlabeni; neziqhingi ziyakuhlalela umthetho wakhe”.

## USUKU 25

### THEMBA: AmaHubo (Psalm) 43:5

<sup>5</sup> Yini ukuba udangale, mphefumulo wami, uyaluze phakathi kwami, na? ngisezakumdumisa yena oyinsindiso yobuso bami noNkulunkulu wami.

### UKUPHILISA: UHoseya (Hosea) 6:1

<sup>1</sup> “Wozani sibuyele kuJehova, ngokuba yena usidwengulile; uyakusiphulukisa; usishayile, uyakusibopha.

## UKUBUYISELWA: 2 uSamuweli (2 Samuel) 9:7-9

<sup>7</sup> UDavide wayesethi kuye: “Ungesabi, ngokuba impela ngiyakukwenzela umusa ngenxa kaJonathani uyihlo, ngikubuyisele lonke izwe likayihlo uSawule, udle njalo etafuleni lami.” <sup>8</sup> Wakhuleka wathi: “Iyini inceku yakho ukuba ubhekeinja efileyo njengami Na?” <sup>9</sup> Inkosi yayisimbiza uSiba inceku kaSawule, yathi kuye: “Konke okukaSawule nokwendlu yakhe yonke ngikunike indodana yenkosi yakho.

## USUKU 26

### THEMBA: U-Isaya (Isaiah) 54:17

<sup>17</sup> Asikho isikhali esenzelwa wena esiyakuphumelela, nalo lonke ulimi olukuvukelayo luyakwahlulelwa; lokhu kuyifa lezincedu zikaJehova nokulunga kwazo okuvela kimi, usho uJehova.

### UKUPHILISA: Isambulo (Revelation) 22:2

<sup>2</sup> Phakathi kwesitaladi sawo nomfula emaceleni omabili kukhona umuthi wokuphila, uthela izithelo eziyishumi nambili, uthela izithelo zawo izinyanga ngezinyanga, namaqabunga omuthi angawokuphulukisa izizwe.

## UKUBUYISELWA: NgokukaJohane (John) 14:2-3

<sup>2</sup> Ekhaya likaBaba kukhona izindlu eziningi; uma bekungenjalo, bengiyakunitshela ukuthi ngiya ukunilungisela indawo. <sup>3</sup> Nanxa ngiya nginilungisela indawo, ngobuye ngize, nginibuyisele kimi ukuba lapho ngikhona nibe khona nani.

## USUKU 27

### **THEMBA: AmaHubo (Psalm) 119:147**

<sup>147</sup> Ngiyandulela uvivi lokusa ngikhala; ngiyethemba amazwi akho.

### **UKUPHILISA: NgokukaMarku (Mark) 2:17**

<sup>17</sup> UJesu ekuzwa lokho wathi kubo: “Abaphilileyo abadingi inyanga, ngabagulayo bodwa; kangizelanga ukubiza abalungileyo kodwa izoni.”

### **UKUBUYISELWA: KwabaseGalathiya (Galatians) 6:1**

<sup>1</sup> Bazalwane, uma umuntu ehlelwa yisiphambeko, nina bomoya mbuyiseni onjalo ngomoya wobumnene; uzibheke wena, funa uyengwe nawe.

## USUKU 28

### **THEMBA: UJeremiya (Jeremiah) 31:13**

<sup>13</sup> Khona intombi iyakuthokoza ekusineni, nezinsizwa nabadala kanyekanye; ngiyakuphendula ukukhala kwabo kube ngukujabula, ngibaduduze, ngibathokozise, bangabe besaba nosizi.

### **UKUPHILISA: Izaga (Proverbs) 3:5-8**

<sup>5</sup> Themba kuJehova ngayo yonke inhliziyo yakho, ungenciki kokwakho ukuqonda.<sup>6</sup> Mazise yena ezindleleni zakho zonke, uyakuqondisa imikhondo yakho.<sup>7</sup> Ungabi ngohlakaniphileyo emehlweni akho; mesabe uJehova, udede ebubini.<sup>8</sup> Lokho kuyakuba yimpilo emzimbeni wakho nokuhlunyelelwa kwamathambo akho

### **UKUBUYISELWA: NgokukaMathewu (Matthew) 6:33**

<sup>33</sup> Kodwa funani kuqala umbuso kaNkulunkulu nokulunga kwakhe, khona konke lokhu kuyakwenezelwa nina.

## USUKU 29

### **THEMBA: 2 KwabaseKorinte (2 Corinthians) 3:12**

<sup>12</sup> Ngakho-ke, lokhu sinethemba elinjalo, sinesibindi sonke.

### **UKUPHILISA: AmaHubo (Psalm) 6:2**

<sup>2</sup> Yiba nomusa kimi, Jehova, ngokuba ngidangele, ngiphilise, Jehova, ngokuba amathambo ami ayathuthumela.

## **UKUBUYISELWA: UJoweli (Joel) 2:22-24**

<sup>22</sup> Ningesabi, zilwane zasendle, ngokuba amadlelo asehlane ayahluma, nemithi ithela izithelo, umkhiwane nomvini kuveza amandla akho. <sup>23</sup> Jabulani, bantwana baseSiyoni, nithokoze kuJehova uNkulunkulu wenu, ngokuba uninika imvula yokuqala ngokulunga, unehlisela imvula, eyokuqala neyamuva, njengasekuqaleni. <sup>24</sup> Izibuya ziyakugcwala amabele, nezikhongozelo ziyakuchichima iwayini namafutha.

## **USUKU 30**

### **THEMBA: AmaHubo (Psalm) 31:24**

<sup>24</sup> Qinani, inhliziyo yenu ibe nesibindi, nina nonke enithemba uJehova.

### **UKUPHILISA: Izaga (Proverbs) 16:24**

<sup>24</sup> Amazwi amahle anjengamakhekheba oju; amnandi emphefumulweni, ayimpiliso emathanjeni.

### **UKUBUYISELWA: 2 KwabaseKorinte (2 Corinthians) 5:17**

<sup>17</sup> .Kanjalo uma umuntu ekuKristu, uyisidalwa esisha; okwakuqala kudlulile; bheka, sekuvele okusha.

## **USUKU 31**

### **THEMBA: Isililo (Lamentations) 3:24**

<sup>24</sup> UJehova uyisabelo sami, usho umphefumulo wami; ngakho ngiyakwethemba kuye.

### **UKUPHILISA: Izenzo (Acts) 19:11-12**

<sup>11</sup> UNkulunkulu wenza imisebenzi yamandla engavamile ngezandla zikaPawulu, <sup>12</sup>. baze bathatha amaduku nezindwangu emzimbeni wakhe, bazibeka phezu kwabagulayo; zase zisuka kubo izifo, nomoya ababi baphuma.

### **UKUBUYISELWA: AmaHubo (Psalm) 23:1-3**

<sup>1</sup> UJehova ungumalusi wami, angiyikuswela. <sup>2</sup> Uyangilalisa emadlelweni aluhlaza; uyangiyisa ngasemanzini okuphumula. <sup>3</sup> Ubuyisa umphefumulo wami; uyangihola ezindleleni zokulunga ngenxa yegama lakhe.

## **USUKU 32**

### **THEMBA: AmaHubo (Psalm) 33:18**

<sup>18</sup> Bheka, iso likaJehova liphezu kwabamesabayo, abathemba umusa wakhe.

## **UKUPHILISA: U-Isaya (Isaiah) 57:18**

<sup>18</sup> Ngizibonile izindlela zakhe, ngiyakumphilisa; ngiyakumhola, ngimduduze yena nabamlilelayo

## **UKUBUYISELWA: UJoshuwa (Joshua) 1:9**

<sup>9</sup> Angikuyalile na? Qina, ume isibindi, ungesabi, ungabi naluvalo, ngokuba uJehova uNkulunkulu wakho unawe nomaphi lapho uya khona.”

## **USUKU 33**

### **THEMBA: 1 KaJohane (1John) 3:3**

<sup>3</sup>. Bonke abanalo lelo themba kuye bayazihlambulula, njengokuba yena ehlabulukile.

### **UKUPHILISA: Unumeri (NUMBERS) 12:13**

<sup>13</sup>. UMose wakhala kuJehova, wathi: “O Nkulunkulu, mawumphulukise, ngiyakuncenga.”

### **UKUBUYISELWA: 2 uSamuweli (2 Samuel) 14:14**

<sup>14</sup> Ngokuba simelwe ukufa, sinjengamanzi achithwa emhlabathini, angenakuqoqwa futhi; uNkulunkulu akasusi ukuphila, kepha uqamba amasu ukuba oxoshiweyo angabi ngumxoshwa kuye.

## **USUKU 34**

### **THEMBA: UJobe (Job) 11:18**

<sup>18</sup> Uyakuba nokwethemba, ngokuba ithemba likhona; uyakuphendla, ulale ngokulondeka.

### **UKUPHILISA: NgokukaMathewu (Matthew) 11:28**

<sup>28</sup> “Zanini kimi nina nonke enikhatheleyo nenisindwayo, mina ngizakuniphumuza.

### **UKUBUYISELWA: 2 IziKronike (2 Chronicles) 30:9**

<sup>9</sup>. Ngokuba ekubuyeleni kwenu kuJehova abafowenu nabantwana benu bayakuthola umusa phambi kwababathumbayo, babuyele kuleli zwe, ngokuba uJehova uNkulunkulu wenu unomusa nesihe, akayikunifulathela, uma nibuyela kuye.”

## USUKU 35

### **THEMBA: AmaHubo (Psalm) 10:17**

<sup>17</sup>. Jehova, uyakuzwa ukulangazela kwabamnene; uyaqinisa inhliziyo yabo, indlebe yakho uyibeka kubo.

### **UKUPHILISA: 2 KwabaseKorinte (2 Corinthians) 12:9**

<sup>9</sup> Yathi kimi: “Umusa wami ukwanele; ngokuba amandla ami apheleliswa ebuthakathakeni.” Ngakho kunalokho ngijabulela ukuzibonga ngobuthakathaka bami, ukuze amandla kaKristu ahlale phezu kwami.

### **UKUBUYISELWA: AmaHubo (Psalm) 51:7-8**

<sup>7</sup> Ngihlanze ngehisopi,\* ngihlambuluke; ngigeze, ngibe mhlophe kuneqhwa. <sup>8</sup>. Ngizwise intokozo nenjabulo, ukuze ethabe amathambo owachobozileyo.

## USUKU 36

### **THEMBA: AmaHubo (Psalm) 9:18**

<sup>18</sup> Ngokuba ompofu kayikukhohlakala njalo; ithemba labahluphekayo aliyikunyamalala kuze kube phakade.

### **UKUPHILISA: U-Isaya (Isaiah) 38:16-17**

<sup>16</sup> Nkosi, abantu baphila ngalokho, nokuphila komoya wami kukulokho kuphelele; ngalokho mawungiphulukise, ungiphilise.<sup>17</sup> Bheka, kwakungokuhle kimi ukuthi nganginomunyu; wena wawuthanda umphefumulo wami, waze waphuma egodini lokubhujiswa, ngokuba uzilahlile nyovane zonke izono zami.

### **UKUBUYISELWA: NgokukaJohane (John) 5:24**

<sup>24</sup>. “Ngiqinisile, ngiqinisile ngithi kini: Ozwa izwi lami, akholwe ngongithumileyo, unokuphila okuphakade; akayi ekwahlulelweni, kepha usephumile ekufeni, wangena ekuphileni.

## USUKU 37

### **THEMBA: AmaHubo (Psalm) 78:7**

<sup>7</sup>. Babeke ithemba labo kuNkulunkulu, bangakhohlwa imisebenzi kaNkulunkulu, kepha bagcine imiyalo yakhe.



## UKUPHILISA: AmaHubo (Psalm) 146:8

<sup>8</sup> UJehova uyenza ukuba izimpumputhe zibone; uJehova uyavusa abathotshisiweyo; uJehova uyathanda abalungileyo.

