



# **UMKHANKASO WOKUPHILISWA KWESIZWE**

## **IZIBHALO EZINGCWELE**

Izibhalo ezingcwele ezithathwe kucwecwe lomthandazo weNkqubo  
Yokuphiliswa Kwesizwe ebhalwe ngu Linda Gobodo

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## Usuku 1

### **Ithemba: uHoseya 2:15**

<sup>15</sup>Ndomnika izidiliya zakhe, zithabathele khona, nentili yeAkore ibe lisango lethemba, aphenidule khona njengeemini zobuncinane bakhe, nanjengemini yokunyuka kwakhe, ephuma ezweni laseYiputa.

### **Impiliso: uMalaki 4:2**

<sup>2</sup>Ke kuni, nina baloyikayo igama lam, ilanga lobulungisa liya kuphuma, linophiliso emaphikweni alo. Niya kuphuma nidlobe, njengamankonyana asesitalini, nibaxovule abangendawo.

### **Imbuyekezo: uHezekile 36:25-28**

<sup>25</sup>Ndiya kunitshiza ngamanzi amhlophe, nihlambuluke; ndinihlambulule kubunqambi benu bonke, nakwizigodo zenu zonke. <sup>26</sup>Ndoninika intliziyo entsha, ndininike umoya omtsha ngaphakathi kwenu; ndiyisuse intliziyo elilitye enyameni yenu, ndininike intliziyo eyinyama. <sup>27</sup>Ndofaka uMoya wam ngaphakathi kwenu, ndinenze nihambe ngemimiselo yam, niwagcine amasiko am, niwenze; <sup>28</sup>niya kuhlala ezweni endalinika ooyihlo; nibe ngabantu bam, mna ndibe nguThixo wenu.

## Usuku 2

### **Ithemba: lindumiso 126:1-3**

<sup>1</sup>Ekubabuyiseni kukaYehova ababuyayo baseZiyon, Saba njengabaphuphayo; <sup>2</sup>Waza wazala kukuhleka umlomo wethu, Lwazala kukumemelela ulwimi lwethu. Baza bathi phakathi kweentlanga, UYehova ubenzele izinto ezinkulu aba. <sup>3</sup>UYehova usenzele izinto ezinkulu, Saba ngabavuyayo.

### **Impiliso: uLuka 10:8-9**

<sup>8</sup>Emzini ke enisukuba ningena kuwo, banamkele, yidlani izinto abazibeka phambi kwenu; <sup>9</sup>niyiphilise imilwelwe ekhona, nithi kubo, Busondele kuni ubukumkani bukaThixo.

### **Imbuyekezo: uYobhi 22:27-30**

<sup>27</sup>Wothandaza kuye, eve, Uzizalise izibhambathiso zakho; <sup>28</sup>Usongele into, ifezeke kuwe; Ezindleleni zakho kukhanye, kube mhlophe. <sup>29</sup>Xa zithe zehla, wothi, Phezulu! Amsindise omehlo aqondele phantsi. <sup>30</sup>Uya kusindisa nongemsulwa, Asizwe bubunyulu bezandla zakho.

## Usuku 3

### **Ithemba: Izililo 3:26**

<sup>26</sup>Kulungile ukuba umntu alulindele, ethe cwaka, usindiso lukaYehova.

### **Impiliso: uYeremiya 32:27**

<sup>27</sup>Yabona, ndinguYehova, uThixo wenyama yonke; kukho nto indinqabeleyo na?

### **Imbuyekezo: uRute 4:15**

<sup>15</sup>abe ngumbuyisi womphefumlo kuwe, nomnqaki wezimvi zakho; ngokuba umolokazana wakho okuthandayo, lowo ulungileyo kuwe ngaphezu koonyana abasixhenxe, úmzele.

## Usuku 4

### **Ithemba: KwabaseRoma 12:12**

<sup>12</sup>mayela neNkosi le, khonzani; mayela nethemba, vuyani; mayela nemandezelo, nyamezelani; mayela nomthandazo, zingisani;

### **Impiliso: uYeremiya 17:14**

<sup>14</sup>Ndiphilise, Yehova, ndiphile; ndisindise, ndisinde; ngokuba indumiso yam nguwe.

### **Imbuyekezo: uYohane 14:13-14**

<sup>13</sup>Nento enithe nayicela egameni lam, ndoyenza yona, ukuze uYise azukiswe ngoNyana. <sup>14</sup>Ukuba nithe nacela into ngegama lam, ndoyenza mna.

## Usuku 5

### **Ithemba: kwabaseRoma 15:13**

<sup>13</sup>Wanga ke uThixo wethemba elo anganizalisa ngalo lonke uvuyo noxolo ekukholweni, ukuze niphuphume ithemba ngamandla oMoya oyiNgcwele.

### **Impiliso: ekaYakobi 5:16**

<sup>16</sup>Xelelanani iziphoso, nithandazelane, ukuze niphilise. Sinamandla kakhulu isikhungo selungisa, siyeyisa.

## **Imbuyekezo: uYeremiya 33:9**

<sup>9</sup>Lo mzi uya kuba ligama lemihlali kum, indumiso nesihombo kwiintlanga zonke zehlabathi, eziya kukuva konke okulungileyo endikwenzayo kuwo, zinkwantye, zigungqe ngenxa yokulunga konke, nangenxa yoxolo lonke, endiwenzela lona.

## **Usuku 6**

### **Ithemba: uYeremiya 29:11**

<sup>11</sup>Ngokuba ndiyazazi iingcinga endizicingayo ngani, utsho uYehova: iingcinga zoxolo, ezingezizo ezobubi; ukuba ndininikè ikamva nethemba.

### **Impiliso: 1 kaPetrose 2:24**

<sup>24</sup>owathi ngokwakhe, izono zethu wazithwala ngomzimba wakhe emthini, ukuze sithi, sifile ngakwizono, siphilele ebulungiseni; omivumbo yakhe naphiliswa ngayo.

### **Imbuyekezo: ulsaya 41:10**

<sup>10</sup>musa ukoyika, kuba ndinawe mna; musa ukubhekabheka, kuba ndinguthixo wakho; ndikukhaliphisile, ewe, ndikuncedile, ndikuxhasile ngesandla sam sokunene sobulungisa bam.

## **Usuku 7**

### **Ithemba: 1 kwabaseTesalonika 2:19**

<sup>19</sup>Kuba liyintoni na ithemba lethu, novuyo lwethu, nesithsaba sethu soqhayiso? Asinini aba na, phambi kweNkosi yethu uYesu Kristu ekufikeni kwayo? <sup>20</sup>Inene, nini uzuko novuyo lwethu.

### **Impiliso: ulsaya 53:5**

<sup>5</sup>Kanti yena uhlatywe ngenxa yezikreko zethu, watyunyuzwa ngenxa yezenzo zethu ezigwenxa; ubetho lokuba sibe noxolo thina lube luphezu kwakhe; siphilisé ngemivumbo yakhe.

### **Imbuyekezo: uYeremiya 31:18-19**

<sup>18</sup>Ndimvile ngenene uEfrayim, ehlukuzela intloko, esithi, Ûndiqeqeshile ndaqeqesheka njengethole elingekathambi; ndibuyise, ndibuye; ngokuba wena, Yehova, unguThixo wam. <sup>19</sup>Ngokuba emva kokukutshikilela kwam ndazohlwaya, emva kokwaziswa kwam ndabetha ethangeni lam; ndadana, ndeva ihlazo, ngokuba ndithwele isingcikivo sobuncinane bam.

## Usuku 8

### **Ithemba: iDuteronomi 31:6**

<sup>6</sup>Yomelelani nikhali phe: musani ukoyika, musani ukungcangcazela ebusweni bazo. Ngokuba nguYehova uThixo wakho ohamba nawe; akayi kukuyekela, akayi kukushiya.

### **Impiliso: uMateyu 8:1-4**

<sup>1</sup>Ke kaloku, akuhla entabeni apho, walandelwa ngabantu abaninzi. <sup>2</sup>Nanko kusiza oneqhenqa, waqubuda kuye, esithi, Nkosi, ukuba uyathanda, unako ukundihlambulula. <sup>3</sup>Wasolula isandla uYesu, wamchukumisa, esithi, Ndiyathanda, hlambuluka. Lahlambuluka kwaoko iqhenqa lakhe. <sup>4</sup>Athi uYesu kuye, Lumka angaxeleli bani; hamba uye kuzibonisa kumbingeleli, usondeze umnikelo awamisa wona uMoses, ube bubungqina kubo.

### **Imbuyekezo: iDuteronomi 30:3-5**

<sup>3</sup>wókubuyisa ke uYehova uThixo wakho ukuthinjwa kwakho, abe nemfesane kuwe, abuye akubuthe ezizweni zonke abekuphangalalisele kuzo uYehova uThixo wakho. <sup>4</sup>Ukuba ùthe wagxothelwa esiphelweni sezulu, wókubutha nakhona apho uYehova uThixo wakho; wókuphuthuma nakhona apho. <sup>5</sup>Wókuzisa uYehova uThixo wakho kulo ilizwe ababelihluthile ooyihlo, ulimé, akwenzele okulungileyo, akwandise ngaphezu kooyihlo.

## Usuku 9

### **Ithemba: utsalwa 40:31**

<sup>31</sup>ke bona abathembele kuYehova baya kuhlaziyeka emandleni; banyuke ngamaphiko njengeenkozi. Baya kugidima bangadinwa, bahambe bangatyhafi.

### **Impiliso: lindumiso 103:2-4**

<sup>2</sup>Mbonge uYehova, mphefumlo wam, Ungayilibali yonke impatho yakhe entle:  
<sup>3</sup> Uloxo lela bonke ubugwenxa bakho; Ulophilisa zonke izifo zakho;  
<sup>4</sup>Ulokhlulula ubomi bakho esihogweni, Akuthi jize ngenceba nemfesane;

### **Imbuyekezo: uYohane 10:10**

<sup>10</sup>Isela alizi lingazele ukuze libe, lixhele, litshabalalise. Mna ndizele ukuze babe nobomi, babe nabo ke ngokugqithiseleyo.

## Usuku 10

### **Ithemba: 1 kwabaseKorinte 13:6-7**

<sup>6</sup> alucaphuki; alunanzondo; aluvuyeli kungalungisi; luvuyisana nenyano. <sup>7</sup> Luthwala iinto zonke; lukholwa ziinto zonke; luthemba iinto zonke; lunyamezela iinto zonke.

### **Impiliso: ekaYakobi 5:14**

<sup>14</sup>Kukho mntu na ufayo phakathi kwenu? Makabizele kuye amadoda amakhulu alo ibandla, athandaze wona phezu kwakhe, akuba emthambisile ngeoli, egameni leNkosi;

### **Imbuyekezo: uYeremiya 32:14-15**

<sup>14</sup> Utsho uYehova wemikhosi, uThixo kaSirayeli, ukuthi, Thabatha ezi ncwadi, incwadi yentengo le itywiniweyo, nencwadi le ivulekileyo, uzibeke esityeni somdongwe, ukuze zihlale imihla emininzi. <sup>15</sup> Ngokuba utsho uYehova wemikhosi, uThixo kaSirayeli, ukuthi, Kuya kubuya kuthengwe izindlu, namasimi, nezidiliya, kweli lizwe.

## Usuku 11

### **Ithemba: lindumiso 39:7**

<sup>7</sup>Ngoku ndiya kuthembela kwintoni na, Nkosi yam? Ukulinda kwam kukuwe.

### **Impiliso: uMateyu 9:4-8**

<sup>4</sup> UYesu, ezibona iingcingane zabo, wathi, Yini na ukuba nicinge izinto ezikhohlakeleyo ezintliziyweni zenu? <sup>5</sup> Kuba okukhona kulula kukuphi na, kukho ukuthi, Zixolelwe izono zakho; kukho nokuthi, Vuka uhambe? <sup>6</sup> Kodwa ukuze nazi ukuba unalolo igunya emhlabeni uNyana woMntu lokuxolela izono (selesithi konedumbe), Vuka, uthabathe ukhuko lwakho, uye endlwini yakho. <sup>7</sup> Wavuka ke, wemka waya endlwini yakhe. <sup>8</sup> Zikubonile ke oko izihlwele, zamangaliswa, zamzukisa uThixo, obanike abantu igunya elingaka.

### **Imbuyekezo: lindumiso 71:20-21**

<sup>20</sup> Wena, usibonisileyo iimbandezelo ezininzi ezinobubi, Ûya kubuya usiphilise, Ubuye usirhole ezinzonzobileni zamanzi ehlabathi; <sup>21</sup> Ûya kubandisa ubukhulu bam, Ubuye wena undithuthuzele.

## Usuku 12

### **Ithemba: uMarko 9:22-24**

<sup>22</sup> úmphose futhi emlilweni, kwanasemanzini, ukuba umtshabalalise; ukuba ùnako ukwenza into, sisize, usikwe yimfesane sithi. <sup>23</sup> Wathi ke uYesu kuye, Ewe, ukuba unokukholwa! Zonke izinto zinokwenzeka kuye okholwayo. <sup>24</sup> Wakhala kwaoko uyise womntwana lowo, wathi eneenyembezi, Ndiyakholwa, Nkosi; síza, ususe ukungakholwa kwam.

### **Impiliso: 3 kaYohane 1:2**

<sup>2</sup> Ntanda, ndinga ungáthi ngezinto zonke usikeleleke uphile, njengokuba usikelelekile umphefumlo wakho.

### **Imbuyekezo: uYeremiya 30:1-3**

<sup>1</sup> Ilizwi elafikayo kuYeremiya, livela kuYehova, lalisithi, <sup>2</sup> Utsho uYehova, uThixo wakwaSirayeli, ukuthi, Wabhale encwadini onke amazwi endiwathethileyo kuwe; <sup>3</sup> ngokuba, uyabona, kuza imihla, utsho uYehova, endiya kukubuyisa ukuthinjwa kwabantu bam amaSirayeli namaYuda, utsho uYehova; ndibabuyisele ezweni endalinika ooyise, ukuba balime.

## Usuku 13

### **Ithemba: Imizekeliso 10:24**

<sup>24</sup> Into anxunguphala yiyo ongendawo, yiyo emfikelayo; Akunqwenelayo amalungisa aya kunikwa.

### **Impiliso: lindumiso 73:26**

<sup>26</sup> Ingáphela inyama yam nentliziyo yam: Iliwa lentliziyo yam, nesabelo sam, nguThixo ngonaphakade.

### **Imbuyekezo: KwabaseFilipi 4:19**

<sup>19</sup> uThixo wam wókwenzelelela konke ukuswela kwenu ngokobutyebi bakhe, ngokozuko olukuKristu Yesu.