## UKUBUYISELWA: UJeremiya (Jeremiah) 29:12-14

<sup>12</sup> Niyakungibiza, niye ukukhuleka kimi, ngiyakunizwa. <sup>13</sup> Niyakungifuna, ningifumane, lapho ningifunisisa ngenhliziyo yenu yonke. <sup>14</sup> Ngiyakufunyanwa yinina,” usho uJehova, “ngibuyise ukuthunjwa kwenu, nginibuthe ezizweni zonke nasezindaweni zonke lapho nginixoshele khona,” usho uJehova, “nginibuyisele endaweni enganenza ukuba nithunjwe kuyo.”

## USUKU 38

### THEMBA: AmaHubo (Psalm) 38:15

<sup>15</sup> Ngokuba ngithemba wena Jehova; wena Nkosi Nkulunkulu wami uzakuphendula.

### UKUPHILISA: NgokukaLuka (Luke) 4:18

<sup>18</sup> “UMoya weNkosi uphezu kwami, ngokuba ingigcobile ukuba ngishumayele ivangeli kwabampofu, ingithumele ukumemezela ukukhululwa kwabathunjiweyo, nokubona kwabayizimpumputhe, nokuhlenga abacindezelweyo

### UKUBUYISELWA: 2 uSamuweli (2 Samuel) 19:14-18

<sup>14</sup> Wathobisa izinhliziyi zabantu bonke bakwaJuda njengomuntu munye, baze bathuma enkosini, bathi: “Buya wena nazo zonke izinceku zakho.” <sup>15</sup> Yayisibuya inkosi, yafika eJordani; uJuda wafika eGiligali ukuba ayihlangabeze inkosi, ayiwelise inkosi iJordani. <sup>16</sup> UShimeyi indodana kaGera umBenjamini waseBahurimi washesha wehla nabantu bakwaJuda ukuyihlangabeza inkosi. <sup>17</sup> Kweza naye abantu abayinkulungwane bakwaBenjamini, noSiba inceku yendlu kaSawule, namadodana akhe ayishumi nanhlanu, nezinceku zakhe ezingamashumi amabili zinaye; bawela iJordani phambi kwenkosi. <sup>18</sup> Kwawela isikebhe sokuwelisa abendlu yenkosi nokwenza okwakukuhle emehlweni ayo. UShimeyi indodana kaGera wawela phansi phambi kwenkosi isiyakuliwela iJordani.

## USUKU 39

### THEMBA: Izaga (Proverbs) 3:3-4

<sup>3</sup> Isihhe neqiniso makungakushiya; kubophe entanyeni yakho, ukulobe esibhebheni senhliziyo yakho, <sup>4</sup> Ukuze uthole umusa nodumo oluhle emehlweni kaNkulunkulu nabantu.

## UKUPHILISA: NgokukaJohane (John) 11:4

<sup>4</sup> UJesu esekuzwile lokho wathi: “Lokhu kugula akusikho okokufa, kodwa kungenxa yenkazimulo kaNkulunkulu ukuba iNdodana kaNkulunkulu ikhazimuliswe ngakho.”

## UKUBUYISELWA: AmaHubo (Psalm) 51:10-11

<sup>10</sup> Nkulunkulu, dala kimi inhliziyo ehlanzekileyo, uvuse umoya oqinileyo phakathi kwami.<sup>11</sup> Ungangilahli ebusweni bakho, ungangemuki uMoya wakho oNgcwele.

## USUKU 40

### THEMBA: AmaHubo (Psalm) 130:5

<sup>5</sup> Ngiyalindela uJehova, umphefumulo wami uyalinda; ngiyalethemba izwi lakhe.

## UKUPHILISA: NgokukaJohane (John) 9:24-25

<sup>24</sup> Bambiza-ke ngokwesibili lowo muntu owabeyimpumputhe, bathi kuye: “Mnike uNkulunkulu udumo; thina siyazi ukuthi lowo muntu uyisoni.” <sup>25</sup> Yena wayesephendula ethi: “Nokuba uyisoni angazi; kunye engikwaziyo, ukuthi bengiyimpumputhe, manje sengiyabona.”

## UKUBUYISELWA: UHezekeli (Ezekiel) 37:1-5

<sup>1</sup> Isandla sikaJehova sasiphezu kwami, sangikhipha ngoMoya kaJehova, sangibeka phakathi kwesigodi; sasigcwele amathambo. <sup>2</sup> Wangidlulisa kuwo, ngawazungeza; bheka, ayemaningi kakhulu ebusweni besigodi, futhi bheka, ayomile kakhulu. <sup>3</sup> Wayesethi kimi: “Ndodana yomuntu, lawa mathambo angaphila na?” Ngathi: “Nkosi Jehova, wena uyazi.” <sup>4</sup> Wayesethi kimi: “Profetha phezu kwalawa mathambo, uthi kuwo: ‘Nina mathambo omileyo, zwanini izwi likaJehova. <sup>5</sup> Isho kanje iNkosi uJehova kulawa mathambo, ithi: Bhekani, ngiyakungenisa kini umoya, niphile.

## USUKU 41

### THEMBA: 2 KwabaseKorinte (2 Corinthians) 4:18

<sup>18</sup> Thina esingabheki okubonwayo kodwa okungabonwayo; ngokuba okubonwayo kungokwesikhashana, kepha okungabonwayo kungokwaphakade.

## UKUPHILISA: UJeremiya (Jeremiah) 3:22

<sup>22</sup> “Buyani nina bantwana abahlehlayo, ngikuphulukise ukuhlehla kwenu.” “Bheka, sesifikile kuwe, ngokuba unguJehova uNkulunkulu wethu.

## UKUBUYISELWA: U-Isaya (Isaiah) 49:6

6. Yebo, uthi: “Kuyinto elula ukuba ube yinceku yami ukuvusa izizwe zakwaJakobe, nokubuyisa abaseleyo bakwa-Israyeli; ngalokho ngiyakukubeka ube ngukukhanya kwabezizwe, ube yinsindiso yami kuze kube semkhawulweni womhlaba.”

## USUKU 42

### THEMBA: AmaHubo (Psalm) 33:22

<sup>22</sup> Umusa wakho, Jehova, mawube phezu kwethu, njengalokhu sithemba wena.

### UKUPHILISA: NgokukaMathewu (Matthew) 8:5-7

<sup>5</sup> Kwathi esangena eKapernawume, kweza kuye induna yekhulu, yamncenga yathi: <sup>6</sup> “Nkosi, umfana wami ulele endlini, ufe uhlangothi, ukhwelwe kakhulu ngubuhlungu.”<sup>7</sup> Wathi kuyo: “Mina ngizakuza ngimphulukise.”

### UKUBUYISELWA: UDuteronomi (Deuteronomy) 30:6-10

<sup>6</sup> UJehova uNkulunkulu wakho uyakusoka inhliziyo yakho nenhliziyo yenzalo yakho ukumthanda uJehova uNkulunkulu wakho ngayo yonke inhliziyo yakho nangawo wonke umphefumulo wakho ukuba uphile. <sup>7</sup> UJehova uNkulunkulu wakho uyakuzibeka zonke lezi ziqalekiso phezu kwezitha zakho naphezu kwabakuzonUSUKUo ababekuzingela. <sup>8</sup> Uyakubuya, ulilalele izwi likaJehova, uyenze yonke imiyalo yakhe engikuyala ngayo namuhla. <sup>9</sup> UJehova uNkulunkulu wakho uyakukwandisa emisebenzini yonke yesandla sakho, nasenzalweni yesisu sakho, nasenzalweni yezinkomo zakho, nasezithelweni zomhlabathi wakho, kube kuhle, ngokuba uJehova uyakubuye athokoze ngawe ukuba kube kuhle njengokuthokoza kwakhe ngawoyihlo, <sup>10</sup> uma ulalele izwi likaJehova uNkulunkulu wakho, ugcine imiyalo yakhe nezimiso zakhe ezilotshwe kule ncwadi yomthetho, uma ubuyela kuJehova uNkulunkulu wakho ngayo yonke inhliziyo yakho nangawo wonke umphefumulo wakho.

## USUKU 43

### THEMBA: NgokukaMarku (Mark) 11:22-24

<sup>22</sup>. UJesu waphendula, wathi kubo: “Kholwani nguNkulunkulu. <sup>23</sup>. Ngiqinisile ngithi kini: Yilowo nalowo oyakuthi kule ntaba: ‘Nqukuleka, uphonselwe elwandle,’ engangabazi enhliziyweni yakhe kepha ekholwa ukuthi lokho akushoyo kuyenzeka, uzakuba nakho. <sup>24</sup>. Ngalokho ngithi kini: Konke enikukhulekelayo nenikucelayo, kholwani ukuthi nikwamukele, nizakuba nakho.

### UKUPHILISA: 2 IziKronike (2 Chronicles) 32:24

<sup>24</sup> Ngalezo zinsuku uHezekiya wagula waze waba sengozini yokufa; wakhuleka kuJehova; yena wakhuluma kuye, wamnika isibonakaliso.

## **UKUBUYISELWA: UHoseya (Hosea) 6:2-3**

<sup>2</sup> Uyakusiphilisa ngezinsuku ezimbili, asivuse ngosuku lwesithathu, siphile phambi kwakhe. <sup>3</sup> Masimazi, sijonge ukumazi uJehova; ukuphuma kwakhe kuqinisekile njengokusa; uyakufika kithi njengemvula, njengemvula yamuva enethisa umhlaba.

## **USUKU 44**

### **THEMBA: 2 kuThimothewu (2 Timothy) 1:7**

<sup>7</sup> Ngokuba uNkulunkulu akasiphanga umoya wobugwala, kepha owamandla, nowothando, nowokuzikhuza.

### **UKUPHILISA: AmaHubo (Psalm) 41:4**

<sup>4</sup> Mina ngithi: “Jehova, ngihawukele, uphulukise umphefumulo wami, ngokuba ngonile kuwe.”

## **UKUBUYISELWA: Izaga (Proverbs) 6:30-31**

<sup>30</sup> Abamdeleli yini oyisela ukuthi uyeba ukuba azisuthise lapho elambile na? <sup>31</sup> Uma efunyanwa, uyakubuyisa kasikhombisa, anikeze yonke impahla yendlu yakhe.

## **USUKU 45**

### **THEMBA: KwabaseRoma (Romans) 15:4**

<sup>4</sup> Ngokuba konke okwalotshwa ngaphambili kwalotshelwa ukufundiswa kwethu, ukuze ngokubekezela nangenduduzo yemibhalo sibe nethemba.

### **UKUPHILISA: Izaga (Proverbs) 12:18**

<sup>18</sup> Bakhona abaphahluka njengokuhlaba kwenkemba, kepha izilimi zabahlakaniphileyo ziyimpiliso.

## **UKUBUYISELWA: UNahume (Nahum) 2:2**

<sup>2</sup> Ngokuba uJehova uyabuyisa ukuphakama kukaJakobe njengokuphakama kuka-Israyeli, lokhu abathululayo be bathululile, bachitha amagatsha emivini yabo.

## **USUKU 46**

### **THEMBA: Izenzo (Acts) 24:15**

<sup>15</sup> Nginethemba kuNkulunkulu abalibheka nabo uqobo lokuthi kuyakuba khona ukuvuka kwabafuleyo, okwabalungile nokwabangalungile.

## UKUPHILISA: NgokukaMathewu (Matthew) 4:23

<sup>23</sup> UJesu walihamba lonke elaseGalile efundisa emasinagogeni\* abo, eshumayela ivangeli lombuso, ephulukisa abantu ezifweni zonke nasebuthakathakeni bonke.

## UKUBUYISELWA: UHezekeli (Ezekiel) 20:40-41

<sup>40</sup> Ngokuba entabeni yami engcwele, empakameni yentaba yakwa-Israyeli, isho iNkosi uJehova, indlu yonke yakwa-Israyeli, yonke yayo, iyakungikhonza ezweni; ngiyakubamukela khona, ngibize iminikelo yenu, nolibo lweminikelo yenu, nakho konke okungcwele kwenu. <sup>41</sup> Ngephunga elimnandi ngiyakunamukela, lapho nginikhipha kubantu, nginibuthe emazweni lapho nihlakazekele khona, ngingcweliswe kini emehlweni ezizwe.

## USUKU 47

### THEMBA: 2 KwabaseKorinte (2 Corinthians) 4:8-9

<sup>8</sup> Siyacindezelwa nxazonke, kodwa asinyinyekile; siyaxakeka, kodwa asidikibali; <sup>9</sup> Siyazingelwa, kodwa asidelwa; siwiswa phansi, kodwa asibhujiswa.

## UKUPHILISA: NgokukaMarku (Mark) 6:56

<sup>56</sup> Kwathi nomaphi lapho engena khona, emizaneni, nasemizini, nasemaphandleni, babeka abagulayo ezigcawini, bamncenga ukuba bathinte noma umphetho wengubo yakhe kuphela; bonke abamthinta basindiswa.

## UKUBUYISELWA: NgokukaLuka (Luke) 16:19-23

<sup>19</sup>. “Kwakukhona umuntu othile onothileyo, owayegqoka ezibubende nezelineni elihle, ezijabulisa imihla ngemihla etamasa. <sup>20</sup>. Kwakukhona futhi ompofu othile, nguLazaru igama lakhe, owayelahliwe ngasesangweni lakhe egcwele izilonda, <sup>21</sup>. Enxanela ukusuthiswa ngemvuthuluka ewa etafuleni lesicebi; yebo, kweza nezinja, zamkhottha izilonda. <sup>22</sup>. “Kwase kuthi wafa ompofu, wathwalwa yizingelosi, wasiwa esifubeni sika-Abrahama; nesicebi safa, sembelwa. <sup>23</sup>. SesiseHayidese\* saphakamisa amehlo aso, sisebuhlungwini, sambona u-Abrahama ekude, noLazaru esesifubeni sakhe.

## USUKU 48

### THEMBA: 1 KaPetru (1 Peter) 1:13

<sup>13</sup> Ngalokho zibopheni izinkalo zengqondo yenu, nizithibe, nethembe ngokupheleleyo umusa enizakuwabelwa ekwambulweni kukaJesu Kristu.

## UKUPHILISA: NgokukaLuka (Luke) 13:12

<sup>12</sup> Kwathi uJesu embona, wambiza, wathi kuye: “Mame, ukhululiwe ebuthakathakeni bakho.

## **UKUBUYISELWA: AmaHubo (Psalm) 23:4-6**

<sup>4</sup> Noma ngihamba esigodini sethunzi lokufa, angesabi okubi, ngokuba wena unami, intonga yakho nodondolo lwakho ziyangiduduza. <sup>5</sup> Ulungisa itafula phambi kwami ebusweni bezitha zami; ugcoba ikhanda lami ngamafutha; indebe yami iyachichima. <sup>6</sup> Impela okuhle nomusa kuyakungilandela imihla yonke yokuphila kwami; ngiyakuhlala endlini kaJehova kuze kube phakade.

## **USUKU 49**

### **THEMBA: NgokukaMarku (Mark) 5:36**

<sup>36</sup> Kwathi ukuba uJesu ezwile izwi elishiwoyo, wathi kumphathi wesinagoge\*: “Ungesabi, kholwa kuphela.”

### **UKUPHILISA: U-Isaya (Isaiah) 38:20**

<sup>20</sup> UJehova uyakungisindisa; ngalokho siyakubetha ngezingubhu ezinezintambo zonke izinsuku zokuhamba kwethu endlini kaJehova.

### **UKUBUYISELWA: Izenzo (Acts) 2:38**

<sup>38</sup> UPetru wayesethi: “Phendukani, yilowo nalowo abhaphathizwe egameni likaJesu Kristu kukho ukuthethelelwa kwezono zenu; khona niyakwamukeliswa isiphiwo sikaMoya oNgcwele.

## **USUKU 50**

### **THEMBA: AmaHubo (Psalm) 119:114**

<sup>114</sup> Wena uyisiphephelo sami nesihlangu sami; ngiyethemba izwi lakho.

### **UKUPHILISA: 2 Amakhosi (2 Kings) 20:5**

<sup>5</sup> “Buya, uthi kuHezekiya umholi wabantu bami: ‘Usho kanje uJehova uNkulunkulu kaDavide uyihlo, uthi: Ngizwile umkhuleko wakho, ngibonile izinyembezi zakho; bheka, ngiyakukuphilisa; ngosuku lwesithathu uyakwenyukela endlini kaJehova.

### **UKUBUYISELWA: NgokuJohane (John) 3:16**

<sup>16</sup> “Ngokuba uNkulunkulu walithanda izwe kangaka, waze wanikela ngeNdodana yakhe ezelwe yodwa ukuba yilowo nalowo okholwa yiyo angabhubhi, kodwa abe nokuphila okuphakade.

## USUKU 51

### **THEMBA: AmaHubo (Psalm) 130:7**

7. U-Israyeli makamethembe uJehova, ngokuba umusa ukuJehova nokukhulula okuningi kukuye.

### **UKUPHILISA: NgokukaMathewu (Matthew) 17:18-20**

<sup>18</sup> UJesu wayeseyikhuza, idemoni laphuma kuyo; umfana waphulukiswa kusukela kuleso sikhathi.<sup>19</sup> Khona kwafika abafundi kuJesu bebodwa, bathi: “Thina besingemkhiphe ngani na?” <sup>20</sup>. Wayesethi kubo: “Kungenxa yokukholwa kwenu okuncane. Ngokuba ngiqinisile ngithi kini: Uma ninokukholwa njengembewu yesinaphi, niyakuthi kule ntaba: ‘Suka lapha, uye laphaya,’ iyakusuka; akukho okuyakunahlula.

### **UKUBUYISELWA: U-Isaya (Isaiah) 2:1-5**

<sup>1</sup> Indaba ayibonayo u-Isaya indodana ka-Amose ngoJuda neJerusalema.<sup>2</sup> Kuyakuthi ngezinsuku ezizayo intaba yendlu kaJehova iqiniswe esiqongweni sezintaba, iphakame kunamagquma, nezizwe zonke ziyakugobhozela khona.<sup>3</sup> Abantu abaningi bayakuhamba, bathi: “Wozani sikhuphukele entabeni kaJehova endlini kaNkulunkulu kaJakobe; uyakusifundisa izindlela zakhe, sihambe emikhondweni yakhe,” ngokuba umthetho uyakuvela eSiyoni, nezwi likaJehova eJerusalema.<sup>4</sup> Uyakwahlulela phakathi kwezizwe, anqume phakathi kwabantu abaningi; bayakukhanda izinkemba zabo zibe ngamakhuba, nemikhonto yabo ibe ngocelemba; isizwe asiyikuphakamisela isizwe inkemba, zingabe zisafunda ukulwa.<sup>5</sup> Wena ndlu kaJakobe, woza sihambe ekukhanyeni kukaJehova. Usuku lukaJehova.

## USUKU 52

### **THEMBA: UJobe (Job) 17:15**

<sup>15</sup> Liphi, pho, ithemba lami na? Yebo, ithemba lami, Ngubani oyakulibona na?

### **UKUPHILISA: NgokukaMthewu (Matthew) 12:13**

<sup>13</sup>. Khona wathi kulowo muntu: “Yelula isandla sakho.” Wayeseselula, sasinda saba njengesinye.

### **UKUBUYISELWA: U-Amose (Amos) 9:13-15**

<sup>13</sup> “Bhekani, izinsuku ziyeza,” usho uJehova, “lapho olimayo eyakufica ovunayo, nonyathela izithelo zomvini ohlwanyela imbewu; izintaba ziyakuconsa iwayini, amagquma onke ancibilike. <sup>14</sup>. Ngiyakubuyisa ukuthunjwa kwabantu bami u-Israyeli, bakhe imizi echithekileyo, bahlale kuyo; bayakutshala izivini, baphuze iwayini lazo; bayakwenza nezivande, badle izithelo zazo. <sup>15</sup>. Ngiyakubatshala ezweni



labo, bangabe besasishulwa ezweni labo engibanike lona,” usho uJehova uNkulunkulu wakho.

## USUKU 53

### **THEMBA: AmaHubo (Psalm) 119:116**

<sup>116</sup> Ngiphase ngokwezwi lakho, ukuze ngiphile, ngingajabhi ngethemba lami.

### **UKUPHILISA: NgokukaMathewu (Matthew) 9:20-22**

<sup>20</sup> Bheka, owesifazane owayenomopho iminyaka eyishumi nambili weza emva kwakhe, wathinta umphetho wengubo yakhe. <sup>21</sup> Ngokuba wayethi phakathi kwakhe: “Uma ngingathinta nje ingubo yakhe, ngizakusindiswa.”<sup>22</sup> UJesu ephenduka wambona, wathi: “Yima isibindi, ndodakazi; ukukholwa kwakho kukusindisile.” Wasinda owesifazane, kusukela kuleso sikhathi.

### **UKUBUYISELWA: UZakariya (Zechariah) 10:6**

<sup>6</sup> “Ngiyakuqinisa indlu yakwaJuda, ngisindise indlu yakwaJosefa, ngibabuyise, ngokuba nginomusa kubo, babe kungathi angizange ngibalahle, ngokuba nginguJehova uNkulunkulu wabo; ngiyakubezwa.

## USUKU 54

### **THEMBA: AmaHubo (Psalm) 119:81**

<sup>81</sup>. Umphefumulo wami ulangazelela insindiso yakho; ngiyalethemba izwi lakho.

### **UKUPHILISA: 2 Izikronike (2 Chronicles) 30:18-20**

<sup>18</sup> Ngokuba isixuku sabantu, abaningi bakwa-Efrayimi nakwaManase nakwa-Isakare nakwaZebuloni, sasingazihlambululanga, salidla iphasika ngokungalotshiwe. Ngokuba uHezekiya wayebakhulekele ngokuthi: “UJehova omuhle makathethelele <sup>19</sup>. Bonke ababebhekisa izinhliziyiyo zabo ukufuna uNkulunkulu, uJehova uNkulunkulu wawoyise, noma kungenjengokuhlanjululwa kwendlu engcwele.” <sup>20</sup>. UJehova wamuzwa uHezekiya, wabaphilisa abantu.

### **UKUBUYISELWA: UHezekeli (Ezekiel) 16:55**

<sup>55</sup>. Odadewenu, iSodoma namadodakazi alo, bayakubuyela esimweni sabo sokuqala, neSamariya namadodakazi alo bayakubuyela esimweni sabo sokuqala, wena namadodakazi akho nibuyele esimweni senu sokuqala.



## USUKU 55

### **THEMBA: KuThithu (Titus) 2:13**

<sup>13</sup>. Sibheke ithemba elibusisiweyo nokucela kwenkazimulo kaNkulunkulu omkhulu noMsindisi wethu uJesu Kristu.

### **UKUPHILISA: AmaHubo (Psalm) 107:20**

<sup>20</sup> Wathuma izwi lakhe, wabaphilisa, wabakhulula emathuneni abo.

### **UKUBUYISELWA: UJeremiya (Jeremiah) 31:1-5**

<sup>1</sup> “Ngaleso sikhathi,” usho uJehova, “ngiyakuba nguNkulunkulu wemindeni yonke yakwa-Israyeli, yona ibe ngabantu bami.” <sup>2</sup>. Usho kanje uJehova, uthi: “Abantu abasele enkembeni bafumana umusa ehlane, lapho u-Israyeli eya khona ukuthola ukuphumula kwakhe.” <sup>3</sup>. UJehova wabonakala kimi ekude, wathi: “Ngikuthandile ngothando oluphakade; ngalokho ngikudonsile ngomusa. <sup>4</sup>. Ngiyakubuye ngikwakhe, wakheke wena ntombi ka-Israyeli; uyakubuye uvunuliswe ngezigubhu zakho, uphumele ekusineni kwabathokozayo. <sup>5</sup>. Uyakubuye utshale izivini ezintabeni zaseSamariya; abatshali bayakuzitshala, badle izithelo zazo.