## Usuku 14

### **Ithemba: Imizekeliso 23:18**

<sup>18</sup>Inene, kukho ikamva, Nethemba lakho aliyi kunqunyulwa.

### **Impiliso: lindumiso 147:3**

<sup>3</sup>Ulophilisa abaphuke intliziyo, Abophe amanxeba abo;

## **Imbuyekezo: uYoweli 2:25-26**

<sup>25</sup> Ndonibuyiselela okweminyaka eyadliwa yinkumbi, nangumkhothululi, nangumqikela, nangumnqunquthi, impi yam enkulu endayithumelayo phakathi kwenu. <sup>26</sup> Niya kudla nidlile, nihluthe, nilidumise igama likaYehova uThixo wenu, oniphethe ngokubalulekileyo; bangadani abantu bam naphakade;

## **Usuku 15**

### **Ithemba: KwabaseRoma 8:24-25**

<sup>24</sup> Kuba sasindiselwa ethembeni; ke ithemba elise libonwa asithemba; kuba oko akubonayo umntu, angaba usakuthembeleni na? <sup>25</sup> Ukuba ke sithembe ukuzuza oko singakuboniyo, sikulinda kakhulu, sinomonde.

### **Impiliso: uMateyu 10:1**

<sup>1</sup>Waza wababizela kuye abafundi bakhe abalishumi elinababini, wabanika igunya koomoya abangcolileyo, ukuze babakhuphe, nelokuphilisa izifo nezikhuhlane zonke.

### **Imbuyekezo: lindumiso 51:12**

<sup>12</sup>Buyisela kum imihlali yosindiso lwakho, Undixhase ngomoya wentumekelelo.

## **Usuku 16**

### **Ithemba: uYeremiya 17:7**

<sup>7</sup>Isikelelwe indoda ekholose ngoYehova, enkoloseko ikuYehova;

### **Impiliso: Imizekeliso 17:22**

<sup>22</sup>Intliziyo evuyileyo iyalungisa, ichachise; Umoya odakumbileyo uyawomisa amathambo.

### **Imbuyekezo: uZekariya 1:17**

<sup>17</sup>Buya umemeze, uthi, Utsho uYehova wemikhosi ukuthi, Imizi yam isaya kuphalala okulungileyo; uYehova usaya kuyithuzela iZiyon, ayinyule iYerusalem.



## Usuku 17

### **Ithemba: Imizekeliso 10:28**

<sup>28</sup> Ukulinda kwamalungisa luvuyo; Ithemba labangendawo liyadaka.

### **Impiliso: uMateyu 10:8**

<sup>8</sup> Philisani imilwelwe, hlambululani abaneqhenqa, vusani abafileyo, khuphani iidemon; namkéle ngesisa, yiphani ngesisa.

### **Imbuyekezo: Izenzo 3:19-21**

<sup>19</sup> Guqukani ke ngoko, nibuye, ukuze zicinywe izono zenu; ngokokuze afike amathuba okuphumza, evela ebusweni beNkosi; <sup>20</sup> ithùme uYesu Kristu, owayevakalisiwe kuni ngenxa engaphambili; <sup>21</sup> lowo kumele okunene ukuba amazulu amamkele, kude kufike amaxesha okubuyiswa kweento zonke, awawathethayo uThixo ngomlomo wabo bonke abaprofeti bakhe abangcwele, kususela kunaphakade.

## Usuku 18

### **Ithemba: lindumiso 71:14**

<sup>14</sup>Ke mna ndiya kuhlala ndilindile, Ndongeze endumisweni yakho yonke.

### **Impiliso: iDuteronomi 7:15**

<sup>15</sup> UYehova wósusa zonke izifo kuwe; nobulwelwe bonke obubi baseYiputa, obo ubaziyo, akayi kububeka kuwe; úya kububeka kubo bonke abakuthiyayo.

### **Imbuyekezo: uYobhi 42:10**

<sup>10</sup>UYehova wakubuyisa ukuthinjwa kukaYobhi, akubon' ukuba ubathandazele oowabo. Wakongeza uYehova konke awayenako uYobhi, kwada kwaphindwa kabini.

## Usuku 19

### **Ithemba: Imizekeliso 13:12**

<sup>12</sup> Ukulindela okubanjezelweyo kubulala intliziyo; Úngumthi wobomi umnqweno ofezekileyo.

### **Impiliso: uYeremiya 30:17**

<sup>17</sup> Ngokuba ndiya kukubopha, ndiyipholise imivumbo yakho, utsho uYehova; ngokokuba bathi ùnguGxothiwe, ùyiZiyon engakhathalelwe bani.

## Imbuyekezo: 1 kaYohane 5:4

<sup>4</sup> Ngokuba konke okuzelweyo nguThixo kuyaleyisa ihlabathi; lulo ke olu uloyiso oluleyisayo ihlabathi, ukholo lwethu.

## Usuku 20

### Ithemba: KumaHebhere 11:1

<sup>1</sup> Ukholo ke kukukholosa ngezinto ezithenjiweyo; kukweyiseka bubukho bezinto ezingabonwayo.

### Impiliso: Izenzo 4:30

<sup>30</sup> ekusoluleni isandla sakho ukuba uphilise, nokuba kubekho imiqondiso nezimanga ngegama loMkhonzi wakho oyingcwele, uYesu.

### Imbuyekezo: uMarko 11:24

<sup>24</sup> Ngenxa yoko ndithi kuni izinto enisukuba nizicela, nithandaza, kholwani ukuba ninokuzamkela; nòba nazo.

## Usuku 21

### Ithemba: 1 kaPetros 3:15

<sup>15</sup> INkosi ke uThixo yingcwaliseni ezintliziyweni zenu, nihlale ke nikulungele ukuziphendulela kumntu wonke obuzayo kuni ilizwi, ngalo ithemba elingaphakathi kwenu, ninobulali noloyiko;

### Impiliso: uYeremiya 33:6

<sup>6</sup> ukuthi, Yabona, ndiwubopha ngezinto ezibotshwayo, eziphilisayo, ndibaphilise, ndibatyhilele ukuphuphuma koxolo nenyano.

### Imbuyekezo: Isityhilelo 21:1-5

<sup>1</sup> Ndabona izulu elitsha, nomhlaba omtsha; kuba elokuqala izulu nowokuqala umhlaba udlule, nolwandle alusekho. <sup>2</sup> Ndaza mna, Yohane, ndawubona umzi ongcwele, iYerusalem entsha, usihla uvela kuThixo, uphuma emazulwini, ulungisiwe njengomtshakazi ehonjiselwe indoda yakhe. <sup>3</sup> Ndeva izwi elikhulu liphuma emazulwini, lisithi: Yabona, umnquba lo kaThixo unabantu; Uya kuhlala nabo emnqubeni, Bona babe ngabantu bakhe, Yena uThixo abe nabo, enguThixo wabo; <sup>4</sup> Azisule uThixo zonke iinyembezi emehlweni abo, Kungabi sabakho kufa, Kungabi sabakho nasijwili, nakukhala, nantlungu; Ngokuba izinto zokuqala zigqithile. <sup>5</sup> Waza lowo uhleli phezu kwetrone wathi, Uyabona, izinto zonke ndizenza ntsha. Athi kum, Bhala; ngokuba lawo ngamazwi ayinyano, athembekileyo.

## Usuku 22

### **Ithemba: KumaHebhere 11:10-11**

<sup>10</sup> kuba wayewulindele umzi lo uneziseko, ungcibi, umbangi wawo, inguThixo.

<sup>11</sup> Ngokholo noSara ngokwakhe wamkela amandla okumisa umzi, waza wazala, liseligqithile ixesha lokuba amithe, ekubeni wambalela ekuthini uthembekile lowo wabekayo ngedinga.

### **Impiliso: Imizekeliso 4:20-22**

<sup>20</sup> Nyana wam, wabazele indlebe amazwi am; Intetho yam yithobele indlebe yakho. <sup>21</sup> Mayingemki emehlweni akho; Yigcine entliziyweni yakho ngaphakathi. <sup>22</sup> Kuba ibubomi kwabayifumanayo, nempiliso enyameni yabo yonke.

### **Imbuyekezo: 1 kaPetros 5:10**

<sup>10</sup>Ke kaloku uThixo walo lonke ubabalo, owasibizelayo eluzukweni lwakhe olungunaphakade, sikuKristu Yesu, wanga angathi ngokwakhe, nákuba nivé ubunzima umzuzwana, anilungise nigqibelele, anizimase, anomeleze, anisekele.

## Usuku 23

### **Ithemba: uYobhi 14:7-9**

<sup>7</sup> Kuba kukho ithemba emthini; Ukuba uthe wagawulwa, wóbuya uhlume, Igatya lawo lingapheli. <sup>8</sup> Ukuba ithe yaba ndala ingcambu yawo emhlabeni, Safa isibili sawo eluthulini: <sup>9</sup> Ngevumba lamanzi wódubula, Wenze amasebe njengesithodlana.

### **Impiliso: KwabaseFilipi 4:6-7**

<sup>6</sup> INkosi ikufuphi. Ningaxhaleli nto; mazithi iingcelo zenu ezintweni zonke, ngako ukuthandaza nokukhunga, ndawonye nokubulela, zaziswe kuye uThixo. <sup>7</sup> Lwaye uxolo lukaThixo, olugqithisele kuko konke ukuqonda, luya kuzigcina iintliziyo zenu neengqiqo zenu kuKristu Yesu.

### **Imbuyekezo: uZekariya 9:12**

<sup>12</sup> Buyelani enqabeni, babanjwandini banethemba; nanamhla ndiyaxela, ndithi, Ndiya kukubuyisela ngokuphindiweyo.

## Usuku 24

### **Ithemba: lindumiso 71:5-6**

<sup>5</sup> Ngokuba ulithemba lam, Nkosi yam, Yehova, Inkoloseko yam kwasebuncinaneni bam. <sup>6</sup> Ndixhaswé nguwe kwasesizalweni; Nguwe owandityhobozisayo ezibilinini zikama. Indumiso yam ingawe ngamaxesha onke.

### **Impiliso: ulsaya 58:8**

<sup>8</sup> Kuya kwandula ke ukukhanya kwakho kuthi qhiphu njengokusa, kuhlume kamsinya ukupholiswa kwakho, buhambe phambi kwakho ubulungisa bakho, buqoshelise emva kwakho ubuqaqawuli bukaYehova.

### **Imbuyekezo: ulsaya 42:1-4**

<sup>1</sup> Mboneni ke umkhonzi wam endimxhasayo; umnyulwa wam, okholwa nguye umphefumlo wam. Ndibeke uMoya wam phezu kwakhe; uya kukuphumelelisa okusesikweni ezintlangeni. <sup>2</sup> Akayi kunkqangaza, aliphakamise, alivakalise ezitratweni ilizwi lakhe. <sup>3</sup> Ingcongolo evikivekileyo akayi kuyaphula, umsondo oqhumayo akayi kuwucima; uya kukuphumelelisa okusesikweni ngokwenyaniso. <sup>4</sup> Akayi kuba nakucinywa, akayi kuvikiveka, ade akumise okusesikweni ehlabathini, zilindele isiyalo sakhe iziqithi.

## Usuku 25

### **Ithemba: lindumiso 43:5**

<sup>5</sup> Kungani na ukuba usibekeke, mphefumlo wam? Kungani na ukuba ugule ngaphakathi kwam? Lindela kuThixo, ngokuba ndisaya kubuya ndibulele kuye, Olusindiso lobuso bam, noThixo wam.

### **Impiliso: uHoseya 6:1**

<sup>1</sup> Yizani sibuyele kuYehova; kuba eqwengile, wosiphilsa; uxabele, wosibopha.

### **Imbuyekezo: 2 uSamuweli 9:7-9**

<sup>7</sup> Wathi uDavide kuye, Musa ukoyika; ngokuba ndiya kukwenzela inceba ngenene, ngenxa kaYonatan uyihlo, ndikubuyisele onke amasimi kaSawule uyihlo; wena udle isonka etafileni yam ngamaxesha onke. <sup>8</sup> Waqubuda, wathi, Umkhonzi wakho uyintoni na, ukuba uyibheke inja efileyo, enjengam nje? <sup>9</sup> Ukumkani wabiza uTsibha, umfana wakwaSawule, wathi kuye, Yonke into ebiyekaSawule, neyendlu yakhe yonke, ndiyiniké unyana wenkosi yakho.

## Usuku 26

### **Ithemba: ulsaya 54:17**

<sup>17</sup> Zonke izixhobo ezikhandelwa ukulwa nawe aziyi kuba nampumelelo; zonke iilwimi ezimelene nawe ematyaleni ùya kuzigweba. Lilo eli ilifa labakhonzi bakaYehova, nobulungisa babo obuphuma kum; utsho uYehova.

### **Impiliso: Isityhilelo 22:2**

<sup>2</sup> Phakathi kwesitrato sawo, ngapha nangapha komlambo, ngumthi wobomi, ovelisa iintlobo zeziqhamo ezilishumi elinambini, unika iinyanga ngeenyanga zonke isiqhamo sawo; aye amagqabi omthi lowo engawokuphilisa iintlanga.

### **Imbuyekezo: uYohane 14:2-3**

<sup>2</sup> Endlwini kaBawo zininzi iindawo zokuhlala; ukuba bekungenjalo, ngendanixelelayo. Ndiyemka, ndiya kunilungisela indawo; <sup>3</sup> ukuba ke ndimkile ndaya kunilungisela indawo, ndiya kubuya ndize, ndinamkelele kum ngokwam; ukuze apho ndikhona mna, nibe khona nani.

## Usuku 27

### **Ithemba: lindumiso 119:147**

<sup>147</sup> Ndakúphangela ukusa, ndazibika, Ndalindela emazwini akho.

### **Impiliso: uMarko 2:17**

<sup>17</sup> Ekuvile ke oko uYesu, wathi kubo, Akufuneki gqirha kwabaphilileyo lifuneka kwabafayo. Andizé kubiza malungisa, ndizé kubiza aboni, ukuba baguquke.

### **Imbuyekezo: KumaGalati 6:1**

<sup>1</sup> Bazalwana, ukuba umntu uthe waqutyulwa nokuqutyulwa sisiphoso esithile, nina bangaboMoya, mlulekeni onjalo ninomoya wobulali; uzilumkela ukuba ungàhendwa nawe.

## Usuku 28

### **Ithemba: uYeremiya 31:13**

<sup>13</sup> Iya kwandula intombi ivuye ekungqungqeni, namadodana namadoda amakhulu kunye; ndisenze isijwili sabo sibe yimihlali, ndibathuthuzele, ndibavuyise, bangabi nasingqala.