## USUKU 56

### **THEMBA: Izaga (Proverbs) 24:14**

<sup>14</sup>. Yazi ukuthi kunjalo ukuhlakanipha emphefumulweni wakho; uma ukutholile, kuyakuba khona isikhathi esizayo, nethemba lakho aliyikunqunywa.

### **UKUPHILISA: UDuteronomi (Deuteronomy) 32:39**

<sup>39</sup>. “Bonani manje ukuthi mina, yebo, mina nginguye, akakho unkulunkulu ngaphandle kwami; mina ngiyabulala, besengiphilisa, ngilimazile, kepha ngiyakupholisa; akakho ongophula esandleni sami.

### **UKUBUYISELWA: U-Isaya (Isaiah) 41:17-20**

<sup>17</sup> “Abampofu nabaswelayo bafuna amanzi, kepha awakho, nolimi lwabo luphele ukoma; mina Jehova ngiyakubaphendula, mina Nkulunkulu ka-Israyeli angiyikubashiya. <sup>18</sup>. Ngiyakuvula imifula emadulini angenalutho nemithombo phakathi kwezigodi; ngiyakwenza ihlane libe yichibi lamanzi, nomhlabathi owomileyo ube yiziphethu zamanzi. <sup>19</sup>. Ngiyakutshala umsedari\* ehlane, umtholo, nombomvana, nomnqumo, ngibeke kwahlongasibi umsayipuresi,\* nomthidari,\* nomkhoba kanyekanye, <sup>20</sup>. Ukuze babone, bazi, baqaphele, baqonde kanyekanye ukuthi isandla sikaJehova sikwenzile lokhu nokuthi oNgcwele ka-Israyeli wakudala.

## USUKU 57

### **THEMBA: AmaHubo (Psalm) 145:15**

15. Amehlo abo bonke alinda wena; uyabanika ukudla ngesikhathi esiyiso.

### **UKUPHILISA: UJeremiya (Jeremiah) 14:19**

19 Umlahlile nokumlahla uJuda na? Umphefumulo wakho unengiwe yiSiyoni na? Usishayeleni, singabi nakuphulukiswa, na? Sihlalela ukuthula, kepha okuhle akukho; nesikhathi sokuphulukiswa, kepha luvalo.

### **UKUBUYISELWA: U-Isaya (Isaiah) 49:13**

13. Jabulani nina mazulu, uthokoze nawe mhlaba, niqhumuke ngokuhlabelela nina zintaba, ngokuba uJehova ududuza abantu bakhe, abe nomusa kwabahluphekileyo bakhe. Isikhathi somusa

## USUKU 58

### **THEMBA: KuThithu (Titus) 1:2**

2. Ethembeni lokuphila okuphakade uNkulunkulu ongaqambi amanga akwethembisa phambi kwezikhathi zaphakade.

### **UKUPHILISA: NgokukaMarku (Mark) 8:25**

25. Khona waphinda wabeka izandla phezu kwamehlo ayo, yabhekisisa, yasinda, yabonisisa konke. 26. Wayithumela ekhaya layo, wathi: “Ungangeni emzini wabantu.”

### **UKUBUYISELWA: UNumeri (Numbers) 6:25-27**

25. UJehova makakhanyise ubuso bakhe phezu kwakho, abe nomusa kuwe;  
26. UJehova makaphakamise ubuso bakhe phezu kwakho, akuphe ukuthula.”  
27. “Bayakubeka kanjalo igama lami kubantwana bakwa-Israyeli, mina ngibabusise.”

## USUKU 59

### **THEMBA: 1 KwabaseThesalonika (1 Thessalonians) 5:8**

8. Kepha thina esingabemini masiqonde, sifake isivikelo sesifuba sokukholwa nesothando, isigqoko sibe yithemba lokusindiswa.

### **UKUPHILISA: NgokukaLuka (Luke) 4:41**

41 Kwaphuma namademoni kwabaningi ememeza ethi: “Wena uyiNdodana kaNkulunkulu.” Kepha wawakhuza, kawavumelanga ukuba akhulume, ngokuba ayemazi ukuthi unguKristu.

## UKUBUYISELWA: U-Isaya (Isaiah) 49:23

<sup>23</sup> Amakhosi ayakuba ngabazanyana bakho, namakhosikazi awo ayakuba ngabancelisi bakho; bayakukukhothamela ubuso bubheke phansi, bakhothe uthuli lwezinyawo zakho; uyakwazi ukuthi nginguJehova, abethemba kimi abayikujabha.”

## USUKU 60

### THEMBA: KwabaseGalathiya (Galatians) 5:5

<sup>5</sup> Ngokuba thina ngaye uMoya sihlalela ithemba lokulungisiswa ngokukholwa.

### UKUPHILISA: NgokukaLuka (Luke) 8:48

<sup>48</sup> Wayesethi kuye: “Ndodakazi, ukukholwa kwakho kukusindisile; hamba, ube nokuthula.”

### UKUBUYISELWA: AmaHubo (Psalm) 121:1-6

<sup>1</sup> Ngiphakamisela amehlo ami ezintabeni; usizo lwami luvelaphi na? <sup>2</sup> Usizo lwami luvela kuJehova owenzile izulu nomhlaba. <sup>3</sup> Akayikuvuma ukuba unyawo lwakho lushelele; okulondolozayo akayikozela. <sup>4</sup> Bheka, olonda u-Israyeli akozeli, akalali. <sup>5</sup> UJehova ungumlondi wakho; uJehova ungumthunzi wakho ngasesandleni sakho sokunene. <sup>6</sup> Ilanga aliyikukushaya emini nenyanga ebusuku

## USUKU 61

### THEMBA: Kwabase-Efesu (Ephesians) 1:18

<sup>18</sup>. Ekhanyisiwe amehlo enhliziyi yenu, nize nazi okuyithemba lobizo lwakhe nokuyingcebo yenkazimulo yefa lakhe kubo abangcwele.

### UKUPHILISA: AmaHubo (Psalm) 31:9

<sup>9</sup>. Yiba nomusa kimi, Jehova, ngokuba ngiyahlupheka; iso lami liyafa usizi, nomphefumulo wami nomzimba wami.

### UKUBUYISELWA: UJeremia (Jeremiah) 31:23-25

<sup>23</sup> Usho kanje uJehova Sebawoti, uNkulunkulu ka-Israyeli, uthi: “Bayakubuye basho leli zwi ezweni lakwaJuda nasemizini yalo, lapho ngibuyisa ukuthunjwa kwabo, lokuthi: ‘UJehova makakubuyise wena khaya lokulunga, ntaba yobungcwele.’ <sup>24</sup>. UJuda nayo yonke imizi yakhe bayakuhlala kulo ndawonye, abalimi nabahamba nemihlambi. <sup>25</sup>. Ngokuba nganelisile imiphefumulo eyethileyo, ngigcwalisile yonke imiphefumulo enosizi.”

## USUKU 62

### **THEMBA: UJeremiya (Jeremiah) 31:16-17**

<sup>16</sup> Usho kanje uJehova, uthi: “Bamba izwi lakho, ungakhali, amehlo akho angabi nazinyembezi, ngokuba umsebenzi wakho uyakuba nomvuzo,” usho uJehova, “babuye ezweni lesitha. <sup>17</sup> Kukhona ithemba lokugcina kwakho,” usho uJehova; “abantwana bayakubuyela emikhawulweni yabo.

### **UKUPHILISA: U-Eksodusi (Exodus) 15:26**

<sup>26</sup> Wathi: “Uma ulalela nokulalela izwi likaJehova uNkulunkulu wakho, ukwenze okulungile emehlweni akhe, ulalele imiyalo yakhe, ugcine izimiso zakhe zonke, angiyikubeka phezu kwakho nasinye salezo zifo engizibeke phezu kwabaseGibithe, ngokuba nginguJehova okuphilisayo.

### **UKUBUYISELWA: KuThithu (Titus) 2:11-12**

<sup>11</sup> Ngokuba umusa kaNkulunkulu wokusindisa ubonakalisiwe kubantu bonke;

<sup>12</sup> Uyasifundisa ukuba sidele ukungakholwa nezinkanuko zezwe, sihambe ngokuqonda, nangokulunga, nangokumesaba uNkulunkulu kulesi sikhathi samanje,

## USUKU 63

### **THEMBA: AmaHubo (Psalm) 146:5**

<sup>5</sup> Ubusisiwe yena omsizi wakhe unguNkulunkulu kaJakobe, othemba lakhe likuJehova uNkulunkulu wakhe.

### **UKUPHILISA: 2 KwabaseKorinte (2 Corinthians) 1:3-4**

<sup>3</sup> Makabongwe uNkulunkulu noYise weNkosi yethu uJesu Kristu, uYise wobubele, uNkulunkulu wenduduzo yonke, 4osiduduzo osizini lwethu lonke, ukuze nathi sibe namandla okududuzo abasosizini, nolunjani, ngenduduzo esiduduzwa ngayo nathi nguNkulunkulu.

### **UKUBUYISELWA: AmaHubo (Psalm) 40:13-17**

<sup>13</sup> Makuthandeke kuwe Jehova ukuba ungikhulule; Jehova, mawuphuthume ungisize. <sup>14</sup> Mabababhe, babe namahloni bonke abafuna umphefumulo wami ukuba bawuhlwithhe; abafisa ukulimala kwami mababuyiselwe emuva, bajabhiswe. <sup>15</sup> Mabashaqeqe ngenxa yehlazo labo abathi kimi: “Ashila, ashila!” <sup>16</sup> Mabethabe, bajabule kuwe bonke abakufunayo; abathanda insindiso yakho mabasho njalo, bathi: “Makadunyiswe uJehova.” <sup>17</sup> Noma ngihlupheka, ngimpofu, iNkosi iyanginaka; wena ungumsizi wami noMsindisi wami; Nkulunkulu wami, mawungalibali.

## USUKU 64

### **THEMBA: AmaHubo (Psalm) 27:13**

<sup>13</sup>. Yeka, uma bengingathembanga ukubona okuhle kukaJehova ezweni labaphilayo!

### **UKUPHILISA: Izenzo (Acts) 10:38**

<sup>38</sup> lokuthi: UNkulunkulu wamgcoba uJesu waseNazaretha ngoMoya oNgcwele nangamandla, owahamba enza umusa, ephulukisa bonke ababesemandleni kaSathane, ngokuba uNkulunkulu wayenaye.

### **UKUBUYISELWA: UJeremiya (Jeremiah) 31:33-34**

<sup>33</sup> “Kepha yilesi esiyisivumelwano engizakusenza nendlu ka-Israyeli emva kwalezo zinsuku,” usho uJehova: “ngiyakufaka umthetho wami ezibilinini zabo, ngiwulobe ezinhliziyweni zabo, ngibe nguNkulunkulu wabo, bona babe ngabantu bami;

<sup>34</sup>. Abasayikufundisana, kube yilowo nalowo umakhelwane wakhe, kube yilowo nalowo umfowabo, ngokuthi: ‘Yazi uJehova,’ ngokuba bonke bayakungazi, kusukela kwabancane kuya kwabakhulu babo,” usho uJehova, “ngokuba ngiyakuthethelela ububi babo, nesono sabo angisayikusikhumbula.”

## USUKU 65

### **THEMBA: KuThithu (Titus) 3:7**

<sup>7</sup>. Ukuze silungisiswe ngomusa wakhe, sibe yizindlalifa zokuphila okuphakade ngokwethemba.