## **Impiliso: Imizekeliso 3:5-8**

<sup>5</sup> Kholosa ngoYehova ngentliziyo yakho yonke, Ungayami okwakho ukuqonda.

<sup>6</sup> Uze umazi yena ezindleleni zakho zonke; Wówulungelelanisa umendo wakho. <sup>7</sup> Musa ukuba sisilumko kwawakho amehlo; Yoyika uYehova usuke entweni embi. <sup>8</sup> Ukuphila kobakho enkabeni yakho, Nokujina emathanjeni akho.

## **Imbuyekezo: uMateyu 6:33**

<sup>33</sup> Funani ke tanci ubukumkani bukaThixo nobulungisa bakhe, zaye zonke ezo zinto ziya kongezelelwa kuni. <sup>34</sup>Ngoko musani ukuxhalela ingomso; kuba ingomso liya kuxhalela okwalo. Buyanele imini leyo obayo ububi.

## Usuku 29

### **Ithemba: 2 KwabaseKorinte 3:12**

<sup>12</sup> Sínhemba elinjalo nje ke ngoko, kokukhona singafihlisiyo ukuthetha;

### **Impiliso: lindumiso 6:2**

<sup>2</sup> Ndíbabale, Yehova, ngokuba ndintshwenyile; Ndíphilise, Yehova, ngokuba ekhwankqisiwe amathambo am.

### **Imbuyekezo: uYoweli 2:22-24**

<sup>22</sup> Musani ukoyika, mpahla inkulu yasendle; kuba amakriwa asentlango aphuma uhlaza; kuba umthi uxakatha isiqhamo sawo, umkhiwane nomdiliya unika amandla awo. <sup>23</sup> Nani, nyana baseZiyon, gcobani nivuye kuYehova uThixo wenu; kuba uninika umyaleli wokuba kubekho ubulungisa, anihlisele umvumbi, imvula ethambisayo nemvula evuthisayo ekuqaleni. <sup>24</sup> Zozala izandá yingqolowa, iphalale yiwayini entsha nayoli imikhombe yokukhongozela.

## Usuku 30

### **Ithemba: lindumiso 31:24**

<sup>24</sup> Yomelelani, ikhaliphe intliziyo yenu nonke nina nithembéle kuYehova.

### **Impiliso: Imizekeliso 16:24**

<sup>24</sup> Linqatha lobusi amazwi amnandi, ayincasa emphefumlweni, ayimpiliso emathanjeni.

## **Imbuyekezo: 2 KwabaseKorinte 5:17**

<sup>17</sup> Ngoko ke, ukuba ubani ukuKristu, usisidalwa esitsha; izinto ezindala zidlule; bonani ke, zisuke zaba ntsha izinto zonke zakhe.

## Usuku 31

### **Ithemba: Izililo 3:24**

<sup>24</sup> Isabelo sam nguYehova, utsho umphefumlo wam; ngenxa yoko ndilindele kuye.

### **Impiliso: Izenzo 19:11-12**

<sup>11</sup> Waye noThixo esenze ngezandla zikaPawulos imisebenzi yamandla engahlali isihla; <sup>12</sup> ngokokude kusiwe nakwimilwelwe iiqhiya nemibhinqo, ivela emzimbeni wakhe, zisuke kubo izifo, bathi noomoya abakhohlakeleyo baphume kubo.

### **Imbuyekezo: lindumiso 23:1-3**

<sup>1</sup> UYehova ngumalusi wam, andisweli lutho. <sup>2</sup> Wenza ukuba mandibuthe emakriweni aluhlaza; undithundezela emanzini angawokuphumla. <sup>3</sup> Uyawubuyisa umphefumlo wam; undikhaphela ezindleleni zobulungisa ngenxa yegama lakhe.

## Usuku 32

### **Ithemba: lindumiso 33:18**

<sup>18</sup> Yabona, iliso likaYehova likubo abamoyikayo, abalindele inceba yakhe,

### **Impiliso: ulsaya 57:18**

<sup>18</sup> Iindlela zakhe ndizibonile: ndiya kumphilisa, ndimalathise, ndimbuyekezele intuthuzalo yena, nabakhe ke abenza isijwili.

### **Imbuyekezo: uYoshuwa 1:9**

<sup>9</sup> Yabona, ndikuwisele umthetho wokuba womelele, ukhaliphe. Musa ukunkwantya, ungaqhiphuki umbilini; ngokuba uYehova uThixo wakho unawe, apho sukuba usiya khona.

## Usuku 33

### **Ithemba: 1 kaYohane 3:3**

<sup>3</sup> Bonke abanalo eli themba kuye, bazenza nyulu, njengokuba yena enyulu.

## **Impiliso: iNomeri 12:13**

<sup>13</sup>Wakhala uMoses kuYehova, esithi, Thixo, ndiyakukhunga, khawumphilise.

## **Imbuyekezo: 2 Samuweli 14:14**

<sup>14</sup> Ngokuba simelwe kukufa, sinjengamanzi aphaleleyo emhlabeni, angenakuhlangukani; noThixo akasusi mphefumlo, ufuna icebo, ukuze angamgxothi kuye umgxothwa.

## Usuku 34

### **Ithemba: uYobhi 11:18**

<sup>18</sup> Wokholosa, ngokuba sekukho ithemba, uhlole, ulale phantsi enkolosekweni;

### **Impiliso: uMateyu 11:28**

<sup>28</sup> Yizani kum nonke nina nibulalekayo, nisindwayo ngumthwalo, ndoninika ukuphumla.

### **Imbuyekezo: 2 Izikronike 30:9**

<sup>9</sup> Ngokuba, ukuba nithe nabuyela kuYehova, abazalwana benu noonyana benu bofumana imfesane kwababathimbileyo, babuyele kweli lizwe; ngokuba unobabalo, unemfesane uYehova uThixo wenu; akayi kubufihla kuni ubuso bakhe, ukuba nithe nabuyela kuye.

## Usuku 35

### **Ithemba: lindumiso 10:17**

<sup>17</sup> Umnqweno wabalulamileyo uwuvile, Yehova; wazizimasa iintliziyo zabo, wayibaza indlebe yakho,

### **Impiliso: 2 KwabaseKorinte 12:9**

<sup>9</sup> Ithe yona kum, Ubabalo lwam lukwanele; kuba amandla am azalisekiswa ekuswelekeni kwamandla. Ngoko kokukhona sendiya kuqhayisa kamnandi kakhulu ngokuswela kwam amandla, ukuze ahlale phezu kwam amandla kaKristu.

### **Imbuyekezo: lindumiso 51:7-8**

<sup>7</sup> Ndihlambulule isono ngehisope, ndihlambuluke; Ndixovule, ndibe mhlophe kunekhephu; <sup>8</sup> Ndivise imihlali nemivuyo, agcobe amathambo owacolileyo.



## Usuku 36

### **Ithemba: lindumiso 9:18**

<sup>18</sup> Ngokuba aliyi kuhlala lilityalwa ihlwempu, Ithemba leentsizana aliyi kudaka ngonaphakade.

### **Impiliso: uIsaya 38:16-17**

<sup>16</sup> Nkosi yam, babuya baphile zezo zinto abantu, Bukuzo kanye ubomi bomoya wam: Wòndiphilisa ke, ndidlise ubomi. <sup>17</sup> Yabona, baba lusindiso kum ubukrakra obukhulu. Wena ke ngokundithanda, wawurhola umphefumlo wam esihogweni sokonakala; Ngokuba izono zam uzilahlile emva komhlana wakho.

### **Imbuyekezo: uYohane 5:24**

<sup>24</sup> Inene, inene, ndithi kuni, Lowo ulivayo ilizwi lam, akholwe ngulowo wandithumayo, unobomi obungunaphakade; akezi ekugwetyweni; uphume ekufeni, wangena ebomini.

## Usuku 37

### **Ithemba: lindumiso 78:7**

<sup>7</sup> Bayàme ngoThixo, Bangazilibali izenzo ezincamisayo zikaThixo, Bayilondoloze imithetho yakhe:

### **Impiliso: lindumiso 146:8**

<sup>8</sup> NguYehova ovula amehlo eemfama; nguYehova ophakamisa abagobileyo; nguYehova othanda amalungisa;

### **Imbuyekezo: uYeremiya 29:12-14**

<sup>12</sup> Niya kundinqula, nize nithandaze kum, ndiniphulaphule. <sup>13</sup> Niya kundifuna, nindifumane, xa nithe nandifuna ngentliziyo yenu yonke; <sup>14</sup> ndifumaneke kuni; utsho uYehova. Ndiya kukubuyisa ukuthinjwa kwenu, ndinibuthe ezintlangeni zonke, nasezindaweni zonke endanigxothela kuzo, utsho uYehova;

## Usuku 38

### **Ithemba: lindumiso 38:15**

<sup>15</sup> Ngokuba ndilindéle kuwe, Yehova; Kuya kuphendula wena, Nkosi yam, Thixo wam,

## Impiliso: uLuka 4:18

<sup>18</sup>UMoya weNkosi uphezu kwam, Ethe ngenxa yoko yandithambisela ukushumayela iindaba ezilungileyo kumahlwempu. Indithumé ukuba ndiphilise abantliziyo ityumkileyo, ndivakalise inkululeko kubathinjwa, Nokubuyiselwa kokubona kwabaziimfama, Ndindulule abaqobekileyo bekhululekile,

## Imbuyekezo: 2 uSamuweli 19:14-18

<sup>14</sup>Wayitsala intliziyo yamadoda onke akwaYuda njengandoda-nye; athumela kukumkani athi, Buya wena, nabakhonzi bakho bonke. <sup>15</sup> Wabuya ke ukumkani, wafika eYordan. Ke amaYuda afika eGiligali, esiya kumkhawulela ukumkani, amweze ukumkani eYordan. <sup>16</sup>UShimehi unyana kaGera, umBhenjamin waseBhahurim, wakhawuleza, wehla namadoda akwaYuda, esiya kumkhawulela ukumkani uDavide, <sup>17</sup>enewaka lamadoda akwaBhenjamin, noTsibha umkhonzi wendlu kaSawule, noonyana bakhe abalishumi elinabahlanu, nabakhonzi bakhe abangamashumi amabini kunye naye; baphumela eYordan phambi kokumkani. <sup>18</sup>Kwawela umkhombe wokuweza, ukuba uyiweze indlu yokumkani, wenze okulungileyo emehlweni akhe. UShimehi, unyana kaGera, wawa phambi kokumkani ekuweleni kwakhe eYordan,

## Usuku 39

### Ithemba: Imizekeliso 3:3-4

<sup>3</sup> Inceba nenyanyiso mayingakushiyi; ínxibe kuwe emqaleni; zibhale elucwecweni lwintliziyo yakho, <sup>4</sup> Ubabalwe ube nengqiqo entle emehlweni kaThixo nawabantu.

### Impiliso: uYohane 11:4

<sup>4</sup> Evile ke uYesu wathi, Esi sifo asiyelele kufeni; singenxa yozuko lukaThixo, ukuze uNyana kaThixo azukiswe ngaso.

### Imbuyekezo: lindumiso 51:10-11

<sup>10</sup> Dala phakathi kwam, Thixo, intliziyo ehlambulukileyo, uhlaziye umoya oqinisekileyo phakathi kwam. <sup>11</sup> Musa ukundilahla ebusweni bakho, UMoya wakho oyiNgcwele ungamsusi kum.

## Usuku 40

**Ithemba: lindumiso 130:5**

<sup>5</sup> Ndithembéle kuYehova, uthembile umphefumlo wam; Ndilindé ilizwi lakhe.

**Impiliso: uYohane 9:24-25**

<sup>24</sup> Ambiza ngoko okwesibini umntu obeyimfama, athi kuye, Zukisa uThixo; siyazi thina ukuba lo mntu ungumoni. <sup>25</sup> Uphendule ngoko yena, wathi, Ukuba ungumoni, andazi; ndazi ntonye, eyokuba ndibe ndiyimfama nje, ngoku ndiyabona.

**Imbuyekezo: uHezekile 37:1-5**

<sup>1</sup> Saba phezu kwam isandla sikaYehova; waphuma nam uYehova, ndikuMoya, wandibeka entilini phakathi; yona ke izele ngamathambo. <sup>2</sup> Wandidlulisa kuwo, wandijikelezisa ngeenxa zonke; yabona, ebemaninzi kakhulu entilini leyo; yabona, ebeselomile kakhulu. <sup>3</sup> Wathi ke kum, Nyana womntu, aya kuphila na ke la mathambo? Ndathi, Nkosi Yehova, kwazi wena. <sup>4</sup> Wathi kum, Profeta phezu kwala mathambo, uthi kuwo, Mathambondini, liveni ilizwi likaYehova. <sup>5</sup> Itsho iNkosi uYehova kula mathambo, ukuthi, Niyabona, ndingenisa umoya kuni; niya kuphila ke.

## Usuku 41

**Ithemba: 2 KwabaseKorinte 4:18**

<sup>18</sup> Kuba ezibonwayo zezomzuzwana, ke zona ezingabonwayo zezonaphakade.

**Impiliso: uYeremiya 3:22**

<sup>22</sup> Buyani, nyana bangamaphamba; ndokuphilisa ukuphamba kwenu. Uyabona, siza kuwe; ngokuba wena, Yehova, unguThixo wethu.

**Imbuyekezo: uIsaya 49:6**

<sup>6</sup> uthi ke, Kuyinto elula ukuba ube ngumkhonzi kum wokumisa izizwe zakwaYakobi, ubuyise abalondolozwa bakaSirayeli; kanaanjalo ndiya kukwenza isikhanyiso seentlanga, ukuba ube lusindiso lwam, ude uze eziphelweni zehlabathi.

## Usuku 42

**Ithemba: lindumiso 33:22**

<sup>22</sup> Inceba yakho mayibe phezu kwethu, Yehova, Njengoko sikulindeleyo kuwe.

## Impiliso: uMateyu 8:5-7

<sup>5</sup> Ke kaloku, akubon' ukuba uYesu ungene eKapernahum, kweza kuye umthetheli-khulu embongoza, <sup>6</sup> esithi, Nkosi, isicaka sam silele ngendlu, sinedumbe, sithuthunjelwa ngokoyikekayo. <sup>7</sup> Athi uYesu kuye, Ndoza ndisiphilise mna.