### **UKUPHILISA: NgokukaLuka (Luke) 13:13**

<sup>13</sup> Wabeka izandla phezu kwakhe; weluleka khona lapho, wamdumisa uNkulunkulu.

### **UKUBUYISELWA: UJobe (Job) 42:11-12**

<sup>11</sup>. Kwase kufika kuye bonke abafowabo, nabo bonke odadewabo, nabo bonke ababazana naye ngaphambili, badla endlini yakhe; bamkhalela, bamduduzisa ngakho konke okubi uJehova amehlisele khona, yilowo nalowo wamnika uhlamvu lwemali necici legolide. <sup>12</sup> Kanjalo uJehova wabusisa ukugcina kukaJobe kunokuqala kwakhe; waba nezimvu eziyizinkulungwane eziyishumi nane, namakamela ayizinkulungwane eziyisithupha, namabhangqa ayinkulungwane ezinkabi, nezimbongolo zezinsikazi eziyinkulungwane.

## USUKU 66

### **THEMBA: 1 IziKronike (1 Chronicles) 29:15**

<sup>15</sup>. Ngokuba singabafokazi phambi kwakho nezihambi njengabo bonke obaba; izinsuku zethu emhlabeni zinjengethunzi, nethemba alikho.

### **UKUPHILISA: NgokukaMarku (Mark) 1:30-31**

<sup>30</sup>. Umkhwekazi kaSimoni wayelele enomkhuhlane; bashesha bamtshela ngaye. <sup>31</sup> Waya kuye, wamlulamisa embamba ngesandla; umkhuhlane wamyeka, wabakhonza.

### **UKUBUYISELWA: U-Isaya (Isaiah) 61:4-7**

<sup>4</sup>. Bayakwakha izincithakalo ezindala, bavuse izindawo ezichithekileyo zakuqala, balungise imizi ebhujisiweyo, izindawo eziyihlane izizukulwane ngezizukulwane. <sup>5</sup> Abezizwe bayakumela ukwalusa imihlambi yenu, abafokazi babe ngabalimi benu nabaphathi bezivini zenu. <sup>6</sup> Kepha nina niyakuthiwa abapristi bakaJehova, niyakubizwa ngokuthi izikhonzi zikaNkulunkulu wethu; niyakudla imfuyo yezizwe, nizibonge ngodumo lwazo. <sup>7</sup> Esikhundleni sehlazo lenu niyakuphiwa ngokuphindweyo; abadumeleyo, ukujabula kuyakuba yisabelo sabo; ngalokho ezweni lakubo bayakudla ifa ngokuphindiweyo, intokozo engapheliyo ibe ngeyabo.

## USUKU 67

### **THEMBA: KumaHebheru (Hebrews) 10:23**

<sup>23</sup>. Masibambisise isivumo sethemba lethu singaxegi, ngokuba ukholekile lowo owethembisayo.

### **UKUPHILISA: AmaHubo (Psalm) 41:1-3**

<sup>1</sup> Ubusisiwe onakekela ohluphekayo; uJehova uyakumsindisa osukwini olubi. <sup>2</sup> UJehova uyakumlondoloza, amphilise; uyakubusiswa emhlabeni; awuyikumnikela entandweni yezitha zakhe. <sup>3</sup> UJehova uyakumphasa ecansini egula; wena uyakuguqula ukhukho lwakhe ekuguleni kwakhe.

### **UKUBUYISELWA: U-Isaya (Isaiah) 60:10-13**

<sup>10</sup> “Abezizwe bayakuzakha izingange zakho, amakhosi abo akukhonze; noma ngakushaya ngentukuthelo yami, sengiyakuhawukela ngomusa wami. <sup>11</sup> Amasango akho ayakuvuleka njalo, awayikuvalwa imini nobusuku, ukuze imfuyo yezizwe ilethwe kuwe, amakhosi azo eqhutshwa eboshiwe. <sup>12</sup> Ngokuba isizwe nombuso ongakukhonzi uyakuphela; yebo, lezo zizwe ziyakuqedwa impela. <sup>13</sup> “Inkazimulo yaseLebanoni iyakuza kuwe, umsayipuresi, nomthidari, nomkhoba kanyekanye,

ukuyihlobisa indawo yendlu yami engcwele, ngiyikhazimulise indawo yezinyawo zami.

## USUKU 68

### **THEMBA: Isililo (Lamentations) 3:21-23**

<sup>21</sup> Kepha yilokhu engiyakukubuyisela enhliziyweni yami, ngalokho nginethemba: <sup>22</sup> ngumusa kaJehova ukuthi asiqediwe, ngokuba ububele bakhe abupheli. <sup>23</sup> Busha ekuseni njalo; ukuthembeka kwakho kukhulu.

### **UKUPHILISA: NgokukaLuka (Luke) 6:19**

<sup>19</sup> Isixuku sonke safuna ukumthinta, ngokuba kwakuphuma kuye amandla abaphilisa bonke.

### **UKUBUYISELWA: UJeremiya (Jeremiah) 31:20-22**

<sup>20</sup> U-Efrayimi uyindodana yami yini eyigugu kimi, ungumntwana othandekayo na? Ngokuba njalo lapho ngikhuluma okubi ngaye, ngisamkhumbula nokumkhumbula; ngalokho izibilini zami ziyamhawukela; ngiyakuba nesihe impela kuye,” usho uJehova. <sup>21</sup> “Zibekele amatshe, zimisele iziqondiso zendlela; yibeke inhliziyi yakho emendweni, indlela owahamba ngayo; buya, ntombi yakwa-Israyeli, ubuyeke kule mizi yakho. <sup>22</sup> Koze kube nini uhambahamba wena ndodakazi ehlabukayo na? Ngokuba uJehova udalile into entsha emhlabeni: owesifazane uyakuyihaqa indoda.”

## USUKU 69

### **THEMBA: AmaHubo (Psalm) 119:49**

<sup>49</sup> Khumbula izwi encekwini yakho owangipha ithemba ngalo

### **UKUPHILISA: Izenzo (Acts) 3:6**

<sup>6</sup> Kodwa uPetru wathi: “Isiliva negolide anginalo; kepha lokho enginakho ngikupha khona: egameni likaJesu Kristu waseNazaretha, hamba.”

### **UKUBUYISELWA: AmaHubo (Psalm) 66:12**

<sup>12</sup> Wavumela abantu ukuba bakhwele phezu kwamakhanda ethu; sangena emlilweni nasemanzini; kepha wasikhiphela ekubuseni.

## USUKU 70

### **THEMBA: KumaHebheru (Hebrews) 6:18-19**

<sup>18</sup> Ukuze ngezinto ezimbili ezingeguquleke, uNkulunkulu angeqambe amanga ngazo, sibe nenduduzo enamandla thina esibalekele ekulibambeni ithemba



esilimiselweyo, <sup>19</sup>. Esinalo njengehange\* lomphfumulo, liqinile, ligxilile, lingena kokungaphakathi kwesihenqo.

### **UKUPHILISA: NgokukaMathewu (Matthew) 13:15**

<sup>15</sup>. Ngokuba inhliziyo yalesi sizwe isiyaba lukhuni, bezwa kanzima ngezindlebe, amehlo abo bawacimezile, funa mhlawumbe babone ngamehlo, bezwe ngezindlebe, baqonde ngenhliziyo, baphenduke, ngibaphulukise.’

### **UKUBUYISELWA: UDuteronomi (Deuteronomy) 11:18-21**

<sup>18</sup>. Niyakuwabeka lawa mazwi ami enhliziyweni yenu nasemphefumulweni wenu, niwabophe abe luphawu esandleni senu, abe yisikhumbuzo phakathi kwamehlo enu. <sup>19</sup>. Niyakuwafundisa abantwana benu, ukhulume ngawo, lapho uhlezi endlini yakho, nalapho uhamba endleleni, nalapho ulala, nalapho uvuka. <sup>20</sup>. Uyakuwaloba ezinsikeni zomnyango wendlu yakho nasemasangweni akho <sup>21</sup>. Ukuba zandiswe izinsuku zakho nezinsuku zabantwana benu ezweni uJehova alifungela oyihlo ukubanika lona, njengezinsuku zezulu phezu komhlaba.

## **USUKU 71**

### **THEMBA: KwabaseRoma (Romans) 5:5**

<sup>5</sup>. Ithemba alijabhisi, ngokuba uthando lukaNkulunkulu lutheliwe ezinhliziyweni zethu ngoMoya oNgcwele esimuphiweyo.

### **UKUPHILISA: Umshumayeli (Ecclesiastes) 3:1-3**

<sup>1</sup> Konke kunesikhathi sakho, yonke indaba inomzuzu wayo phansi kwezulu. <sup>2</sup> Kukhona isikhathi sokuzalwa nesikhathi sokufa, isikhathi sokutshala nesikhathi sokusiphula okutshaliweyo; <sup>3</sup> isikhathi sokubulala nesikhathi sokuphilisa, isikhathi sokudiliza nesikhathi sokwakha;

### **UKUBUYISELWA: AmaHubo (Psalm) 80:17-19**

<sup>17</sup>. Isandla sakho masibe phezu kwendoda yesokunene sakho, phezu kwendodana yomuntu ozikhulisele yona; <sup>18</sup>.khona asisayikuhoshekela emuva kuwe; siphilise, khona siyakukhuleka egameni lakho. <sup>19</sup>. Sibuyise, Jehova Nkulunkulu Sebawoti; ukhanyise ubuso bakho, khona siyakusindiswa.

## **USUKU 72**

### **THEMBA: UJobe (Job) 8:13**

<sup>13</sup>. “Zinjalo izindlela zabo bonke abakhohlwa uNkulunkulu: ithemba longenaNkulunkulu liyakuchitheka;



## **UKUPHILISA: UJobe (Job) 5:17-18**

<sup>17</sup>. “Bheka, ubusisiwe lowo muntu uNkulunkulu amlayayo; ngalokho ungadeleli ukukhuzwa nguSomandla.<sup>18</sup> Ngokuba uma ezwisa ubuhlungu, ubuye abophe;

## **UKUBUYISELWA: AmaHubo (Psalm) 69:35-36**

<sup>35</sup>. Ngokuba uNkulunkulu uzakulisindisa iSiyoni, akhe imizi yakwaJuda; bazakuhlala khona, ibe yifa labo. <sup>36</sup>. Inzalo yezinceku zakhe iyakulidla ifa; abathanda igama lakhe bayakuhlala kuyo.

## **USUKU 73**

### **THEMBA: KwabaseRoma (Romans) 4:18**

<sup>18</sup>. Owathi kungekho themba wakholwa ngethemba, ukuze abe nguyise wezizwe eziningi, njengalokho okwashiwo ukuthi: “Yoba njalo inzalo yakho;”

### **UKUPHILISA: 2 Izikronike (2 Chronicles) 7:14**

<sup>14</sup>. Bazithobe abantu bami ababizwa ngegama lami, bakhuleke, bafune ubuso bami, baphenduke ezindleleni zabo ezimbi, ngiyakuzwa ezulwini, ngithethelele isono sabo, ngiphilise izwe labo.

### **UKUBUYISELWA: UZakariya (Zechariah) 14:11**

<sup>11</sup> Kuyakuhlalwa kulo, kungabe kusabakho siqalekiso, kepha iJerusalema liyakuhlala ngokulondeka. .

## **USUKU 74**

### **THEMBA: KumaHeberu (Hebrews) 6:11**

<sup>11</sup>. Kodwa sinqwenela ukuba ngamnye wenu akhuthale ngokufanayo khon’ ukuze nibe nokuqiniseka ngokupheleleyo ngethemba lenu kude kuse ekupheleni.

### **UKUPHILISA: U-Eksodusi (Exodus) 23:25**

<sup>25</sup> Niyakumkhonza uJehova uNkulunkulu wenu, abusise ukudla kwenu namanzi enu; ngiyakususa izifo phakathi kwenu.