## Imbuyekezo: iDuteronomi 30:6-10

<sup>6</sup> Wóyalùsa intliziyo yakho uYehova uThixo wakho, nentliziyo yembewu yakho, ukuba umthande uYehova uThixo wakho ngentliziyo yakho yonke, nangomphefumlo wakho wonke, ukuze uphile. <sup>7</sup> Wózibeka uYehova uThixo wakho zonke ezi zishwabulo phezu kweentshaba zakho, naphezu kwabakuthiyileyo, abakutshutshisileyo; <sup>8</sup> ubuye ke wena, uliphulaphule izwi likaYehova, uyenze yonke imithetho yakhe endikuwiselayo namhla. <sup>9</sup> UYehova uThixo wakho uya kwandisa kumsebenzi wonke wesandla sakho, kwisiqhamo sesizalo sakho, nakwisiqhamo senkomo yakho, nakwisiqhamo somhlaba wakho, kulunge; ngokuba uYehova uya kubuya abe nemihlali ngawe, kulunge, njengoko waba nemihlali ngooyihlo: <sup>10</sup> xa uthe waliphulaphula izwi likaYehova uThixo wakho, ukuba uyigcine imithetho yakhe nemimiselo yakhe, ebhaliweyo encwadini yalo myalelo; xa uthe wabuyela kuYehova uThixo wakho ngentliziyo yakho yonke, nangomphefumlo wakho wonke.

## Usuku 43

### Ithemba: uMarko 11:22-24

<sup>22</sup> Uphendule uYesu wathi kubo, Yibani nokukholwa kuThixo. <sup>23</sup> Kuba inene ndithi kuni, Othe kule ntaba, Funquleka, uphoseke elwandle, angàthandabuzi entliziyweni yakhe, asuke akholwe ukuba ezo zinto azithethayo zinokwenzeka, wokuzuza oko athe wakuthetha. <sup>24</sup> Ngenxa yoko ndithi kuni izinto enisukuba nizicela, nithandaza, kholwani ukuba ninokuzamkela; nòba nazo.

### Impiliso: 2 Izikronike 32:24

<sup>24</sup> Ngezo mini wayesifa uHezekiya, wayeza kufa, wathandaza kuYehova; wathetha naye, wamnika umqondiso.

### Imbuyekezo: uHoseya 6:2-3

<sup>2</sup> Wosidlisa ubomi, kwakuba ntsuku mbini; wosiphakamisa ngolwesithathu, sidle ubomi phambi kwakhe. <sup>3</sup> Masikwazi ke, masikusukele ukumazi uYehova; ukuphuma kwakhe kuqinisekile njengokuphuma kwesifingo, ukuba eze kuthi njengemvula, njengemvula evuthisayo, elinyakamisayo ilizwe.

## Usuku 44

### **Ithemba: 2 kuTimoti 1:7**

<sup>7</sup> Kuba uThixo akasinikanga moya wabugwala; wasinika owamandla, nowothando, nowesidima.

### **Impiliso: lindumiso 41:4**

<sup>4</sup> Ndithi mna, Yehova, tarhu; Philisa umphefumlo wam, ngokuba ndonile kuwe.

### **Imbuyekezo: Imizekeliso 6:30-31**

<sup>30</sup> Alidelwa isela, xa lithe labela ukwanelisa umphefumlo walo, xa lithe lalamba; <sup>31</sup> Lifunyênwe, lihlawula kasixhenxe, lirhola bonke ubuncwane bendlu yalo.

## Usuku 45

### **Ithemba: KwabaseRoma 15:4**

<sup>4</sup> Kuba izinto zonke ezabhalwayo ngenxa engaphambili, zaye zibhalelwa okwethu ukufundiswa, ukuze sithi ngalo unyamezelo novuselelo lwezibhalo sibe nalo ithemba.

### **Impiliso: Imizekeliso 12:18**

<sup>18</sup> Kukho ophololoza njengokuhlaba kwekrele; Ke lona ulwimi lwezilumko luyaphilisa.

### **Imbuyekezo: uNahum 2:2**

<sup>2</sup> Ngokuba uYehova ulibuyele iqhayiya lakwaYakobi ngokweqhayiya lakwaSirayeli; ngokuba abathi qongqololo bathe qongqololo; bawonakalisile amasebe abo emidiliya.

## Usuku 46

### **Ithemba: Izenzo 24:15**

<sup>15</sup> ndinethemba kuThixo, into ke abayilindileyo nabo ngokwabo, ukuba kuza kubakho uvuko lwabafileyo, lwamalungisa kwanolwabangemalungisa.

### **Impiliso: uMateyu 4:23**

<sup>23</sup> Waye uYesu elihamba lonke elaseGalili, efundisa ezindlwini zabo zesikhungu, evakalisa iindaba ezilungileyo zobukumkani, ephilisa izifo zonke nezikhuhlane zonke ebantwini.

## **Imbuyekezo: uHezekile 20:40-41**

<sup>40</sup> Ngokuba itsho iNkosi uYehova ukuthi, Entabeni yam engcwele, entabeni ende yakwaSirayeli, khona apho iya kundikhonza yonke indlu yakwaSirayeli, yonke iphela ezweni; khona apho baya kuba likholo kum; khona apho ndiya kubiza imirhumo yenu neentlahlela yezipho zenu, entweni yenu yonke eniyingcwalisayo. <sup>41</sup> Niya kuba likholo kum ninevumba elithozamisayo, ekunikhupheni kwam ezizweni; ndinibuthe emazweni enaphangalaliswa kuwo, ndizingcwalisele kuni emehlweni eentlanga;

## **Usuku 47**

### **Ithemba: 2 KwabaseKorinte 4:8-9**

<sup>8</sup> Siyabandezelwa ngeenxa zonke, singaxineki; siyathingaza, singancami; <sup>9</sup> Sitshutshiswa, asiyekelwa; sikhahlelwa phantsi, asitshatyalaliswa;

### **Impiliso: uMarko 6:56**

<sup>56</sup> Nalapho sukuba ebengena khona, nokuba kusemzaneni, nokuba kusemzini, nokuba kusemaphandleni, babesithi, bababeke abafayo ezindaweni zembutho, bambongoze ukuba khe bachukumise intshinga yengubo yakhe. Baye ke besindiswa abasukuba bemchukumisa.

### **Imbuyekezo: uLuka 16:19-23**

<sup>19</sup> Ke bekukho umntu othile osisityebi, obevatha ezibomvu nezelinen ecikizekileyo, esenza imihlali yokuzuka kwakhe imihla yonke. <sup>20</sup> Bekukho ke hlwempu lithile, ligama linguLazaro, elalikhahlelwe esangweni lakhe, lizele zizilonda, <sup>21</sup> linqwenela ukuhluthiswa ngeemvuthuluka eziwa etafileni yesityebi eso; zibe zisithi izinja, zize zikhothe izilonda zalo. <sup>22</sup> Ke kaloku lathi lafa ihlwempu elo, lasiwa zizithunywa zezulu esifubeni sika-Abraham; safa ke nesityebi, sangcwatywa. <sup>23</sup> Size, sikwelabafileyo, siphakamise amehlo aso sisentuthumbeni, simbone uAbraham ekude, uLazaro esesifubeni sakhe.

## **Usuku 48**

### **Ithemba: 1 kaPetros 1:13**

<sup>13</sup> Ngoko, bhinqani izinqe zengqondo yenu, ninobungcathu, niluthembe ngokugqibeleleyo ubabalo oluziswa kuni ekutyhilekeni kukaYesu Kristu;

### **Impiliso: uLuka 13:12**

<sup>12</sup> Eyibonile ke uYesu, wayibiza wathi kuyo, Ntokazindini, khululeka ebulwelweni bakho.

## **Imbuyekezo: lindumiso 23:4-6**

<sup>4</sup> Nokuba ndihamba emfuleni wethunzi lokufa, Andiyi koyika bubi, ngokuba ùnam wena; Intonga yakho, umsimelelo wakho, uyandithuthuzela. <sup>5</sup> Ùndilungisela isithebe phambi kwababandezeli bam, Ùyithambisa ngeoli intloko yam, Indebe yam iyaphalala. <sup>6</sup> Inene, ndiya kulandelwa kokulungileyo nenceba Yonke imihla yobomi bam, Ndihlale endlwini kaYehova imihla emide.

## **Usuku 49**

### **Ithemba: uMarko 5:36**

<sup>36</sup> Aze kwaoko uYesu, elivile elo zwi lithethwa, athi kumphathi wendlu yesikhungu, Musa ukoyika, kholwa kodwa wena.

### **Impiliso: uIsaya 38:20**

<sup>20</sup> UYehova uza kundisindisa; ngoko ke sozibetha iihadi zethu yonke imihla yobomi bethu, endlwini kaYehova.

### **Imbuyekezo: Izenzo 2:38**

<sup>38</sup> Uthe ke uPetros kubo, Guqukani nibhaptizwe nonke ngabanye egameni likaYesu Kristu, ukuze nixolelwe izono, namkele isipho soMoya oyiNgcwele.

## **Usuku 50**

### **Ithemba: lindumiso 119:114**

<sup>114</sup> Isithe lam nengweletshetshe yam nguwe, ndilindele elizwini lakho.

### **Impiliso: 2 ooKumkani 20:5**

<sup>5</sup> Buya uye kuthi kuHezekiya, ingànga yabantu bam, Utsho uYehova, uThixo kaDavide uyihlo, ukuthi, Ndiwuvile umthandazo wakho, ndizibonile iinyembezi zakho; uyabona, ndiya kukuphilisa; ngomhla wesithathu uya kunyuka uye endlwini kaYehova;

### **Imbuyekezo: uYohane 3:16**

<sup>16</sup> Kuba wenjenje uThixo ukulithanda kwakhe ihlabathi, ude wancama uNyana wakhe okuphela kwamzeleyo, ukuze bonke abakholwayo kuye bangatshabalali, koko babe nobomi obungunaphakade.

## Usuku 51

### **Ithemba: lindumiso 130:7**

<sup>7</sup> Lindela kuYehova, Sirayeli, ngokuba inceba ikuYehova; ikuye inkululeko eninzi.

### **Impiliso: uMateyu 17:18-20**

<sup>18</sup> Waza uYesu wayikhalimela, yaphuma kuye idemon; waphiliswa umntwana kwangelo lixa. <sup>19</sup> Bandula beza abafundi kuYesu bebodwa, bathi, Bekungani na ukuba singabi nako ukuyikhupha thina? <sup>20</sup> Wathi ke uYesu kubo, Bekungenxa yokungakholwa kwenu; kuba inene ndithi kuni, Beningáthi, ninokholo olunjengokhozo lwemostade, nithi kule ntaba, Suka apha uye phaya, isuke, kungabikho nto iya kuninqabela.

### **Imbuyekezo: uIsaya 2:1-5**

<sup>1</sup> Ilizwi awalibonayo uIsaya unyana ka-Amotsi, ngokusingisele kuYuda neYerusalem. <sup>2</sup> Ke kaloku kuya kuthi ekupheleni kwemihla, intaba yendlu kaYehova ivelele ezincotsheni zazo iintaba, izongamele iinduli, zibe ngumsinga ukuya kuyo zonke iintlanga. <sup>3</sup> Kuya kuhamba izizwe ezininzi, zithi, Yizani, sinyuke siye entabeni kaYehova, endlwini kaThixo kaYakobi; asiyálele iindlela zakhe, sihambe ngomendo wakhe. Kuba kuya kuphuma umyalelo eZiyon, nelizwi likaYehova eYerusalem. <sup>4</sup>Úya kugweba phakathi kweentlanga, ohlwaye izizwe ezininzi; ziwakhande amakrele azo abe ngamakhuba, nezikhali zazo zibe zizitshetshe zeediliya; uhlanga lungaphakamiseli uhlanga ikrele, nezizwe zingaphindi zifunde ukulwa.

<sup>5</sup> Ndlu kaYakobi, yizani, sihambe ekukhanyeni kukaYehova.

## Usuku 52

### **Ithemba: uYobhi 17:15**

<sup>15</sup> Liphi na ke ngoku ithemba lam? Ithemba lam, ngubani na owolibona?

### **Impiliso: uMateyu 12:13**

<sup>13</sup> Aze athi kumntu lowo, Solule isandla sakho. Wasolula, sabuya saphila ke, saba kwanjengesinye.

### **Imbuyekezo: uAmosi 9:13-15**

<sup>13</sup> Yabonani, kuza imihla, utsho uYehova, aya kuthi afumanane umlimi nomvuni, umxovuli weediliya afumanane nomhlwayeli wembewu; iintaba zivuze incindi yeediliya, neenduli zonke zinyibilike. <sup>14</sup> Ndiya kukubuyisa ukuthinjwa kwabantu bam amaSirayeli, bayakhe imizi engamanxuwa, bayihlale, batyale izidiliya, basele iwayini yazo, benze imiyezo, badle iziqhamo



zayo. <sup>15</sup> Ndobatyala emhlabeni wabo, bangabi sanyothulwa emhlabeni wabo endabanikayo; utsho uYehova uThixo wakho.

## Usuku 53

**Ithemba: lindumiso 119:116**

<sup>116</sup> Ndízimase ngokwelizwi lakho, ndiphile, ungandidanisi ekulindeneni kwam.

**Impiliso: uMateyu 9:20-21**

<sup>20</sup> Nanko kusiza ntokazi ithile, eyayinethombo legazi iminyaka elishumi elinamibini; yafika ngasemva yachukumisa umqokumbelo wengubo yakhe; <sup>21</sup> kuba ibisithi ngaphakathi kwayo, Ukuba ndithe ndachukumisa ingubo yakhe nje kodwa, ndophiliswa. <sup>22</sup> Wajika uYesu, wayibona, wathi, Ntombi yam, yomelela, ukholo lwakho lukusindisile. Yasindiswa loo ntokazi kwangelo lixa.

**Imbuyekezo: uZekariya 10:6**

<sup>6</sup> Ndiya kuyomeleza indlu kaYuda, ndiyisindise indlu kaYosefu, ndibahlalise; kuba ndisikwa yimfesane ngenxa yabo; boba ngangabo ndingàbahlambanga, ngokuba ndinguYehova uThixo wabo; ndobaphendula.

## Usuku 54

**Ithemba: lindumiso 119:81**

<sup>81</sup> Umphefumlo wam uyaphela kukululangazelela usindiso lwakho, ndilindéle elizwini lakho.

**Impiliso: 2 Izikronike 30:18-20**

<sup>18</sup> ngokuba ubuninzi babantu, abaninzi ababevele kwaEfrayim nakwaManase, kwaIsakare nakwaZebhulon, baye bengazihlambululanga. Bayidla ipasika ngokungengamthetho; kodwa uHezekiya wabathandazela, esithi, Wanga uYehova olungileyo angamxolela <sup>19</sup> elowo uyibhekisé intliziyo yakhe ekumquqeleni uThixo uYehova, uThixo wooyise, nakuba kungengokwentlambululo yendawo engcwele. <sup>20</sup> UYehova wamva uHezekiya, wabaphilisa abantu.