### **UKUBUYISELWA: UMika (Micah) 7:19-20**

<sup>19</sup>. Uyakubuye asibekezelele, anyathele phansi ububi bethu; yebo, uyakuphonsa zonke izono zabo ekujuleni kolwandle. <sup>20</sup>. Uyakunika uJakobe ukuthembeka no-Abrahama umusa owakufungela obaba kwasezinsukwini zasendulo.

## USUKU 75

### **THEMBA: UJeremiya (Jeremiah) 17:17**

<sup>17</sup> Ungabi luvalo kimi; uyisiphephelo sami ngosuku lobubi.

### **UKUPHILISA: AmaHubo (Psalm) 119:107**

<sup>107</sup>. Ngiyahlupheka kakhulu; Jehova, ngiphilise ngokwezwi lakho.

### **UKUBUYISELWA: 2 AmaKhosi (2 Kings) 8:1-4**

<sup>1</sup> U-Elisha wayekhulumile nowesifazane ondodana yakhe ayivusile ngokuthi: “Suka uhambe wena nabendlu yakho, uhlale lapho ungahlala khona, ngokuba uJehova umemezele indlala, futhi iyakufika ezweni iminyaka eyisikhombisa.” <sup>2</sup>. Wasuka lowo wesifazane, wenza njengezwi lomuntu kaNkulunkulu; wahamba nabendlu yakhe, wagogobala ezweni lamaFilisti iminyaka eyisikhombisa.<sup>3</sup>Kwathi ngasekupheleni kweminyaka eyisikhombisa lowo wesifazane wabuya ezweni lamaFilisti; waphuma, wazikhalela enkosini ngendlu yakhe nangezwe lakhe. <sup>4</sup>. Inkosi yayisilokhu ikhuluma noGehazi inceku yomuntu kaNkulunkulu ukuthi: “Ake ungilandise zonke izinto ezinkulu azenzileyo u-Elisha.”

## USUKU 76

### **THEMBA: AmaHubo (Psalm) 119:74**

<sup>74</sup> Abakwesabayo bayakujabula lapho bengibona, ngokuba ngethemba izwi lakho.

### **UKUPHILISA: EkaJakobe (James) 5:11**

<sup>11</sup>. Bhekani, babusisiwe abakhuthazelayo; nizwile ngokukhuthazela kukaJobe, nibonile impetho yeNkosi ukuthi iNkosi inesihe esikhulu nesihawu.

### **UKUBUYISELWA: 2 AmaKhosi (2 Kings) 8:5-6**

<sup>5</sup>. Kwathi esayilandisa inkosi ukuthi uvusile ofileyo, bheka, owesifazane ondodana yakhe ayivusileyo wakhala enkosini ngendlu yakhe nangezwe lakhe. Wayesethi uGehazi: “Nkosi yami, nkosi, yilo owesifazane, yile indodana yakhe u-Elisha ayivusileyo.” <sup>6</sup>. Inkosi yayisimbuza owesifazane, wayilandisa. Inkosi yammisela induna ethile ngokuthi: “Buyisa konke okwakungokwakhe nazo zonke izithelo zensimu, kusukela osukwini owasuka ngalo ezweni kuze kube manje.”

## USUKU 77

### **THEMBA: 1 KuThimothewu (1 Timothy) 4:9-10**

<sup>9</sup>. Likholekile leli zwi, lifanele impela ukwamukelwa, <sup>10</sup> ngokuba sikhandlekela lokho, siyashikashikeka, ngokuba sithembele kuNkulunkulu ophilayo onguMsindisi wabantu bonke, ikakhulu wabakholwayo.

### **UKUPHILISA: NgokukaMathewu (Matthew) 14:13-14**

<sup>13</sup> Wathi uJesu esekuzwile lokho, wamuka lapho ngomkhumbi, waya endaweni eyihlane eyedwa. Kepha izixuku zathi sezikuzwile, zamlandela ngezinyawo ziphuma emizini. <sup>14</sup>. Waphuma, wabona isixuku esikhulu; waba nesihe ngaso, waphulukisa abagulayo babo.

### **UKUBUYISELWA: UHezekeli (Ezekiel) 34:25-27**

<sup>25</sup> “Ngiyakwenza nazo isivumelwano sokuthula, ngiqede izilwane ezimbi ezweni, zihlale zilondekile ehlane, zilale emahlathini. <sup>26</sup>. Ngiyakuzenza zona nezindawo ezizungeza intaba yami zibe yisibusiso, ngehlise imvula ngesikhathi sayo, ibe yizihlambi zesibusiso. <sup>27</sup>. Umuthi osendle uyakuthela izithelo zawo, umhlabathi uthele ukudla kwawo, zihlale zilondekile ezweni lazo, zazi ukuthi nginguJehova, lapho sengaphulile izikeyi\* zejoka lazo, ngazophula esandleni salabo ezenziwa izikhonzi yibo.

## USUKU 78

### **THEMBA: KwabaseKolose (Colossians) 1:5**

<sup>5</sup>. Ngenxa yethemba enibekelwe lona ezulwini, enezwa ngalo ngaphambili ngezwi leqiniso levangeli.

### **UKUPHILISA: UHezekeli (Ezekiel) 34:16**

<sup>16</sup>. Ngiyakufuna ezilahlekileyo, ngibuyise ezixoshiweyo, ngibophe ezaphukileyo, ngiqinise ezigulayo; kepha ezikhulupheleyo nezinamandla ngiyakuzichitha, ngizaluse ngokwahlulela.

### **UKUBUYISELWA: Ezekiel 34:28-31**

<sup>28</sup> Azisayikuba yimpango yabezizwe, nesilwane somhlaba asiyikuzidla, kepha ziyakuhlala zilondekile, zingesatshiswa muntu. <sup>29</sup>. Ngiyakuzivusela insimu edumileyo; azisayikususwa yindlala ezweni, zingasalithwali ihlazo labezizwe. <sup>30</sup>. Ziyakwazi ukuthi mina Jehova uNkulunkulu wazo ngingazo nokuthi zona, indlu yakwa-Israyeli, zingabantu bami, isho iNkosi uJehova. <sup>31</sup>. Nina niyizimvu zami, niyizimvu zedlelo lami; ningabantu, mina nginguNkulunkulu wenu, isho iNkosi uJehova.’ ”

## USUKU 79

### **THEMBA: 1 KaPetru (1 Peter) 1:21**

<sup>21</sup>. Enikholwa nguNkulunkulu ngaye, owamvusa kwabafileyo nowamnika inkazimulo, ukuze ukukholwa kwenu kube nethemba kuNkulunkulu.

### **UKUPHILISA: 2 AmaKhosi (2 Kings) 5:6**

<sup>6</sup>. Waletha incwadi enkosini yakwa-Israyeli, ethi: “Manje, lapho le ncwadi ifika kuwe, bheka, ngithumile uNahamani inceku yami kuwe ukuba umphilise ochokweni lwakhe.”

### **UKUBUYISELWA: AmaHubo (Psalm) 13:3-5**

<sup>3</sup> Bheka neno, ungiphendule, Jehova Nkulunkulu wami; khanyisa amehlo ami, ngize ngingalali ubuthongo bokufa, <sup>4</sup>. Ukuze isitha sami singasho ukuthi: “Ngimahlulile,” funa abamelene nami bethabe lapha ngintengayo. <sup>5</sup>. Kepha ngiwuthembile umusa wakho; inhliziyo yami izakwethaba ngensindiso yakho;

## USUKU 80

### **THEMBA: 2 KwabaseThesalonika (2 Thessalonians) 2:16-17**

<sup>16</sup> Kepha iNkosi yethu uJesu Kristu uqobo, noNkulunkulu uBaba wethu owasithanda nowasipha ngomusa induduzo yaphakade nethemba elihle, <sup>17</sup>makaduduze izinhliziyu zenu, aniqinise emisebenzini yonke nasemazwini onke amahle.

### **UKUPHILISA: NgokaMathewu (Matthew) 9:27-30**

<sup>27</sup>. Esadlula lapho uJesu, izimpumputhe ezimbili zamlandela, zamemeza zathi: “Sihawukele, ndodana kaDavide!” <sup>28</sup>. Esengenile endlini, izimpumputhe zeza kuye. UJesu wathi kuzo: “Niyakholwa yini ukuthi ngingakwenza lokhu na?” Zathi kuye: “Yebo, Nkosi.” <sup>29</sup>. Khona wathinta amehlo azo, wathi: “Makwenzeke kini njengokukholwa kwenu.” <sup>30</sup>. Ayesevuleka amehlo azo. UJesu waziyalisisa, wathi: “Qaphelani ukuba kungaziwa muntu.”

### **UKUBUYISELWA: NgokukaLuka (Luke) 7:15**

<sup>15</sup>. Ofileyo wavuka, waqala ukukhuluma; yamnika unina.

## USUKU 81

### **THEMBA: AmaHubo (Psalm) 119:166**

<sup>166</sup>. Ngiyethemba insindiso yakho, Jehova; imiyalo yakho ngiyayenza.

## UKUPHILISA: Isililo (Lamentations) 2:13

13. Ngingafakaza ngokuthini ngawe, ngikufanise nani, ndodakazi yaseSiyoni, na? Ngingakulinganisa nani ukuba ngikududuze. Ntombi eyindodakazi yaseSiyoni na? Ngokuba ukuchitheka kwakho kukhulu njengolwandle. Ngubani ongakuphulukisa na?

## UKUBUYISELWA: UHezekeli (Ezekiel) 36:33-36

33 “Isho kanje iNkosi uJehova, ithi: Mhla nginihlambulula ebubini benu bonke, ngiyakwenza ukuba imizi ihlalwe, zakhiwe izindawo ezichithekileyo. 34. Izwe elaliyize liyakulinywa esikhundleni sokuba yincithakalo emehlweni abo bonke abadlulayo. 35. Bayakuthi: “Leli zwe ekade laliyize selinjengensimu yase-Edene, nemizi echithekileyo neyayiyincithakalo nediliziweyo isibiyelwe, iyahlalwa.” 36. Seziyakwazi izizwe ezisele nxazonke zenu ukuthi mina Jehova ngakhile izindawo ezidiliziweyo, ngatshala lokhu okukade kwakuyincithakalo; mina Jehova ngikhulumile, ngiyakukwenza.’

## USUKU 82

### THEMBA: KumaHeberu (Hebrews) 3:6

6. Kepha uKristu uthembekile njengendodana phezu kwendlu yakhe, esiyindlu yakhe thina, uma sibambisisa isibindi nentokozo yethemba liqine kuze kube sekupheleni.

### UKUPHILISA: 1 KwabaseKorinte (1 Corinthians) 12:9

9. Omunye ukukholwa kuye lowo Moya, omunye iziphiwo zokuphulukisa kuye uMoya munye.

### UKUBUYISELWA: uSamuweli (1 Samuel) 30:18-19

18. UDavide wakhulula konke okwakuthathwe ngama-Amaleki, uDavide wakhulula nawomkakhe bobabili. 19 Akwasilala muntu, omncane noma omkhulu, namadodana noma amadodakazi, nempango noma okunye ababezithathele khona; uDavide wabuyisa konke.

## USUKU 83

### THEMBA: AmaHubo (Psalm) 42:11

11. Yini ukuba udangale, mphefumulo wami, uyaluze phakathi kwami, na? Methembe uNkulunkulu, ngokuba ngisezakumdumisa yena oyinsindiso yobuso bami noNkulunkulu wami.

## UKUPHILISA: Izenzo (Acts) 5:15-16

<sup>15</sup>. Ngangokuba bakhiphela phandle emigwaqweni abagulayo, bababeka emacansini nasezinhlakeni, kuze kuthi lapho eza uPetru, isithunzi nje sakhe sisithibeze abanye kubo. <sup>16</sup>. Kwabuthana nesixuku esivela emizini ezungeze iJerusalema, beletha abagulayo nabakhathazwa ngawomoya abangcolileyo; baphulukiswa bonke.