**Imbuyekezo: uHezekile 16:55**

<sup>55</sup> Baya kuthi abasakwenu, iSodom namagxamesi ayo, babuyele kwakwisimo sabo sangaphambili, noSamari namagxamesi akhe babuyele kwakwisimo sabo sangaphambili, nawe namagxamesi akho nibuyele kwakwisimo senu sangaphambili.

## Usuku 55

### **Ithemba: kuTito 2:13**

<sup>13</sup> silinde ithemba elinoyolo, nembonakalo yobuqaqawuli boThixo omkhulu, uMsindisi wethu uYesu Kristu,

### **Impiliso: lindumiso 107:20**

<sup>20</sup> Wathumela ilizwi lakhe, wabaphilisa, wabasiza ezihogweni zabo.

### **Imbuyekezo: uYeremiya 31:1-5**

<sup>1</sup> Ngelo xesha, utsho uYehova, ndiya kuba nguThixo kwimizalwane yonke yakwaSirayeli, yona ibe ngabantu bam. <sup>2</sup> Utsho uYehova ukuthi, Bâbabalwa entlango abantu abasindileyo ekreleni; ndoya ndiwaphumze amaSirayeli. <sup>3</sup> UYehova ubonakele kum kwakude, wathi, Ndikuthandile ngothando olungunaphakade; ngenxa yoko ndikolúlele inceba. <sup>4</sup> Ndiya kubuya ndikwakhe, wakheke, ntombi inguSirayeli; uya kubuya uzihombise, uphathe iingqongqo zakho, uphume uye ekungqungqeni kwabangqungqayo. <sup>5</sup> Uya kubuya utyale izidiliya ezintabeni zakwaSamari, batyale abatyali, bazidle ngokwabo.

## Usuku 56

### **Ithemba: Imizekeliso 24:14**

<sup>14</sup> Bâzi ke ubulumko emphefumleni wakho; ukuba uthe wabufumana, kobakho ikamva, lingânqunyulwa ithemba lakho.

### **Impiliso: iDuteronomi 32:39**

<sup>39</sup> Bonani ngoku, ukuba mna ndinguye; Tu thixo unam. Ndiyabulala, ndidlise ubomi;

Ndiyaphalusa, ndiphilise mna; Tu uhlangulayo esandleni sam.

### **Imbuyekezo: uIsaya 41:17-20**

<sup>17</sup> Ke abaziintsizana nabangamahlwempu baya kufuna amanzi, angabikho, ulwimi lwabo lomè linxano; mna Yehova ndiya kubaphendula; mna, Thixo kaSirayeli, andiyi kubashiya. <sup>18</sup> Ndiya kuyivula imilambo eluqayini, nemithombo phakathi kweentili, ndenze intlango ibe lidike elinamanzi, nomhlaba ongumqwebedu ube ziindawo eziphuma amanzi. <sup>19</sup> Ndiya kutyala entlango imisedare, nemingampunzi, nemimirtile, neminquma yasendle, ndimise enkqantosini imisipres, nemipleyini, nemigalagala, ndawonye; <sup>20</sup> ukuze babone, bazi, bagqale ngentliziyo, baqiqe kunye, ukuba isandla sikaYehova sikwenzile oko, oyiNgcwele kaSirayeli ukudalile oko.

## Usuku 57

### **Ithemba: lindumiso 145:15**

<sup>15</sup> Amehlo eento zonke akhangele kuwe, Wena ke uzinika ukudla kwazo ngexesha elililo;

### **Impiliso: uYeremiya 14:19**

<sup>19</sup> Ûmcekisé kwaphela na uYuda? Ûdimele na yiZiyon umphefumlo wakho? Yini na ukuba usibethe, singabi nakuphiliswa? Sithembé uxolo, akwabakho nto ilungileyo; sithembé ixesha lokuphiliswa, nanko ikukudandatheka.

### **Imbuyekezo: uIsaya 49:13**

<sup>13</sup> Memelelani, mazulu; gcoba, hlabathi; gqabhukani nimemelele, zintaba; ngokuba uYehova ubathuthuzele abantu bakhe, unemfesane kwabaziintsizana zakhe.

## Usuku 58

### **Ithemba: kuTito 1:2**

<sup>2</sup> ngethemba lobomi obungunaphakade, awathi uThixo, ongenakuxoka, wabubeka idinga ngaphambi kwamaxesha angunaphakade,

### **Impiliso: uMarko 8:25**

<sup>25</sup> Wabuya wazibeka izandla phezu kwamehlo ayo, wayikhangalisa phezulu; yabuya yaphila, yababona bonke kakuhle.

### **Imbuyekezo: iNomeri 6:25-27**

<sup>25</sup> Makabukhanyise uYehova ubuso bakhe kuwe, akubabale; <sup>26</sup> Makabuphakamisele uYehova ubuso bakhe kuwe, akunike uxolo. <sup>27</sup> Mabalibeke ke igama lam phezu koonyana bakaSirayeli; mna ndiya kubasikelela.

## Usuku 59

### **Ithemba: 1 kwabaseTesalonika 5:8**

<sup>8</sup> Ke thina bangabemini masibe ziingcathu; masinxibe isigcina-sifuba sokholo nothando, nesigcina-ntloko esilithemba losindiso.

## **Impiliso: uLuka 4:41**

<sup>41</sup> Zaye ke needemon ziphuma kwabaninzi, zikhala zisithi, Wena unguye uKristu, uNyana kaThixo. Uthe ezikhalimela, akazivumela ukuba zithethe; ngokuba bezimazi ukuba unguye uKristu.

## **Imbuyekezo: uIsaya 49:23**

<sup>23</sup> Ookumkani baya kuba ngabondli bakho, namakhosikazi abo abe ngabanyisi bakho. Baya kuqubuda kuwe, bese ubuso emhlabeni, bakhothe uthuli lweenyawo zakho; wazi ke ukuba ndinguYehova, obathembi bakhe bangayi kudana.

# Usuku 60

## **Ithemba: kumaGalati 5:5**

<sup>5</sup> Kuba thina ngoMoya silinde kakhulu ithemba lobulungisa ngokwaselukholweni.

## **Impiliso: uLuka 8:48**

<sup>48</sup> Uthe ke yena kuyo, Yomelela, ntombi yam, ukholo lwakho lukuphilisile; hamba ngoxolo.

## **Imbuyekezo: lindumiso 121:1-6**

<sup>1</sup> Ndiwaphakamisela ezintabeni amehlo am. Luya kuvela phi na uncedo lwam? <sup>2</sup> Uncedo lwam luvela kuYehova, UMenzi wezulu nehlabathi. <sup>3</sup> Akayi kukha alunikele unyawo lwakho ekutyibilikeni; Akayi kukha ozele umgcini wakho. <sup>4</sup> Uyabona, akozeli, akalali, UMgcini kaSirayeli. <sup>5</sup> NguYehova umgcini wakho, NguYehova umthunzi wakho ekunene kwakho. <sup>6</sup> Emini ilanga aliyi kukwenzakalisa, Nenyanga ebusuku.

# Usuku 61

## **Ithemba: kwabase-Efese 1:18**

<sup>18</sup> nikhanyiselwe amehlo engqondo, ukuze nilazi into eliyiyo ithemba lobizo lwakhe, nento obuyiyo ubutyebi bobuqaqawuli belifa lakhe phakathi kwabo abangcwele;

## **Impiliso: lindumiso 31:9**

<sup>9</sup> Ndibabale, Yehova, ngokuba ndibandezelekile; Lonakele kukukhathazeka iliso lam, nomphefumlo wam, nesisu sam;

## **Imbuyekezo: uYeremiya 31:23-25**

<sup>23</sup> Utsho uYehova wemikhosi, uThixo kaSirayeli, ukuthi, Basaya kulithetha eli lizwi ezweni lakwaYuda nasemizini yakhona, ekukubuyiseni kwam ukuthinjwa kwabo, lokuthi, UYehova makakusikelele, khaya lobulungisa, ntaba yobungcwele. <sup>24</sup> Aya kuma khona amaYuda nemizi yawo yonke kunye; abalimi, nabahamba emathanga benemihlambi yabo. <sup>25</sup> Ngokuba ndiyawuseza uhluthe umphefumlo otyhafileyo; ndowanelisa umphefumlo wonke othé amandla.

## **Usuku 62**

### **Ithemba: uYeremiya 31:16-17**

<sup>16</sup> Utsho uYehova ukuthi, Lithintele ilizwi lakho, lingalili, namehlo akho angabi nanyembezi; ngokuba únomvuzo umsebenzi wakho, utsho uYehova; baya kubuya ezweni lotshaba. <sup>17</sup> Linethemba ikamva lakho, utsho uYehova; oonyana bakho baya kubuyela emdeni wabo.

### **Impiliso: iEksodus 15:26**

<sup>26</sup> Wathi, Ukuba ùthe waliphulaphula izwi likaYehova uThixo wakho, wenza okuthe tye phambi kwakhe, wayibekela indlebe imithetho yakhe, wayigcina yonke imimiselo yakhe: andiyi kubeka nasinye isifo phezu kwakho endisibekileyo phezu kwamaYiputa; kuba ndinguYehova, igqirha lakho.

### **Imbuyekezo: kuTito 2:11-12**

<sup>11</sup> Kuba lubonakele kubantu bonke ubabalo lukaThixo, lulolusindisayo; <sup>12</sup> lusiqeqesha ukuze sithi, síkuncama ukungahloneli Thixo nokukhanuka okukokwehlabathi, sihlale ngokunesidima, nangokubulungisa, nangokuhlonela uThixo, kweli phakade langoku;

## **Usuku 63**

### **Ithemba: lindumiso 146:5**

<sup>5</sup> Hayi, uyolo lwalowo uluncedo lunguThixo kaYakobi, Lwalowo ulinde kuYehova uThixo wakhe:

### **Impiliso: 2 KwabaseKorinte 1:3-4**

<sup>3</sup> Makabongwe uThixo, uYise weNkosi yethu uYesu Kristu, uSozimfefe, uThixo onako konke ukuthuthuzela, <sup>4</sup> osithuthuzelayo kuyo yonke imbandezelo yethu, ukuze sibe nako ukubathuthuzela abakwinto yonke eyimbandezelo, ngayo intuthuzelo esithuthuzelwa ngayo nathi nguye uThixo.

## **Imbuyekezo: lindumiso 40:13-17**

<sup>13</sup> Ngamana, Yehova, wandihlangula; Yehova, wakhawuleza wandinceda! <sup>14</sup> Mabadane babe neentloni kuphele abazungula umphefumlo wam ukuze bawuphephethe; Mababuye muva bahlazeke abananzé ukuba ndihlelwe bububi. <sup>15</sup> Mabamangaliswe ngumvuzo wehlazo labo abathi kum, Tshotsho! Tshotsho! <sup>16</sup> Mababe nemihlali bavuye ngawe bonke abakufunayo, abaluthandayo usindiso lwakho bahlale besithi, makenziwe mkhulu uYehova. <sup>17</sup> Mna ke ndilusizana, ndilihlwempu; INkosi iya kundikhumbulela. umncedi wam nomsindisi wam nguwe; Thixo wam, musa ukulibala.

## Usuku 64

### **Ithemba: lindumiso 27:13**

<sup>13</sup> Ndinge ndiphelelwe, koko bendikholwa kukuba ndokubona ukulunga kukaYehova Ezweni lobu bomi.

### **Impiliso: Izenzo 10:38**

<sup>38</sup> okokuba uThixo wamthambisa ngoMoya oyiNgcwele nangamandla uYesu waseNazarete, owagqiba ilizwe esiza, ephilisa bonke abaxinzelelweyo nguye uMtyholi; ngokuba uThixo ubenaye.

### **Imbuyekezo: uYeremiya 31:33-34**

<sup>33</sup> Nguwo ke lo umnqophiso, endiya kuwenza nendlu kaSirayeli emva kwaloo mihla, utsho uYehova: ndiya kuwubeka umyalelo wam embilinini yabo, ndiwubhale ezintliziyweni zabo, ndibe nguThixo wabo, babe ngabantu bam; <sup>34</sup> bangabi safundisa elowo ummelwane wakhe, elowo umzalwana wakhe, besithi, Mazini uYehova; ngokuba bonke bephela baya kundazi, kuthabathela kwabancinane kuse kwabakhulu, utsho uYehova; ngokuba ndiya kubuxolela ubugwenxa babo, ndingabi sasikhumbula isono sabo.

## Usuku 65

### **Ithemba: kuTito 3:7**

<sup>7</sup> ukuze sithi, sigwetyelwé ngobabalo lwalowo, sibe ziindlalifa zobomi obungunaphakade ngokwethemba.

### **Impiliso: uLuka 13:13**

<sup>13</sup> Wayibeka ke izandla; yoluka kwangoko, yazukisa uThixo.

## Imbuyekezo: uYobhi 42:11-12

<sup>11</sup> Beza kuye bonke abazalwana bakhe, noodade babo bonke, nabo bonke ababesazana naye ngenxa engaphambili, badla naye ukutya endlwini yakhe, bamkhuza, bamthuthuzela ngenxa yobubi bonke, abemfikisele bona uYehova; bamnika elowo ikhulu lemali, elowo ijikazi legolide. <sup>12</sup> UYehova wakusikelela ukuphela kukaYobhi ngaphezu kokuqala kwakhe; waba neshumi elinesiné lamawaka empahla emfutshane, nesithandathu samawaka eenkamela, newaka lezibini zeenkomo, newaka leemazi zamaesile.

## Usuku 66

### Ithemba: 1 Izikronike 29:15

<sup>15</sup> Ngokuba singabaphambukeli phambi kwakho, silundwendwe njengoobawo bethu bonke; injengesithunzi imihla yethu ehlabathini apha, kungekho themba lakuhlala.

### Impiliso: uMarko 1:30-31

<sup>30</sup> Ke kaloku umkhwekazi kaSimon wayelele, esifa yicesina; bamxelela ngaye kwaoko. <sup>31</sup> Weza ke kuye, wamvusa embambe ngesandla; yamyeka kwaoko icesina, wabalungiselela.

### Imbuyekezo: uIsaya 61:4-7

<sup>4</sup> Baya kwakha amaxuwa angunaphakade, bavuse iindawo ezichithakeleyo zangaphambili, bahlaziye imizi engamaxuwa, iindawo ezichithakeleyo zezizukulwana ngezizukulwana. <sup>5</sup> Baya kuma abasemzini, baluse imihlambi yenu, oonyana bezinye iintlanga babe ngabalimi bomhlaba wenu, nabezidiliya zenu. <sup>6</sup> Ke nina ukubizwa kwenu, kuya kuthiwa ningababingeleli bakaYehova; kuya kuthiwa kuni, ningabalungiseleli boThixo wethu; niya kudla ubutyebi beentlanga, nindolose ninozuko lwazo. <sup>7</sup> Esikhundleni sokudana kwenu niya kuzuza okuphindiweyo; esikhundleni sehlazo baya kumemelela ngesahlulo sabo; ngako oko baya kudla ilifa eliphindiweyo ezweni labo, baya kuba novuyo olungunaphakade.

## Usuku 67

### Ithemba: kumaHebhere 10:23

<sup>23</sup> silubambe uvumo lwethu lwethemba, lungabi nakuxengaxenga; kuba uthembekile lowo wabeka ngedinga.

## Impiliso: lindumiso 41:1-3

<sup>1</sup> Hayi, uyolo lwalowo unyamekela ihlwempu! Ngomhla wobubi uYehova uya kumhlangula. <sup>2</sup> UYehova uya kumlondoloza amgcine, aphile. Kuya kuthiwa unoyolo yena ehlabathini; Ungamnikeli elitheni leentshaba zakhe. <sup>3</sup> UYehova uya kumxhasa elukhukweni lobulwelwe; Ûya kuluguqula ukhuko lwakhe lonke esifeni sakhe.

## Imbuyekezo: uIsaya 60:10-13

<sup>10</sup> Oonyana bolunye uhlanga baya kuzakha iindonga zakho, ookumkani babo bakulungiselele; kuba ndikubethe ndinoburhalarhume, kodwa ndaba nemfesane kuwe ndinetarhu; <sup>11</sup> ohlala evuliwe amasango akho imini nobusuku; akayi kuvalwa, ukuze bungeniswe kuwe ubutyebi beentlanga, nookumkani bazo beqhutywa. <sup>12</sup> Kuba uhlanga nobukumkani obungayi kukukhonza buya kutshabalala, ezo ntlanga ziphanze ziphanzile. <sup>13</sup> Ubuqaqawuli beLebhanon buya kuza kuwe, umsipres• nompleyini• nomgalagala ndawonye, ukuze ihombe indawo yengcwele yam, ndiyizukise indawo yeenyawo zam.

# Usuku 68

## Ithemba: Izililo 3:21-23

<sup>21</sup> Oko ndikunyamekèle ngentliziyo: ngenxa yoko ndilindile. <sup>22</sup> Kungeenceba zikaYehova le nto singagqityelwanga, ngokuba azipheli iimfesane zakhe. <sup>23</sup> Zintsha imisó ngemisó; kukhulu ukuthembeka kwakhe.

## Impiliso: uLuka 6:19

<sup>19</sup> Zaye izihlwele zonke zifuna ukumchukumisa; ngokuba kube kuphuma amandla kuye, abaphilise bonke.

## Imbuyekezo: uYeremiya 31:20-22

<sup>20</sup> Ngunyana onqabileyo na kum uEfrayim? Ngumntwana wokuteketiswa na, le nto ndithi, ndakuthetha ngaye ndimchasile, ndisuke ndimkhumbule ngakumbi? Ngenxa yoko izibilini zam ziyasika ngaye; inene, ndiya kuba nemfesane kuye, utsho uYehova. <sup>21</sup> Zimiseleni izalathiso, zigxumekeleni izibonda; yibhekise intliziyo yakho emendweni, endleleni owahamba ngayo. Buya, ntombi inguSirayeli, buyela emizini yakowenu. <sup>22</sup> Kunini na unxaxhanxaxha, ntombi iphambayo? ngokuba uYehova udala into entsha ehlabathini: inkazana iya kuphahla indoda.



## Usuku 69

### **Ithemba: lindumiso 119:49**

<sup>49</sup> Khumbula ilizwi lakho kumkhonzi wakho, Ngenxa enokuba ùndithembise lona.

### **Impiliso: Izenzo 3:6**

<sup>6</sup> Wathi ke uPetros, Isilivere negolide andinayo, kodwa endinako ndikunika khona: egameni likaYesu Kristu umNazarete, vuka uhambe.

### **Imbuyekezo: lindumiso 66:12**

<sup>12</sup> Ùkhwelise abantu entlokweni yethu; Singène emlilweni nasemanzini; waza wasikhuphela endaweni enendyebo.

## Usuku 70

### **Ithemba: kumaHebhere 6:18-19**

<sup>18</sup> ukuze kuthi, ngezinto ezimbini ezingenakuguquleka, angenako ukuxoka ngazo uThixo, sithi thina, bàsindileyo, sàbamba ithemba elibekwe phambi kwethu, sibe novuselelo olunamandla; <sup>19</sup> ithemba ke esinalo ngokwaeankile• yomphefumlo, linqabile, likwaqinile, lingena liye ngaphaya kwesikhuselo;

### **Impiliso: uMateyu 13:15**

<sup>15</sup> Kuba intliziyo yaba bantu ithe fithi kukutyeba, beva ngeendlebe ezithe nkqi, Bayawacima namehlo abo; Hleze babone ngamehlo, Beve ngeendlebe, Baqonde ngentliziyo, Bajike, Ndibaphilise.

### **Imbuyekezo: iDuteronomi 11:18-21**

<sup>18</sup> La mazwi am nize niwabekela intliziyo yenu nomphefumlo wenu niwabophe esandleni senu, abe ngumqondiso, abe zizikhumbuzo phakathi kwamehlo enu; <sup>19</sup> niwafundise oonyana benu, uthethe ngawo ekuhlaleni kwakho endlwini yakho, nasekuhambeni kwakho ngendlela, nasekulaleni kwakho, nasekuvukeni kwakho; <sup>20</sup> uwabhale emigubasini yendlu yakho, nasemasangweni akho: <sup>21</sup> ukuze yande imihla yenu, nemihla yoonyana benu, emhlabeni lowo abewufungele ooyihlo uYehova, ukuba wobanika njengemihla yamazulu phezu kwehlabathi.

## Usuku 71

### **Ithemba: kwabaseRoma 5:5**

<sup>5</sup> ithemba ke alidanisi, ngokuba uthando lukaThixo luthululelwe ezintliziyweni zethu ngoMoya oyiNgcwele, esamnikwayo.

### **Impiliso: Intshumayeli 3:1-3**

<sup>1</sup> Into yonke inxesha elimisiweyo, nomcimbi wonke unxesha lawo phantsi kwezulu: <sup>2</sup> ukuzala kunxesha lako, ukufa kunxesha lako ukutyala kunxesha lako, ukunyothula okutyelweyo kunxesha lako; <sup>3</sup> ukubulala kunxesha lako, ukuphilisa kunxesha lako; ukuchitha kunxesha lako, ukwakha kunxesha lako;

### **Imbuyekezo: lindumiso 80:17-19**

17 Isandla sakho masibe phezu komfo wesandla sakho sokunene, Phezu koonyana babantu, ozizimaseleyo ngokwakho. 18 Àsiyi kumka kuwe; Siphilise, silinqule igama lakho. 19 Yehova, Thixo wemikhosi, sibuyise, Ukhanyise ubuso bakho, sisindiswe.

## Usuku 72

### **Ithemba: uYobhi 8:13**

<sup>13</sup> Únjalo umendo wabo bonke abamlibalayo uThixo, Nethemba lomkhohlisi liyadaka;

### **Impiliso: uYobhi 5:17-18**

<sup>17</sup> Yabona, únoyolo mntu owohlwaywa nguThixo! Musa ke ukukucekisa ukuthethisa kukaSomandla! <sup>18</sup> Kuba wénza buhlungu, abophe; Úyaphalusa, ziphilise izandla zakhe.

### **Imbuyekezo: lindumiso 69:35-36**

<sup>35</sup> Ngokuba uThixo uya kuyisindisa iZiyon, ayakhe imizi yakwaYuda, Bahlale khona, bayimé; <sup>36</sup> Ilidle ilifa imbewu yabakhonzi bakhe; Bahlale kuyo abalithandayo igama lakhe.

## Usuku 73

### **Ithemba: kwabaseRoma 4:18**

<sup>18</sup> Owakholwayo ngethemba, kungekho nethemba eli, ukuze abe nguyise weentlanga ezininzi, ngokoko kwathethwayo: Iya kuba njalo imbewu yakho.

## **Impiliso: 2 Izikronike 7:14**

<sup>14</sup> bathoba ke abantu bam, ábabizwa ngegama lam, bathandaza, bafuna ubuso bam, babuya ezindleleni zabo ezimbi: ndiya kuva mna emazulwini, ndibaxolele izono zabo, ndiliphilse ilizwe labo.

## **Imbuyekezo: uZekariya 14:11**

<sup>11</sup> Bohlala kulo, kungabi sabakho kusingela phantsi; ihlale iYerusalem ikholosile.

## **Usuku 74**

### **Ithemba: kumaHebhere 6:11**

<sup>11</sup> Sinqwenela ke, ukuba ulowo kuni alubonakalalise kwaolo lukhuthalo, asingise kwinzaliseko yethemba, ade ase ekupheleni, ukuze ningabi ngababuthuntu;

### **Impiliso: iEksodus 23:25**

<sup>25</sup> Nize nikhonze uYehova uThixo wenu, asisikelele isonka sakho, namanzi akho; ndisisuse isifo phakathi kwakho.

### **Imbuyekezo: uMika 7:19-20**

<sup>19</sup> Wóbuya abe nemfesane kuthi, abunyathelele phantsi ubugwenxa bethu; wòziphosa ezinzulwini zolwandle zonke izono zabo. <sup>20</sup> Ûya kumnika uYakobi inyaniso, umnike uAbraham inceba, owabafungela yona oobawo kususela kwimihla yamandulo.

## **Usuku 75**

### **Ithemba: uYeremiya 17:17**

<sup>17</sup> Musa ukundiqhaphula umbilini; ùlihlathi lam ngomhla wobubi.

### **Impiliso: lindumiso 119:107**

<sup>107</sup> Ndide ndacinezeleka kakhulu; Yehova, ndiphilise ngokwelizwi lakho.

### **Imbuyekezo: 2 Izikumkani 8:1-4**

<sup>1</sup> Ke, uElisha wayethethile kwintokazi leyo, wayephilise unyana wayo, esithi, Suka uhambe, wena nendlu yakho, uphambukele apho ungáphambukela khona; ngokuba uYehova ubize indlala; kananjalo iya kulifikela ilizwe iminyaka esixhenxe. <sup>2</sup> Yayisukile ke intokazi leyo, yenza ngokwelizwi lomfo wakwaThixo, yahamba yona nendlu yayo, yaphambukela ezweni lamaFilisti iminyaka esixhenxe. <sup>3</sup> Ke kaloku kwathi ekupheleni kweminyaka esixhenxe leyo, yabuya loo ntokazi ezweni lamaFilisti; yaphuma yaya kuzibika ngendlu

yayo nentsimi yayo kukumkani. <sup>4</sup> Ke kaloku ukumkani ubethetha noGehazi, umkhonzi womfo wakwaThixo, esithi, Khawundibalisele zonke izinto ezinkulu azenzileyo uElisha.

## Usuku 76

### **Ithemba: lindumiso 119:74**

<sup>74</sup> Abakoyikayo bondibona, bavuye, Ngokuba ndilindele elizwini lakho.

### **Impiliso: ekaYakobi 5:11**

<sup>11</sup> Yabonani, sithi, bonoyolo abo banyamezelayo. Unyamezelo lukaYobhi naluva, nesigqibo seNkosi nasibona, ngokuba iNkosi inemfesane enkulu, inenceba.

### **Imbuyekezo: 2 Ookumkani 8:5-6**

<sup>5</sup> Kwathi, esamxelela ukumkani ukuphilisa kwakhe umntu owayeselefile, kwabonakala laa ntokazi, abephilise unyana wayo, izibika ngendlu yayo nentsimi yayo kukumkani. Wathi uGehazi, Nkosi yam, kumkani, yiloo ntokazi ke le, nguloo nyana wayo waphiliswayo nguElisha ke lo. <sup>6</sup> Wayibuza ukumkani intokazi leyo; yamxelela. Ukumkani wayinika umbusi othile, wathi, Yibuyisele zonke izinto zayo, nokutya konke kwentsimi yayo, kuthabathela kwimini eyemka ngayo kweli lizwe, kuzise nakweli xesha langoku.

## Usuku 77

### **Ithemba: 1 kuTimoti 4:9-10**

<sup>9</sup> Lithembekile ilizwi elo, lifanelwe kukwamkelwa konke. <sup>10</sup> Kuba sibulalekela, singcikelwe oko; ngokuba sithembele kuThixo ophilileyo, onguMsindisi wabantu bonke, ngokukodwa owabakholwayo.

### **Impiliso: uMateyu 14:13-14**

<sup>13</sup> Evile ke uYesu, wemka apho ngomkhombe, waya endaweni eyintlango eyedwa. Zivile ke izihlwele, zamlandela ngeenyawo, zivela emizini. <sup>14</sup> Ephumile ke uYesu, wabona into eninzi yabantu, wasikwa yimfesane ngabo, wayiphilisa imilwelwe yabo.

### **Imbuyekezo: uHezekile 34:25-27**

<sup>25</sup> Ndiya kuwenzela umnqophiso woxolo, ndiwaphelise amarhamncwa amabi elizweni, uhlale entlango ukholosile, ulale emahlathini. <sup>26</sup> Ndowenza wona, kwaneendawo ezingeenxa zonke endulini yam, ube yintsikelelo; ndihlise invula ngexesha elililo; iya kuba yinvula yentsikelelo. <sup>27</sup> Umthi wasendle

wonika isiqhamo sawo, ilizwe linike indyebo yalo, banqabe emhlabeni wabo; bazi ukuba ndinguYehova, ekuzaphuleni kwam izikeyi zedyokhwe, ndibahlangule esandleni sâbo babebakhonzisa.

## Usuku 78

### **Ithemba: KwabaseKolose 1:5**

<sup>5</sup> ngenxa yethemba eli nalibekelwayo emazulwini; nalivayo ngenxa engaphambili ngalo ilizwi lenyaniso leendaba ezi zilungileyo;

### **Impiliso: uHezekile 34:16**

16 Ezilahlekileyo ndiya kuzifuna, ndibuyise eziziintsali, ndibophe ezaphukileyo, ndizomeleze ezifayo; ke ezityebileyo ndozitshabalalisa, nezomeleleyo ndizaluse ngokusesikweni.