## UKUBUYISELWA: 2 KwabaseKorinte (2 Corinthians) 5:18-19

<sup>18</sup> Kepha konke kuvela kuNkulunkulu owenza ukuba sibuyisane naye ngoKristu, wasinika inkonzo yokubuyisana, <sup>19</sup>. Ngokuba uNkulunkulu ekuKristu wenza ukuba izwe libuyisane naye, engababaleli iziphambeko zabo, ebeka kithi izwi lokubuyisana.

## USUKU 84

### THEMBA: 1 KwabaseThesalonika (1 Thessalonians) 1:3

<sup>3</sup>. Sikhumbula ngokungayeki isenzo senu sokukholwa, nomsebenzi wothando, nokukhuthazela kwethemba lenu eliseNkosini yethu uJesu Kristu phambi kukaNkulunkulu noBaba wethu.

## UKUPHILISA: Izenzo (Acts) 9:34

<sup>34</sup>. Khona uPetru wathi kuye: “Eneya, uJesu Kristu uyakuphilisa; vuka, wendlule icansi lakho.” Wayesevuka masinyane.

## UKUBUYISELWA: UHezekeli (Ezekiel) 37:26-28

<sup>26</sup> Ngiyakwenza isivumelwano sokuthula nabo, sibe yisivumelwano esiphakade nabo; ngiyakubamisa, ngibandise, ngibeke indlu yami engcwele phakathi kwabo kuze kube phakade. <sup>27</sup>. Itabernakele\* lami liyakuba phezu kwabo; ngiyakuba nguNkulunkulu wabo, bona babe ngabantu bami. <sup>28</sup>. Izizwe ziyakwazi ukuthi mina Jehova ngiyangcwelisa u-Israyeli, lapho indlu yami engcwele ikhona phakathi kwabo kuze kube phakade.’ ”

## USUKU 85

### THEMBA: Kwabase-Efesu (Ephesians) 2:12-13

<sup>12</sup>. Ukuthi ngaleso sikhathi naningenaye uKristu, naningaphandle kombuso ka-Israyeli, naningabafokazi ezivumelwaneni zesithembiso, ningenathemba, ningenaNkulunkulu ezweni. <sup>13</sup>. Kepha manje kuKristu Jesu nina enanikade nikude senenziwe abaseduze ngegazi likaKristu.

## UKUPHILISA: NgokukaMarku (Mark) 3:9-10

<sup>9</sup> Wayeseyala abafundi bakhe ukuba isikebhe simlindele ngenxa yesixuku sabantu, ukuze bangamcindezi, <sup>10</sup>. Ngokuba wayephulukisa abaningi, kwaze kwathi bonke abanezifo bawela phezu kwakhe ukuba bamnamathe.

## UKUBUYISELWA: AmaHubo (Psalm) 78:53-55

<sup>53</sup>. Wabahola kahle, abaze besaba; kepha ulwandle lwasibekela izitha zabo.  
<sup>54</sup>. Wabayisa emnceleni wakhe ongcele, entabeni esasiyizuzile isandla sakhe sokunene. <sup>55</sup>. Waxosha abezizwe phambi kwabo; edabula izwe wababela ifa, wahlalisa izizwe zakwa-Israyeli ematendeni azo.

## USUKU 86

### THEMBA: Izenzo (Acts) 4:13

<sup>13</sup>. Kwathi bebona isibindi sikaPetru noJohane, beqonda ukuthi bangabantu abangafundile, bayimifunda nje, bamangala; babazi ukuthi kade benoJesu;

## UKUPHILISA: NgokukaLuka (Luke) 7:7

<sup>7</sup> Ngakho angizibonanga ukuthi ngifanele ukuza kuwe; kepha yisho izwi, khona inceku yami iyakusinda.

## UKUBUYISELWA: UJoshuwa (Joshua) 24:13

<sup>13</sup>. Nganinika izwe eningakhandlekanga kulo, nemizi eningayakhanga nihlala nokho kuyo; niyadla ezivinini naseminqumeni eningakutshalanga.

## USUKU 87

### THEMBA: AmaHubo (Psalm) 25:5

<sup>5</sup>. Ngihambise eqinisweni lakho, ungifundise, ngokuba wena unguNkulunkulu wensindiso yami; ngilindela wena usuku lonke.

## UKUPHILISA: Izenzo (Acts) 28:8-9

<sup>8</sup> Kepha uyise kaPhubiliyu wayelele phansi ephethwe ngumkhuhlane nembo; uPawulu wangena kuye, wakhuleka, wabeka izandla phezu kwakhe, wamphilisa. <sup>9</sup>. Kwathi lokho sekwenzekile, beza nabanye abasesiqhingini abanezifo, baphulukiswa,



## UKUBUYISELWA: UJobo (Job) 33:26

<sup>26</sup>. Khona uyakunxusa uNkulunkulu ukuba abe nomusa kuye, abone ubuso bakhe ngokujabula, abesebuyisela kumuntu ukulunga kwakhe.

## USUKU 88

### THEMBA: KwabaseKolose (Colossians) 1:23

<sup>23</sup>. Uma kambe nihlala ekukholweni, nisekeliwe nigxilile, ningagudluzwa ethembeni levangeli enalizwayo, elashunyayelwa kukho konke okudaliweyo okuphansi kwezulu, engenziwa isikhonzi salo mina Pawulu.

### UKUPHILISA: NgokukaLuka (Luke) 14:4

<sup>4</sup> Kepha bathula. Wayesemphatha, wamphulukisa, wammukisa.

### UKUBUYISELWA: U-Isaya (Isaiah) 51:1-3

<sup>1</sup> “Ngilaleleni nina enilandela ukulunga, nina enimfunayo uJehova; bhekani kulo idwala eniqhezulwe kulo, nakuyo imibhobo yomgodi enakhishwa kuyo. <sup>2</sup>. Bhekani ku-Abrahama uyihlo, nakuSara owanizalayo, ngokuba eseyedwa ngambiza, ngambusisa, ngamandisa. <sup>3</sup>. Ngokuba uJehova uyakuliduduza iSiyoni, aziduduze zonke izindawo zalo ezichithekileyo, enze ihlane lalo libe njenge-Edene, noqwathule lwalo lube njengensimu kaJehova; injabulo nentokozo kuyakufunyanwa khona, ukubonga nezwi lokuhlabelela.

## USUKU 89

### THEMBA: KwabaseFilipi (Philippians) 1:20

<sup>20</sup>. Njengokulangazela nokwethemba kwami ukuthi ayikho into engizakujabhiswa kuyo, kepha ngesibindi sonke, njengasezikhathini zonke namanje, uKristu uyakwenziwa mkhulu emzimbeni wami, nokuba kungokuphila nokuba kungokufa.

### UKUPHILISA: NgokukaLuka (Luke) 5:17

<sup>17</sup>. Kwathi ngolunye lwalezo zinsuku yena esafundisa, kwakuhlezi khona abaFarisi nabafundisi bomthetho ababephuma emizini yonke yaseGalile neJudiya neJerusalema. Namandla eNkosi ayekuye ukuba aphulukise.

### UKUBUYISELWA: AmaRoma (Romans) 8:28-30

<sup>28</sup> Siyazi ukuthi kwabamthanUSUKUo uNkulunkulu konke kusebenzelana kube ngokuhle, kulabo ababiziweyo ngecebo lakhe. <sup>29</sup>. Ngokuba labo ayebazi ngaphambili



wabamisa ngaphambili, bafane nesimo seNdodana yakhe, ukuze yona ibe yizibulo phakathi kwabazalwane abaningi; <sup>30</sup>. Labo abamisile ngaphambili ubabizile futhi; labo ababizile ubalungisisile futhi; labo abalungisisileyo ubaphile nenkazimulo futhi.

## USUKU 90

### **THEMBA: Kwabase-Efesu (Ephesians) 4:4**

<sup>4</sup>. Munye umzimba, munye uMoya, njengalokho nabizelwa ethembeni linye lokubizwa kwenu;

### **UKUPHILISA: AmaHubo (Psalm) 30:2**

<sup>2</sup>. Jehova Nkulunkulu wami, ngakhala kuwe, wangiphilisa.

### **UKUBUYISELWA: NgokukaJohane (John) 4:24-26**

<sup>24</sup> UNkulunkulu unguMoya; abakhuleka kuye bafanele ukukhuleka ngomoya nangeqiniso.” <sup>25</sup>. Owesifazane wathi kuye: “Ngiyazi ukuthi uMesiya uyeza, othiwa uKristu; nxa esefikile yena, uyakusitshela konke.” <sup>26</sup>. UJesu wathi: “Nginguye mina engikhuluma nawe.”

## USUKU 91

### **THEMBA: UJoweli (Joel) 3:16**

<sup>16</sup> UJehova uyaduma eseSiyoni, ezwakalise izwi lakhe eseJerusalema; izulu nomhlaba kuyamazama, kepha uJehova uyisiphephelo sabantu bakhe, nenqaba yabantwana bakwa-Israyeli

### **UKUPHILISA: U-Isaya (Isaiah) 19:22**

<sup>22</sup>. UJehova uyakulishaya iGibithe, elishaya, abeseliphulukisa; bayakubuyela kuJehova, bamncenge, abaphulukise.

### **UKUBUYISELWA: UHoseya (Hosea) 14:4-7**

<sup>4</sup> “Ngiyakuphulukisa ukulehla kwabo, ngibathande ngesihle, ngokuba intukuthelo yami ibuyile kubo. <sup>5</sup>. Ngiyakuba njengamazolo ku-Israyeli; uyakukhahlela njengomnduze, enabise izimpande zakhe njengeLebanoni. <sup>6</sup>. Imixhantela yakhe iyakuxhantela, ubuhle bakhe bube njengomnqumo, iphunga lakhe libe njengeLebanoni. <sup>7</sup>. Bayakubuya, bahlale emthunzini wakhe, babuye baphile njengamabele, bakhahlele njengomvini, igama lakhe lodumo libe njengomvini waseLebanoni.

## USUKU 92

### **THEMBA: 2 KwabaseKorinte (2 Corinthians) 4:1**

<sup>1</sup> Ngakho lokhu sinale nkonzo, njengokuba sahawukelwa, asidangali,

### **UKUPHILISA: NgokukaJohane (John) 4:47**

<sup>47</sup>. Yathi ukuba izwe ukuthi uJesu ufikile eGalile evela eJudiya, yaya kuye, yamncenga ukuba ehle aphulukise indodana yayo, ngokuba yayisizakufa.

### **UKUBUYISELWA: U-Isaya (Isaiah) 1:25-26**

<sup>25</sup> Ngibuyisele isandla sami kuwe, ngicwengisise impela amanyela akho, ngisuse lonke ithini\* lakho, <sup>26</sup> ngibuyisele abahluleli bakho njengakuqala, nabeluleki bakho njengasekuqaleni, andukuba ubizwe ngokuthi uMuzi Wokulunga, uMuzi Othembekileyo.

## USUKU 93

### **THEMBA: UHabakuki (Habakkuk) 3:17-19**

<sup>17</sup>. Noma umkhiwane ungakhahleli, kungabikho izithelo emvinini, umsebenzi womnqumo uphuthe, amasimu angavezi ukudla, izimvu zinqunywe esibayeni, kungabikho nkomo ezibayeni, <sup>18</sup> nokho mina ngiyakuthokoza ngoJehova, ngijabulele uNkulunkulu wokusindiswa kwami. <sup>19</sup> UJehova, iNkosi yami, ungamandla ami, wenza izinyawo zami zibe njengezezindluzelekazi, angenze ukuba ngihambe ezindaweni zami eziphakemeyo. Kumholi wokuhlabelela. Ngogubhu.

### **UKUPHILISA: AmaHubo (Psalm) 119:92-93**

<sup>92</sup>. Uma umthetho wakho ubungesiyo intokozo yami, ngabe ngibhubhele ekuhluphekeni kwami. <sup>93</sup> Angiyikukhohlwa kuze kube phakade iziyalezo zakho, ngokuba unghiphilisile ngazo.

### **UKUBUYISELWA: UJobe (Job) 8:6**

<sup>6</sup>. Uma uhlambulukile, futhi ulungile, khona yena uyakuvuka ngenxa yakho, aphumelelise ikhaya lokulunga kwakho.

## USUKU 94

### **THEMBA: KuThimoThewu (1 Timothy) 1:1**

<sup>1</sup> UPawulu, umphostoli kaKristu Jesu ngomyalo kaNkulunkulu uMsindisi wethu noKristu Jesu ithemba lethu,

## UKUPHILISA: Izenzo (Acts) 9:40-41

40. Kepha uPetru wabakhipha bonke, waguqa ngamadolo, wakhuleka, waphendukela esidunjini, wathi: “Thabitha, vuka!” Wayesevula amehlo akhe, wabona uPetru, walulama. 41. Yena wambamba ngesandla, wamsukumisa. Wayesebiza abangcwele nabafelokazi, wambeka phambi kwabo ephilile.

## UKUBUYISELWA: KumaHeberu (Hebrews) 1:1-5

<sup>1</sup> UNkulunkulu esekhulumile endulo kokhokho ngabaprofethi ngamathuba amaningi nangezindlela eziningi, <sup>2</sup> ekugcineni kwale mihla ukhulume kithina ngeNdodana ayimise ibe yindlalifa yakho konke, owadala ngayo futhi izwe. <sup>3</sup> Yona ethi ingukumenyezela kwenkazimulo yakhe, ifuze yena uqobo, iphasa konke ngezwi lamandla ayo, isiyenzile ukuhlanzwa kwezono, yahlala ngakwesokunene soMkhulu kweliphezulu, <sup>4</sup> seyaba nkulu kunezingelosi, njengalokhu igama eliyifa layo likhulu kunelazo. <sup>5</sup> Ngokuba yiyiphi yezingelosi ake asho kuyo ukuthi: “UyiNdodana yami wena, namuhla ngikuzele,” na? Nokuthi: “Ngiyakuba nguYise kuyona, yona ibe yiNdodana kimina,” na?

## USUKU 95

## THEMBA: Izenzo (Acts) 23:6

6. Kepha kwathi uPawulu azi ukuthi enye inxenye yabo ingabaSadusi nenye ingabaFarisi, wamemeza emphakathini, wathi: “Madoda, bazalwane, ngingumFarisi mina, ngiyindodana yabaFarisi; ngimangalelwa ngethemba nangokuvuka kwabafuleyo.”

## UKUPHILISA: AmaHubo (Psalm) 34:20

20. Uyawagcina onke amathambo akhe; alaphulwa nelilodwa kuwo.

## UKUBUYISELWA: U\_Isaya (Isaiah) 11:6-9

<sup>6</sup> Impisi iyakuhlala newundlu, ingwe ibuthise ndawonye nezinyane lembuzi, ithole nebhongo lengonyama kukhuluphaliswe kanyekanye, nomntwana omncane uyakukuqhuba. <sup>7</sup> Inkomo nebhere\* kuyakuklaba, amazinyane akho abuthise ndawonye, ingonyama idle utshani njengenkabi. <sup>8</sup> Umntwana oncelayo uyakudlala ngasemgodini webululu, olunyuliweyo elulele isandla sakhe esiseleni sikamantshingeyana. <sup>9</sup> Abayikwenza okubi, bangachithi entabeni yonke yami engcwele, ngokuba umhlaba uyakugcwala ukumazi uJehova njengamanzi asibekela ulwandle.

## USUKU 96

### **THEMBA: Izaga (Proverbs) 14:32**

<sup>32</sup>. Omubi uwiswa phansi ngobubi bakhe, kepha olungileyo unethemba ekufeni kwakhe.

### **UKUPHILISA: NgokukaMathewu (Matthew) 15:29-31**

<sup>29</sup>. Wasuka lapho uJesu, wafika ngaselwandle lwaseGalile, wenyukela entabeni, wahlala phansi khona. <sup>30</sup>. Kwase kusondela kuye izixuku eziningi zinezinyonga, nezimpumputhe, nezimungulu, nezilima, nabanye abaningi, zababeka ngasezinyaweni zakhe; wabaphulukisa, <sup>31</sup>. baze bamangala abantu bebona izimungulu zikhuluma, izilima zisindile, izinyonga zihamba, izimpumputhe zibona; bamdumisa uNkulunkulu ka-Israyeli.

### **UKUBUYISELWA: AmaHubo (Psalm) 45:10-15**

<sup>10</sup>. Mawuzwe-ke, ndodakazi, uqaphele, ubeke indlebe yakho, ukhohlwe isizwe sakini nendlu kayihlo, <sup>11</sup>. yikhona inkosi izakubuthanda ubuhle bakho, ngokuba yona iyinkosi yakho, woyikhothamela. <sup>12</sup>. Indodakazi yaseTire, yebo, nabacebileyo babantu bancenga umusa wakho ngesipho. <sup>13</sup>. Indodakazi yenkosi inhle kakhulu, ilapho phakathi; ingubo yayo yalukiwe ngegolide. <sup>14</sup>. Iyiswa enkosini igqoke izingubo ezifekethisiweyo; izintombi ezingabangane bayo ziyayilandela; ziyiswa kuwe. <sup>15</sup>. Ziyiswa ngokujabula nangokwethaba, zingena endlini yenkosi.

## USUKU 97

### **THEMBA: 1 KwabaseThesalonika (1 Thessalonians) 4:13**

<sup>13</sup>. Kepha asithandi, bazalwane, ukuba ningabi nakwazi ngabalalayo, ukuze ningadabuki njengabanye abangenalo ithemba.

### **UKUPHILISA: NgokukaMathewu (Matthew) 28:6-7**

<sup>6</sup>. Kakho lapha, ngokuba uvukile njengokusho kwakhe; zanini nibone indawo lapho ebelele khona. <sup>7</sup>. Hambani masinyane, nitshela abafundi bakhe ukuthi uvukile kwabafuleyo; bhekani, uyanandulela ukuya eGalile, nizakumbona khona. Bhekani, nginitshelile.”

### **UKUBUYISELWA: U-Ezra (Ezra) 3:1-5**

<sup>1</sup> Lapho isisondela inyanga yesikhombisa, abantwana bakwa-Israyeli besemizini, abantu babuthana eJerusalema njengomuntu munye. <sup>2</sup> Kwase kusuka uJeshuwa indodana kaJosadaki, nabafowabo abapristi, noZerubabele indodana kaSheyalitiyeli, nabafowabo, bakha i-altare likaNkulunkulu ka-Israyeli ukuba banikele ngeminikelo yokushiswa phezu kwalo njengokulotshiweyo emthethweni kaMose umuntu

kaNkulunkulu. <sup>3</sup> Balimisa i-altare endaweni yalo, ngokuba babe novalo ngenxa yabantu balawo mazwe, banikela ngeminikelo yokushiswa kuJehova phezu kwalo, yebo, iminikelo yokushiswa ekuseni nakusihlwa. <sup>4</sup> Bagcina umkhosi wamadokodo njengokulotshiweyo, banikela ngeminikelo yokushiswa imihla ngemihla ngomumo njengokomthetho nanjengokwesiyalezo sezinsuku ngezinsuku, <sup>5</sup> nangasemuva umnikelo oshiswa imihla yonke, neyokwethwasa kwenyanga, neyemikhosi yonke emisiweyo kaJehova eyayingcwelisiwe, neyabo bonke abanikela ngenhliziyo ngeminikelo yesihle kuJehova.

## USUKU 98

### **THEMBA: AmaHubo (Psalm) 94: 18-19**

<sup>18</sup>. Lapho ngithe unyawo lwami luyashelela, umusa wakho, Jehova, wangiphasa.<sup>19</sup> Kubo ubuninginingi bemicabango yenhliziyo yami ukududuza kwakho kwathokozisa umphefumulo wami.

### **UKUPHILISA: Izenzo (Acts) 9:17-18**

<sup>17</sup> Khona wahamba u-Ananiya, wangena endlini, wabeka izandla phezu kwakhe, wathi: “Sawulu umzalwane, iNkosi uJesu eyabonakala kuwe endleleni oze ngayo, ingithumile ukuba ubuye ubone, ugcwaliswe ngoMoya oNgcwele.” <sup>18</sup>. Kwawa masinyane emehlweni akhe kwangathi inkwethu, wabona, wasukuma, wabhathizwa;

### **UKUBUYISELWA: U-Amose (Amos) 9:11-12**

<sup>11</sup> “Ngalolo suku ngiyakumisa idokodo likaDavide eliwileyo, ngivale imifantu yalo; ngiyakumisa izihlephu zalo, ngilakhe njengasezinsukwini zasendulo, <sup>12</sup>. ukuze badle ifa lensali yakwa-Edomi nelezizwe zonke ezabizwa ngegama lami,” usho uJehova okwenza lokhu.

## USUKU 99

### **THEMBA: KwabaseKolose (Colossians) 1:27**

<sup>27</sup>. Okubona uNkulunkulu athanda ukubazisa ukuthi iyini ingcebo yenkazimulo yaleyo mfihlakalo phakathi kwabezizwe, enguKristu phakathi kwenu, ithemba lenkazimulo;

### **UKUPHILISA: AmaHubo (Psalm) 6:3-4**

<sup>3</sup>. Nomphefumulo wami uyathuthumela, kepha wena Jehova, koze kube nini na? <sup>4</sup> Buya, Jehova, ukhulule umphefumulo wami, ungisindise ngenxa yesihawu sakho.

## UKUBUYISELWA: AmaHubo (Psalm) 86:4-7

<sup>4</sup> Thokozisa umphefumulo wenceku yakho, ngokuba kuwena, Nkosi, ngiyawuphakamisela umphefumulo wami. <sup>5</sup> Ngokuba wena, Nkosi, umuhle, ungothethelelayo, unomusa omkhulu kubo bonke abakhala kuwe. <sup>6</sup> Jehova, beka indlebe ekukhulekeni kwami, ulalele izwi lokunxusa kwami. <sup>7</sup> Ngosuku losizi lwami ngikhala kuwe, ngokuba uzakungiphendula.

## USUKU 100

### THEMBA: U-Isaya (Isaiah) 55:10-11

<sup>10</sup> Ngokuba njengokwehla kwemvula neqhwa ezulwini, kungabuyeli khona, kepha kuwunethisa umhlaba, kuwenze ukuba uthele, uhlume, unike ohlwanyelayo inhlwanyelo nodlayo isinkwa, <sup>11</sup> liyakuba njalo izwi lami eliphuma emlonyeni wami: aliyikubuyela ze kimi, lingakafezi lokhu engikufunayo, liphumelele kulokhu engilithumele kukho.

### UKUPHILISA: NgokukaMathewu (Matthew) 14:34-35

<sup>34</sup> Sebewelile bafika ezweni laseGenesaretha. <sup>35</sup> Athi ukumazi amadoda aleyo ndawo, athuma izigijimi kulo lonke izwe langakhona; baletha kuye bonke abagulayo.

### UKUBUYISELWA: UJoshuwa (Joshua) 21:43-45

<sup>43</sup> UJehova wamnika-ke u-Israyeli lonke izwe afunga ukubanika lona oyise, balidla, bakha kulo. <sup>44</sup> UJehova wabanika ukuphumula nxazonke njengakho konke ayekufungile koyise; kwakungekho muntu kuzo zonke izitha zabo owema phambi kwabo; uJehova wanikela zonke izitha zabo esandleni sabo. <sup>45</sup> Akuphuthanga lutho kukho konke okuhle uJehova akukhuluma khona kuyo indlu ka-Israyeli; kwenziwa konke.