### **Imbuyekezo: uHezekile 34:28-31**

<sup>28</sup> Abayi kuba saba lixhoba leentlanga, angâbadli amarhamncwa elizwe; bahlale bekhosile, kungabikho ubothusayo. <sup>29</sup> Ndobavelisela isityalo sokuba ludumo, bangabi sasuswa yindlala ezweni, bangabi sathwala hlazo leentlanga. <sup>30</sup> Baya kwazi ukuba mna Yehova Thixo wabo ndinabo, bangabantu bam bona, indlu kaSirayeli; itsho iNkosi uYehova. <sup>31</sup> Nina ke ningumhlambi wam, umhlambi wedlelo lam; nisisintu, ndinguThixo wenu; itsho iNkosi uYehova.

## Usuku 79

### **Ithemba: 1 kaPetros 1:21**

<sup>21</sup> owamvusayo kwabafuleyo, wamzukisa, ngokokuze ukholo lwenu nethemba lenu libe kuThixo.

### **Impiliso: 2 Ookumkani 5:6**

<sup>6</sup> Wayizisa incwadi kukumkani wakwaSirayeli, isithi, Kaloku ke, ekufikeni kwale ncwadi kuwe, yabona, ndikuthuméle uNahaman umkhonzi wam, ukuba umphilise eqhenqeni lakhe.

### **Imbuyekezo: lindumiso 13:3-5**

<sup>3</sup> Bheka undiphendule, Yehova, Thixo wam; Khanyisa amehlo am, hleze ndilale ukufa; <sup>4</sup> Hleze utshaba lwam luthi, Ndimeyisile; Bagcobe abandibandezelâyo, xa ndithe ndashukunyiswa. <sup>5</sup> Mna ndikholosé ngenceba yakho, Mayigcobe intliziyo yam ngosindiso lwakho.

## Usuku 80

### **Ithemba: 2 KwabaseTesalonika 2:16**

<sup>16</sup> Ke kaloku, iNkosi yethu uYesu Kristu ngokwayo, noThixo uBawo wethu owasithandayo, wasinika intuthuzelo engunaphakade, nethemba elilungileyo ngobabalo,

### **Impiliso: uMateyu 9:27-30**

<sup>27</sup> Kuthe ke akuba edlula apho uYesu, walandelwa ziimfama ezimbini, zidanduluka, zisithi, Senzele inceba, nyana kaDavide. <sup>28</sup> Zithe, akungena ke endlwini, zeza kufika kuye iimfama; athi kuzo uYesu, Niyakholwa na ukuba ndinako ukukwenza oko? Zithe kuye, Ewe, Nkosi. <sup>29</sup> Wandula ukuwachukumisa amehlo azo, esithi, Ngokokholo lwenu makwenzeke kuni. <sup>30</sup> Avuleka ke amehlo azo. Waza uYesu waziyala kalukhuni, esithi, Lumkani ingàziwa mntu le nto.

### **Imbuyekezo: uLuka 7:15**

<sup>15</sup> Wavuka wahlala umfi lowo, waza ke wathetha. Yamnikela ke kunina.

## Usuku 81

### **Ithemba: lindumiso 119:166**

<sup>166</sup> Ndikhangela usindiso lwakho, Yehova; Ndenza imithetho yakho.

### **Impiliso: Izililo 2:13**

<sup>13</sup> Ndikungqinele, ngantoni na? Ndikufânekise nantoni na, ntombi yaseYerusalem? Ndikulingânise nantoni na, ukuze ndikuthuthuzele, ntombindini iyintombi, inguZiyon? Ngokuba kukhulu ngangolwandle ukwaphuka kwakho; ngubani na onokukuphilisa?

### **Imbuyekezo: Hezekile 36:33-36**

<sup>33</sup> Itsho iNkosi uYehova ukuthi, Ngemini endiya kunihlambulula ngayo ebugwenxeni benu bonke, ndiya kuyenza imizi ukuba imiwe, akhiwe amanxuwa. <sup>34</sup> Ilizwe ebe kusenkangala kulo liya kulinywa, endaweni yokuba bekusenkangala kulo emehlweni abo bonke abadlulayo. <sup>35</sup> Baya kuthi, Eli lizwe, bekusenkangala kulo, lisuke laba njengomyezo wase-Eden; nemizi ebeyibharhile, ebingamanxuwa, ebigungxulwe, imiwe, inqatyisiwe. <sup>36</sup> Ziya kwazi ke iintlanga eziseleyo ngeenxa zonke kuni, ukuba mna Yehova ndakha into egungxulweyo, ndiyityale indawo ebe kusenkangala kuyo. Mna Yehova ndithethile, ndiya kwenza.

## Usuku 82

### **Ithemba: kumaHebhere 3:6**

<sup>6</sup> Ke yena uKristu uthembeke ngokonyana phezu kwendlu yakhe; esiyindlu yakhe ke thina, ukuba singaba sithe sakubamba ngokuthe nkqi ukungafihlisi kwethu, neqhayiya lethemba lethu, sada sesa ekupheleni.

### **Impiliso: 1 kwabaseKorinte 12:9**

<sup>9</sup> wumbi ke uphiwa ukholo kwangaloo Moya; omnye ke, izibabalo zeziphiliso kwangaloo Moya;

### **Imbuyekezo: 1 kaSamuweli 30:18-19**

<sup>18</sup> Wayihlangula uDavide yonke into abeyithimbile ama-Amaleki. Nabafazi bakhe bobabini wabahlangula uDavide; <sup>19</sup> akwasala nanye into kuzo, kuthabathela kwencinane kwesa kwenkulu, kwesa koonyana neentombi; kwathabathela kwixhoba kwesa kwinto yonke abeyithimbile kubo. Yonke into wayibuyisa uDavide.

## Usuku 83

### **Ithemba: lindumiso 42:11**

<sup>11</sup> Kungani na ukuba usibekeke, mphefumlo wam; Kungani na ukuba ugule ngaphakathi kwam? Lindela kuThixo, ngokuba ndisaya kubuya ndibulele kuye, Olusindiso lobuso bam, noThixo wam.

### **Impiliso: Izenzo 5:15-16**

<sup>15</sup> bada bayithwalela phandle imilwelwe ezitratweni, bayibeka ezingqengqelweni nasezinkukweni, ukuze kuthi, akubon' ukuba uPetros uyeza, kubekho kuyo ethi isityekelwe sisithunzi sakhe. <sup>16</sup> Yaye ke ibuthelana eYerusalem nenkitha yabemizi ejikelezileyo, ithwele imilwelwe nabakhathazwa ngoomoya abangcolileyo, ababesithi bona baphiliswe bonke.

### **Imbuyekezo: 2 kwabaseKorinte 5:18-19**

<sup>18</sup> Zonke izinto ke ziphuma kuThixo, owasixolelanisa naye ngokwakhe ngoYesu Kristu, wasinika ulungiselelo loxolelaniso; <sup>19</sup> olu ke lokokuba uThixo waye ekuKristu, elixolelanisa naye ngokwakhe ihlabathi, engazibaleli kubo iziphoso zabo, walimisa kuthi ilizwi loxolelaniso.

## Usuku 84

### **Ithemba: 1 kwabaseTesolanika 1:3**

<sup>3</sup> singayeki ukuwukhumbula umsebenzi wenu wokholo, nokubulaleka kwenu kothando, nokunyamezela kwenu kokuthemba iNkosi yethu uYesu Kristu, phambi koThixo uBawo wethu;

### **Impiliso: Izenzo 9:34**

<sup>34</sup> Wathi uPetros kuye, Eneya, úyakuphilisa uYesu Kristu; vuka, wandlule. Wavuka kwaoko.

### **Imbuyekezo: uHezekile 37:26-28**

<sup>26</sup> Ndobenzela umnqophiso woxolo; uya kuba ngumnqophiso ongunaphakade kubo; ndibamise, ndibandise, ndibeke ingcwele yam phakathi kwabo ngonaphakade. <sup>27</sup> Umnquba wam uya kuba phezu kwabo, ndibe nguThixo wabo, babe ngabantu bam; <sup>28</sup> zazi iintlanga ukuba ndinguYehova ongcwalise amaSirayeli, xa ingcwele yam iya kubakho phakathi kwabo ngonaphakade.

## Usuku 85

### **Ithemba: kwabase-Efese 2:12-13**

<sup>12</sup> okokuba ngelo xesha nibe ningenaKristu, ningazani nawo umzi wakwaSirayeli, ningabasemzini kuyo iminqophiso yalo idinga, ningenathemba, ningenaThixo ehlabathini. <sup>13</sup> Ke ngoku ngoKristu Yesu, nina, enibe nifudula nikude, nithe naba kufuphi ngalo igazi likaKristu.

### **Impiliso: uMarko 3:9-10**

<sup>9</sup> Wathi kubafundi bakhe, umkhonjana mawuhlale umlindile ngenxa yezihlewele, ukuze bangamxini. <sup>10</sup> Kuba waphilisa babaninzi, ngokokude bathi ngunga phezu kwakhe, ukuze bamchukumise bonke ababenezibetho;

### **Imbuyekezo: lindumiso 78:53-55**

<sup>53</sup> Wabakhapha bekhosile, bengankwantyi; Ke zona iintshaba zabo lwazigubungela ulwandle <sup>54</sup> Wabazisa emdeni wakhe ongcwele, Kule ntaba sayizuzayo isandla sakhe sokunene. <sup>55</sup> Wagxotha iintlanga ebusweni babo, Wazenzela amaqashiso zalilifa elicandiweyo; Izizwe zakwaSirayeli wazihlalisa ezintentseni zazo.



## Usuku 86

### **Ithemba: Izenzo 4:19**

<sup>19</sup> Ke kaloku uPetros noYohane baphendula, bathi kubo, Yahlulani nina, ukuba bubulungisa na emehlweni kaThixo ukuva nina, kunokuva uThixo;

### **Impiliso: uLuka 7:7**

<sup>7</sup> kungoko nam ndingakufanelanga ukuda ndize; thetha ngezwi lodwa, wophiliswa umkhonzi wam;

### **Imbuyekezo: uYoshuwa 24:13**

<sup>13</sup> Ndaninika ilizwe eningaxhamlekanga ngalo, nemizi eningayakhanga, nahlala ke kuyo; nezidiliya, nezinquma eningazityalanga niyazidla ke.

## Usuku 87

### **Ithemba: lindumiso 25:5**

<sup>5</sup> Ndinyathelise enyanisweni yakho, undifundise; Ngokuba ùnguThixo ongumsindisi wam; Ndithembé wena yonke imihla.

### **Impiliso: Izenzo 28:8-9**

<sup>8</sup> Kwathi ke, uyise kaPubliyo walala phantsi, ebanjwe yicesina nokuxaxaza igazi; awathi uPawulos, engene kuye, wathandaza; wabeka izandla phezu kwakhe, wamphilisa. <sup>9</sup> Kuthe ke kwakwenzeka oko, bathi nabanye ababenezifo esiqithini apho, beza baphiliswa; bathi bona basenzela iimbeko ezininzi

### **Imbuyekezo: uYobhi 33:26**

<sup>26</sup> Uthandaza kuThixo, akholiswe yena nguye; Abubone ubuso bakhe eduma; Yena ambuyekeze ke umntu ubulungisa bakhe.

## Usuku 88

### **Ithemba: abaseKolose 1:23**

<sup>23</sup> ukuba kaloku nihlala nihleli elukholweni, nisekelwe niqinile, ningashukunyiswa nimke ethembeni leendaba ezilungileyo ezi nazivayo, zona zashunyayelwayo kwindalo yonke ephantsi kwezulu; endaba ngumlungiseleli wazo, mna Pawulos.

## Impiliso: uLuka 14:4

<sup>4</sup> Bathi quthu ke bona. Wamthabatha, wamphilisa, wamndulula.

## Imbuyekezo: uIsaya 51:1-3

<sup>1</sup> Phulaphulani kum, nina babusukelayo ubulungisa, bamquqelayo uYehova; bhekani eweni enaxholwa kulo, nasesigingqini somhadi enembiwa kuwo. <sup>2</sup> Bhekani kuAbraham uyihlo, nakuSara owanzalayo; kuba waye emnye ndakumbiza, ndakumsikelela, ndakumandisa. <sup>3</sup> Ngokuba uYehova uyithuthuzele iZiyon, uwathuthuzele onke amaxuwa ayo, wayenza intlango yayo yanjenge-Eden, nenkqantosi yayo yanjengomyezo kaYehova; kufumaneka imihlali nemivuyo kuyo, imibulelo nezwi lohadi.

## Usuku 89

### Ithemba: kwabaseFilipi 1:20

<sup>20</sup> kuye ngokulangazelela nangokuthemba kwam, ukuba andiyi kudaniswa nganto; úya kusuka ngako konke ukungafihlisi, njengokwamaxesha onke, athi nangoku enziwe mkhulu uKristu emzimbeni wam, nokuba na kungobomi, nokuba kungokufa.

### Impiliso: uLuka 5:17

<sup>17</sup> Kwathi ke ngamini ithile wafundisa. Kwaye kuhleli abaFarisi nabafundisimthetho, ababephume kuyo yonke imizana yelaseGalili, neyelakwaYuda, naseYerusalem; aye ekho amandla eNkosi ukuba abaphilise.

### Imbuyekezo: kwabaseRoma 8:28-30

<sup>28</sup> Siyazi ke ukuba zonke izinto zisebenziselana okulungileyo kwabo bamthandayo uThixo, kwababizweyo ngokwengqibo yakhe. <sup>29</sup> Ngokuba abo wabaziyo ngenxa engaphambili, wabamisela ngenxa engaphambili ukuba bafane nomfanekiselo woNyana wakhe, ukuze abe ngowamazibulo kubazalwana abaninzi. <sup>30</sup> Abo ke wabamisayo ngenxa engaphambili, wabuya wababiza bona; waza abo wababizayo, wabuya wabagwebela bona; abo ke wabagwebelayo, wabuya wabazukisa nokubazukisa bona.

## Usuku 90

### Ithemba: kwabase-Efese 4:4

<sup>4</sup> Mnye umzimba, mnye noMoya, njengokuba nabizwayo nokubizwa, naba nathemba linye lobizo lwenu.

## **Impiliso: lindumiso 30:2**

<sup>2</sup> Yehova, Thixo wam, Ndazibika kuwe, wandiphilisa;

### **Imbuyekezo: uYohane 4:24-26**

<sup>24</sup> UThixo unguMoya; abo ke bamnqulayo bamelwe kukumnqula ngoMoya nangenyaniso. <sup>25</sup> Ithi intokazi kuye, Ndiyazi ukuba uMesiya uyeza, ekuthiwa nguKristu; xa athe weza yena, uya kusityela izinto zonke. <sup>26</sup> Athi uYesu kuyo, Mna ndithethayo nawe ndinguye.

## **Usuku 91**

### **Ithemba: uYoweli 3:16**

<sup>16</sup> UYehova ubharhula eZiyon, ukhupha ilizwi lakhe eYerusalem, linyikime izulu nehlabathi; ke uYehova ulihlathi kubantu bakhe, uligwiba koonyana bakaSirayeli.

### **Impiliso: uIsaya :22**

<sup>22</sup> UYehova uya kuwabetha ke amaYiputa, ebetha ephilisa; abuyele kuYehova, yena athandazeke ngawo, awaphilise.

### **Imbuyekezo: uHoseya 14:4-7**

<sup>4</sup> Ndiya kukuphilisa ukubuya kwabo umva, ndiya kubathanda ngesisa; ngokuba umsindo wam ubuyile kuye. <sup>5</sup> Ndiya kuba njengombethe kuSirayeli; úya kutyatyamba njengenyibiba, endelisele iingcambu zakhe njengeLebhanon. <sup>6</sup> Aya kunaba amasebe akhe, bube njengomnquma ubuhle bakhe, ivumba lakhe libe njengeLebhanon. <sup>7</sup> Baya kubuya abahlala emthunzini wakhe, baphile njengengqolowa, batyatyambe njengomdiliya, isikhumbuzo sawo sibe njengewayini yaseLebhanon.

## **Usuku 92**

### **Ithemba: 2 kwabaseKorinte 4:1**

<sup>1</sup> Ngenxa yoko, sinalo nje olu lungiselelo, sithi, njengoko senzewe inceba, singethi mandla;

### **Impiliso: uYohane 4:47**

<sup>47</sup> Lithe lakuva lona ukuba uYesu uphumile kwaYuda, wafika kwelaseGalili, laya kuye, lamcela ukuba ehle amphilise unyana walo, kuba ebeza kubhubha.

## **Imbuyekezo: 1:25-26**

<sup>25</sup> Ndosibuyisela phezu kwakho isandla sam, ndikunyibilikise ngokufezekileyo njengegolide, likhutshwe igwebu lakho, ndisuse yonke intsila yakho. <sup>26</sup> Ndobabuyisa abagwebi bakho njengokwasekuqaleni, namaphakathi akho njengokwamatanci. Emveni koko kuya kuthiwa, Wena ungumzi wobulungisa, uyingqaba enyanisileyo.

## **Usuku 93**

### **Ithemba: uHabhakuki 3:17-19**

<sup>17</sup> Nokuba umkhiwane awusayi kutyatyamba, Kungabikho ndyebo emidiliyeni; Nokuba isiqhamo somnquma asiya kuba siso, Amasimi angabi nakudla, Iphele esibayeni impahla emfutshane, Kungabikho nkomo esitalini: <sup>18</sup> Mna ke ndiya kudlamka ndikuYehova, Ndigcobe ndikuThixo umsindisi wam. <sup>19</sup> Úngamandla am uYehova iNkosi; Uzenza iinyawo zam, zibe njengezamaxhamakazi, Andinyathelise emimangweni yam. Kumongameli owokubethelwa izinto ezineentambo.

### **Impiliso: lindumiso 119:92-93**

<sup>92</sup> Koko umyalelo wakho wandiyolisayo, Ndinge ndaphelayo ekucinezelekeni kwam. <sup>93</sup> Andiyi kuzilibala naphakade iziyalezo zakho, Ngokuba undiphilisile ngazo.

### **Imbuyekezo: uYobhi 8:6**

<sup>6</sup> Ukuba uthe wacoceka, wathi tye wena, Okunene, wovuka ngoku ngenxa yakho, Alisikelele ikhaya lobulungisa bakho;

## **Usuku 94**

### **Ithemba: 1 kuTimoti 1:1**

1 UPawulos, umpostile kaYesu Kristu, ngokommiselo kaThixo uMsindisi wethu, neNkosi yethu uYesu Kristu, iThemba lethu,

### **Impiliso: Izenzo 9:40-41**

<sup>40</sup> Wabakhuphela phandle ke bonke uPetros, waguqa ngamadolo, wathandaza; waza eguqukele esidumbini wathi, Tabhita, vuka. Wawavula ke amehlo akhe; wathi akubona uPetros, wesuka wahlala. <sup>41</sup> Wamnika ke isandla sakhe, wamphakamisa; wababiza abangcwele nabahlolokazi abo, wammisa phambi kwabo ephilile.

## Imbuyekezo: kumaHebhere 1:1-5

<sup>1</sup> UThixo wayethethile nje kudala ngeendawo ezininzi, nangeendlela ezininzi, koobawo ngabo abaprofeti, uthethe ngale mihla yokugqibela kuthi ngoNyana; <sup>2</sup> awammisayo wayindlalifa yeento zonke, awathi kwangaye wayenza indalo yonke; <sup>3</sup> othe, elubengezelo lobuqaqawuli bakhe, nombhalo wenkqu yakhe, ezithwele nokuzithwala zonke izinto ngalo ilizwi lamandla akhe, wesuka, akuba eyenzile ngokwakhe intlambululo yokusihlambulula ezonweni, wahlala phantsi ngasekunene kobuKhulu, enyangweni; <sup>4</sup> ethe waba ngonamandla ngaphezu kwezithunywa zezulu, ngangoko azuze ilifa legama eligqithiseleyo kunelazo. <sup>5</sup> Kuba sisiphi na isithunywa, awakha wathi kuso, ÛnguNyana wam wena, Mna ndikuzele namhla? Nokuthi, Mna ndiya kuba nguYise wakhe, Yena abe nguNyana wam?

## Usuku 95

### Ithemba: Izenzo 23:6

<sup>6</sup> Ke kaloku uPawulos, esazi ukuba elinye icala lelabaSadusi, elinye ke lelabaFarisi, wadanduluka entlanganisweni yamatyala esithi, Madoda, bazalwana, mna ndingumFarisi, ndingowomFarisi; ndimangalelwe mna ngalo ithemba nangovuko lwabafileyo.

### Impiliso: lindumiso 34:20

<sup>20</sup> Ûyawagcina onke amathambo alo, Akwaphuki nalinye kuwo.

### Imbuyekezo: ulsaya 11:6-9

<sup>6</sup> Ingcuka iya kuhlala nemvana, ingwe ibuthe netakane lebhokhwe; kubuthe ndawonye ithole lenkomo, nengonyama entsha, nenkomo etyetyisiweyo; nomntwana aziqhube ezo zinto. <sup>7</sup> Ithokazi lenkomo nemazi yebhere• ziya kudla utyani ndawonye, amankonyana azo abuthe ndaweni-nye; ingonyama idle umququ njengenkomo; <sup>8</sup> adlale umntwana owanyayo emngxunyeni wephimpi, olunyulweyo ase isandla sakhe elukhozweni lweliso lerhamba. <sup>9</sup> Ezo zinto aziyi kwenza bubu, aziyi konakalisa ezintabeni zam zonke ezingcwele; ngokuba ilizwe liya kuzala kukwazi uYehova, njengamanzi egubungele ulwandle.

## Usuku 96

### Ithemba: Imizekeliso 14:32

<sup>32</sup> Ongendawo uyangqulwa bububi bakhe; Ke ilungisa linehlathi ekufeni kwalo.

## Impiliso: uMateyu 15:29-31

<sup>29</sup> Esukile apho, uYesu weza ngaselwandle lwaseGalili, wenyuka intaba, wahlala phantsi khona. <sup>30</sup> Kweza kuye izihlwele ezininzi, zinazo iziqhwala, iimfama, izidenge, izilima, nabanye abaninzi, zababeka phantsi ezinyaweni zikaYesu; wabaphilisa; <sup>31</sup> zada zamangaliswa izihlwele ezo, zakubona izidenge zithetha, izilima ziphilile, iziqhwala zihamba, neemfama zibona; zamzukisa uThixo kaSirayeli.

## Imbuyekezo: lindumiso 45:10-15

<sup>10</sup> Yiva, ntombi, ubone, uthobe indlebe yakho, Ubalibale abantu bakowenu, nendlu kayihlo; <sup>11</sup> Akubunqwenela ubunzwakazi bakho ukumkani, Wòqubuda kuye, ngokuba eyinkosi yakho. <sup>12</sup> Intombi enguTire, izityebi zabantu, Ziya kukuncekelela ngomnikelo. <sup>13</sup> Bubuyokoyoko bodwa intombi yokumkani kweliphakathi igumbi. Isambatho sayo sesilukwe igolide. <sup>14</sup> Isiwa kukumkani ineengubo ezimfakamfele; Ziyilandela iintombi ezingowayo, Zisiwa kuwe, <sup>15</sup> Zisiwa ngovuyo nangomgcobo, Zingene ebhotweni lokumkani.

## Usuku 97

### Ithemba: 1 kwabaseTesalonika 4:13

<sup>13</sup> Ke kaloku andithandi ukuba ningazi, bazalwana, mayela nabalele ukufa, ukuze ningabi buhlungu njengabanye abangenathemba bona.

### Impiliso: uMateyu 28:6-7

<sup>6</sup> Akakho apha; kuba uvukile, njengoko watshoyo; yizani niyibone indawo apho ibilele khona iNkosi. <sup>7</sup> Yiyani ngokukhawuleza, nibaxelele abafundi bakhe ukuthi uvukile kwabafuleyo; niyabona, uyanandulela ukuya kwelaseGalili; nombona khona apho. Yabonani, ndinixelele.

### Imbuyekezo: uEzra 3:1-5

<sup>1</sup> Ithe yakufika inyanga yesixhenxe, oonyana bakaSirayeli besemizini yabo, bahlangana abantu njengamntu mnye, beza eYerusalem. <sup>2</sup> Wesuka uYeshuwa unyana kaYotsadaki, nabazalwana bakhe ababingeleli, noZerubhabheli unyana kaShelatiyeli, nabazalwana bakhe, basakha isibingelelo sikaThixo kaSirayeli, ukuba kunyuswe phezu kwaso amadini anyukayo, ngoko kubhaliweyo emyalelweni kaMoses umfo wakwaThixo. <sup>3</sup> Basizinzisa isibingelelo endaweni yaso; ngokuba beboyikiswe zizizwe zala mazwe. Banyusa phezu kwaso amadini anyukayo kuYehova, amadini anyukayo akusasa nawangokuhlwa. <sup>4</sup> Benza umthendeleko weminquba njengoko kubhaliweyo, namadini anyukayo iimini ngeemini, ngenani, ngokwesiko, into yemini ngangemini yayo. <sup>5</sup> Emveni kwawo benza idini

elinyukayo lamaxesha onke, nawokuthwasa kwenyanga, nawamaxesha onke kaYehova angcwalisiweyo, amisiweyo, nawabo bonke abanikela ngokuqhutywa yintliziyo kuYehova, iminikelo yokuqhutywa yintliziyo.

## Usuku 98

### **Ithemba: lindumiso 94:18**

<sup>18</sup> Ukuba ndithi, Lwatyibilika unyawo lwam, Isuka inceba yakho, Yehova, indixhase.

### **Impiliso: Izenzo 9:17-18**

<sup>17</sup> Wemka ke uHananiya, waya kungena endlwini; ebeke izandla phezu kwakhe, wathi, Sawule, mzalwana, indithumile iNkosi uYesu, ebonakele kuwe endleleni oze ngayo, ukuze ubuye ubone, uzaliswe nguMoya oyiNgcwele.

<sup>18</sup> Kwaoko kwawa emehlweni akhe izinto ezingathi ziinkwethu; wabuya wabona kwaoko, wavuka, wabhaptizwa;

### **Imbuyekezo: uAmosi 11-12**

<sup>11</sup> Ngaloo mini ndiya kuwuvusa umnquba kaDavide, lowo uwileyo, ndizivingce iintanda zawo, ndizivuse iindawo zawo ezigungxulweyo, ndiwakhe ube njengokwemihla yamandulo; <sup>12</sup> ukuze bawathimbe amasalela akwaEdom, neentlanga zonke, ezibizwa ngegama lam; utsho uYehova okwenzayo oku.

## Usuku 99

### **Ithemba: kwabaseKolose 1:27**

<sup>27</sup> awathandayo uThixo ukubazisa bona into obuyiyo ubutyebi bozuko lwaloo mfihlelo phakathi kwazo iintlanga, obunguKristu phakathi kwenu, ithemba lozuko.

### **Impiliso: lindumiso 6:3-4**

<sup>3</sup> Umphefumlo wam ukhwankqiswe kakhulu; Ke wena, Yehova, koda kube nini na? <sup>4</sup> Buya, Yehova, uwuhlangule umphefumlo wam; Ndisindise ngenxa yenceba yakho.

### **Imbuyekezo: lindumiso 86:4-7**

<sup>4</sup> Wuvuyise umphefumlo womkhonzi wakho, Ngokuba umphefumlo wam ndiwuphakamisela kuwe, Nkosi yam; <sup>5</sup> Ngokuba ulungile wena, Nkosi yam, uxolela; Umkhulu ngenceba kubo bonke abakunqulayo. <sup>6</sup> Wubekele indlebe umthandazo wam, Yehova, Ulibazele indlebe izwi lokutarhuzisa kwam. <sup>7</sup> Ngemini yokubandezelwa kwam ndinqula wena, Ngokuba uya kundiphendula.

## Usuku 100

### **Ithemba: ulsaya 55:10-11**

<sup>10</sup> Kuba, njengokuba kusihla imvula nekhephu ezulwini, ingabuyeli kulo ingathanga iwunyakamise umhlaba uvunde, iwuhlumise, iwenze untshule, imnike imbewu umhlwayeli, imnike isonka odlayo: <sup>11</sup> liya kuba njalo ilizwi lam eliphuma emlonyeni wam; aliyi kubuyela kum lilambatha, lingàkwenzanga endikuthandayo, lingakuphumelelisanga oko ndilithumela kuko.

### **Impiliso: uMateyu 14:34-35**

<sup>34</sup> Bakuwela, bafika emhlabeni waseGenesarete. <sup>35</sup> Emazile amadoda aloo ndawo, athumela kuwo wonke loo mmandla.

### **Imbuyekezo: uYoshuwa 21:43-45**

<sup>43</sup> UYehova wawanika ke amaSirayeli lonke ilizwe abelifungele ooyise ukuba wobanika; alihlutha ahlala kulo. <sup>44</sup> UYehova wawaphumza ngeenxa zonke, njengako konke awabafungelayo ooyise; akwabakho mntu ezintshabeni zawo zonke umayo phambi kwawo. Zonke iintshaba zawo uYehova wazinikela esandleni sawo. <sup>45</sup> Akuwanga zwi phantsi, emazwini onke alungileyo awawathethayo uYehova kwindlu kaSirayeli; enzeka onke.